Meeting the Mental Health Needs of Texans

A Research Conference presented by the St. David’s Center for Health Promotion & Disease Prevention
Research in Underserved Populations at The University of Texas at Austin.

March 27, 2013
8:00 am - 4:30 pm

The University of Texas at Austin
Elter-Harbin Alumni Center
2110 San Jacinto Boulevard
Austin, Texas
ABOUT THE CONFERENCE
Welcome to Meeting the Mental Health Needs of Texans, a research conference presented by St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations (St. David’s CHPR) at The University of Texas at Austin School of Nursing.

The conference will feature podium presentations by six experts renowned for their work in the areas of mental health, health disparities and research-based interventions. This daylong event will also include a poster presentation session featuring research addressing a wide array of health promotion topics. Please take a moment to review this brochure and then register online to join this important dialogue.

ABOUT US
The Center for Health Promotion and Disease Prevention Research in Underserved Populations was established in 1999 by a 10-year grant from the National Institutes of Health and National Institute of Nursing Research (P30NR005051). Subsequently, the Center was supported by the Gordon and Mary Hancock Cain Excellence Fund. In August of 2011, the St. David’s Foundation made a generous gift to the School of Nursing to create a permanent endowment to support the Center. In recognition of this gift, the Center was renamed the St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations.

CONFERENCE SPEAKERS

Keynote Speaker
Sam Shore, MSSW, LMSW, is director of Mental Health Transformation and Behavioral Health Operations at the Texas Department of State Health Services. He is also project director for the Substance Abuse and Mental Health Services Administration (SAMHSA)-funded Veteran’s Jail Diversion and Trauma Recovery grant, a project to implement strategies and train providers for trauma-informed care and trauma-specific treatment to communities across the state. Shore has worked in the Texas public mental health system for 33 years at community and state levels, providing direct client services for inpatient and community mental health programs, directing community mental health programs, and providing training and technical assistance for the state department of mental health.

Michael O’Hara, PhD, is a professor, Starch Faculty Fellow, and director of Clinical Training in the Department of Psychology at the University of Iowa. Dr. O’Hara’s research interests focus on postpartum and pregnancy depression, psychotherapy for depression – particularly in the postpartum period, the impact of maternal depression on children, mental health services research, and women’s reproductive health. His current studies examine postpartum depression and anxiety. Dr. O’Hara has been the principal investigator for five National Institute of Mental Health (NIMH) funded studies and one funded by the Canadian Institute for Health Research (CIHR).

Dr. O’Hara’s presentation is sponsored by The George and Diana Sharpe Perinatal Lectureship in Nursing.
Jane C. Maxwell, PhD, is a senior research scientist in the School of Social Work at The University of Texas at Austin. She is a member of the National Institute on Drug Abuse’s Community Epidemiology Work Group, has been a Fulbright Senior Specialist and serves on the U.S. Food and Drug Administration expert committees. Her research specialties include trends and patterns of substance abuse in Texas, in the U.S., and around the world, with special interest in the relationship of substance abuse and HIV/AIDS, patterns of use and abuse of methamphetamine, party drugs, methadone, heroin, and prescription drugs; and impaired driving.

*Dr. Maxwell’s presentation is sponsored by The George and Diana Sharpe Perinatal Lectureship in Nursing.*

Sue Penckofer, PhD, RN, is a professor at the Marcella Niehoff School of Nursing at Loyola University in Chicago. Her research interests include women’s health, cardiovascular disease, diabetes, depression and vitamin D. Her recent NIH-funded research focused on vitamin D for improving metabolic control and depressive symptoms in women with diabetes, and a psychoeducational program for women with diabetes. Penckofer is a Loyola University Faculty Scholar who has been recognized for excellence in teaching, mentoring and advising graduate students. She was also named an INA Distinguished Researcher, Ada Sue Hinshaw American Nurses Foundation Scholar and Gloria Smith Health Disparities American Nurses Foundation Scholar. She serves on the editorial board of the *Journal of Cardiovascular Nursing.*

*Dr. Penckofer’s presentation is sponsored by The Jack and Laura Lee Blanton Lectureship in Nursing.*

Mark E. Kunik, MD, MPH, is a professor in the Menninger Department of Psychiatry and Behavioral Sciences at Baylor College of Medicine. Dr. Kunik graduated from The University of Texas at Austin and completed his medical training and internship/residency in psychiatry at Baylor College of Medicine and a Geriatric Psychiatry Fellowship at the University of Pittsburgh School of Medicine, then returned to BCM and Michael E. DeBakey VA Medical Center. Dr. Kunik is a geropsychiatrist whose clinical practice focuses on the treatment of psychological problems in persons with chronic medical and neurological illnesses. He is passionate in improving care for those with dementia and their caregivers.

*Dr. Kunik’s presentation is sponsored by The Jack and Laura Lee Blanton Lectureship in Nursing.*

King Davis, PhD, is the Mike Hogg Professor in Community Affairs with the African and African Diaspora Studies Department in the College of Liberal Arts and the Robert Lee Sutherland Chair in Mental Health and Social Policy in the School of Social Work at The University of Texas at Austin. He is also director of the Institute for Urban Policy Research and Analysis. His teaching focuses on mental health policy, planning and theory. He is conducting a study of the policies that led to the development of the Central Lunatic Asylum for Colored Insane, the first mental institution for Africans in the United States. Davis is co-author of *The Color of Social Policy.*
MEETING THE MENTAL HEALTH NEEDS OF TEXANS
Wednesday, March 27, 2013

8:00 – 8:30  Conference Check-in & Continental Breakfast

8:30 – 8:40  Welcome
Lorraine Walker, EdD, RN, MPH, FAAN
Director, St. David's CHPR

8:40 – 9:00  Opening Remarks
Alexa Stuifbergen, PhD, RN, FAAN
Dean, The University of Texas at Austin School of Nursing

9:00 – 10:00  Keynote
The State of Mental Health Challenges and Innovations in Texas
Sam Shore, MSSW, LMSW
Director of Mental Health Transformation and Behavioral Health Operations, Texas Department of State Health Services

10:00 – 10:15  Break

10:15 – 12:00  Session 1: Children and Families
Moderator: Lynn Rew, EdD, RN, AHN-BC, FAAN
The University of Texas at Austin School of Nursing

Perinatal Depression: How Do We Respond?
Michael O’Hara, PhD
University of Iowa Department of Psychology

Substance Abuse Trends: Old and New Drugs
Jane Maxwell, PhD
The University of Texas at Austin School of Social Work

12:00 – 1:15  Poster Session & Lunch (provided)

1:15 – 1:30  Award Presentation

1:30 – 3:15  Session 2: Midlife and Older Adults
Moderator: Sharon Brown, PhD, RN, FAAN
The University of Texas at Austin School of Nursing

The Triple Threat: Depression, Diabetes and Health Disparities
Sue Penckofer, PhD, RN
Loyola University in Chicago Marcella Niehoff School of Nursing

Interventions to Help Caregivers of Dementia Patients
Mark E. Kunik, MD, PhD
Baylor College of Medicine Menninger Department of Psychiatry and Behavioral Sciences

3:15 – 3:30  Break

3:30 – 4:00  Mental Health Under the Affordable Care Act and the Congress
King Davis, PhD
The University of Texas at Austin Institute for Urban Policy Research and Analysis, Department of African and African Diaspora Studies, School of Social Work

4:00  Evaluation

“Cast from shackles which bound them, this bell shall ring out hope for the mentally ill and victory over mental illness.” — Inscription on Mental Health Bell

During the early days of mental health treatment, asylums often restrained people who had mental illnesses with iron chains and shackles around their ankles and wrists. With better understanding and treatments, this cruel practice eventually stopped.

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CONFERENCE CO-SPONSORS

The St. David’s Excellence Fund for Health Promotion and Disease Prevention Research
The Jack and Laura Lee Blanton Lectureship in Nursing
The George and Diana Sharpe Perinatal Lectureship in Nursing
Dr. Reuben R. McDaniel, Jr., Henry E. Singleton Research Fellow, IC² Institute
The McCombs Health Care Initiative and the Charles and Elizabeth Prothro Regents Chair in Health Care Management
Sigma Theta Tau International, Epsilon Theta Chapter
Center for Social Work Research
CONFERENCE REGISTRATION
Register Online at www.utexas.edu/nursing/chpr/conference.html
Online registration closes at noon on March 22. On-site registration will be available as space allows, but cannot be guaranteed.

REGISTRATION COSTS
All rates include a continental breakfast, box lunch, and breaks.

Early Bird............................$40.00
Register by 5 pm CST on February 28 & save 20 percent!
General Registration......$50.00
March 1 – 22 by noon CST
Student Registration......$15.00

REFUNDS
The last day to cancel your registration and receive a full refund is March 15 by 5 pm CST.

Substitutions from the same agency are allowed at any time with prior notification to the registrar (email chpr@mail.nur.utexas.edu).

CONTINUING EDUCATION HOURS AVAILABLE
Nurses, Social Workers and Licensed Professional Counselors may earn continuing education contact hours by attending the entire conference.

Please visit www.utexas.edu/nursing/chpr/conference.html for the most up-to-date information regarding the number of continuing education hours available, requirements and our accredited providers.

SCHOLARSHIPS AVAILABLE
A small number of registration scholarships are available for staff from non-profit community agencies. If you would like to apply for a scholarship, please fill out our online form at www.utexas.edu/nursing/chpr/conference.html. Scholarship applications will be accepted through February 15, and notifications of awards will be made via email by February 25.

If you have questions about the conference or need assistance registering, please contact the St. David’s CHPR office at 512-471-9910 or CHPR@mail.nur.utexas.edu.

CALL FOR POSTER PRESENTATIONS
ABSTRACT DEADLINE: February 4, 2013
Poster presentations are invited on topics addressing ANY aspect of health disparities, health promotion, or disease prevention research in underserved populations. Posters may report preliminary results of a work in progress. Graduate and undergraduate students are encouraged to submit abstracts for review. Scholarly presentations consistent with the mission of St. David’s CHPR will be selected, and the first author will be notified by email by February 15.

The printing of accepted poster submissions must be scheduled with Media Coordinator, Lloyd Spruce, (512-471-0365 or lspruce@mail.nur.utexas.edu) by Friday, March 15. Printing cost is $10 per linear foot (cash or check).

For more information on the specific requirements of the abstract submission process, including the format and required materials, please visit the conference webpage at www.utexas.edu/nursing/chpr/conference.html. Submissions are accepted by email only. Applications should be emailed to CHPR@mail.nur.utexas.edu.

Please note: All poster presenters must register and pay for the conference.
TRANSPORTATION & PARKING

Parking at the University of Texas at Austin is extremely limited, and we encourage participants to consider using the public bus and UT Shuttle systems. More information on public transportation can be found at www.capmetro.org.

Public parking is offered, when available, for a fee at Trinity, Brazos and San Jacinto Parking Garages on campus - all of which are within walking distance of the Alumni Center.

Trinity Garage - 1815 Trinity St.
Brazos Garage - 210 E. Martin Luther King Blvd.
San Jacinto Garage - 2401 San Jacinto Blvd.

More information about public parking on campus, including maps and costs, can be found at www.utexas.edu/parking.

Registrants with state-issued disability placards or license plates can access handicap parking spots located in front of the Alumni Center. Those who wish to do so must obtain a special parking permit at a campus guard kiosk. Guard kiosks near the Alumni Center are located on San Jacinto Blvd. at East 20 ½ St., and San Jacinto Blvd. at East 24th St. Kiosks open at 7:30 am daily.