INTERVENTIONS TO HELP CAREGIVERS OF DEMENTIA PATIENTS

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Abstract

Dementia is known for its impact on memory, but the impairments extend to other cognitive domains, daily functioning, and psychosocial issues. All of these must be addressed. The caregiver is an important and often forgotten factor in addressing these concerns. Caregiver’s physical and psychological health is affected by their care for persons with dementia, and the care recipient’s health is affected by the caregiver’s health. This presentation will explore the dyadic needs and focus on caregiver needs and caregiver interventions. Partners in Dementia Care is a care consultation intervention that addresses the needs of both patients with dementia and their caregivers. The results of a controlled trial of Partners in Dementia Care will be presented, in addition to other evidence-based caregiver interventions. Through the presentation of these caregiver interventions, attendees will learn of the importance to patients and caregivers of addressing caregivers’ needs.