

Curriculum Vitae

Amanda J. Simonton, Ph.D., R.N., PMHNP-BC

CONTACT INFORMATION

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EDUCATION

- 05/2020 Doctor of Philosophy, School of Nursing, University of Texas at Austin, Austin, TX
Dissertation Title: Physical Activity Attitudes and Preferences of Adults with Opioid Use Disorder Receiving Methadone Maintenance Treatment: A Mixed Methods Study
- 05/2018 Masters of Science in Nursing, Psychiatric Mental Health Nurse Practitioner Program, School of Nursing, University of Texas at Austin, Austin, TX
- 05/2013 Bachelors of Science in Nursing with Honors, School of Nursing, University of Texas at Austin, Austin, TX
- 08/2008–08/2009 Coordinated Admissions Program (completed first year undergraduate coursework), College of Science, University of Texas at San Antonio, San Antonio, TX

PROFESSIONAL EXPERIENCE

The University of Texas at Austin School of Nursing

- 09/2020–present Clinical Assistant Professor
- 06/2018–08/2018 Teaching Assistant, Simulation and Skills Lab
- 12/2016–05/2017 Lead Teaching Assistant, Simulation and Skills Lab
- 08/2014–11/2016 Teaching Assistant
- 01/2015–05/2016 Graduate Research Assistant
- 09/2015–12/2015 Clinical Teaching Assistant
- 12/2014 Data Collector

Clinical Nursing Practice

- 08/2020–present Psychiatric-Mental Health Nurse Practitioner, Grace Grego Maxwell Mental Health Unit, Dell Children’s Medical Center, Austin, TX
- 06/2020–present Psychiatric-Mental Health Nurse Practitioner, CARMAhealth, Austin, TX

- 08/2018–04/2020 Psychiatric-Mental Health Nurse Practitioner, CARMAhealth, Austin, TX
- 12/2015–09/2016 Registered Nurse II, Psychiatric Emergency Department, University Medical Center Brackenridge, Austin, TX
- 06/2013–06/2015 Registered Nurse II, Intermediate Care Unit, Seton Medical Center Austin, Austin, TX

Masters of Science in Nursing – PMHNP Clinicals

- 01/2018–05/2018 Recovery Unplugged, Austin, TX
- 03/2018 Addiction Consultation Team, Massachusetts General Hospital, Boston, MA
- 01/2018–05/2018 Gary Job Corps, San Marcos, TX
- 09/2017–05/2018 Travis County Correctional Complex, Del Valle, TX
- 09/2017–05/2018 C. D. Doyle Clinic, Austin, TX
- 09/2017–05/2018 Maintenance and Recovery Services, Austin, TX
- 09/2017–12/2017 YouthBuild, American YouthWorks, Austin, TX
- 05/2017–08/2017 Psychiatric Associates of Central Texas, Austin, TX

Journal Reviewer

- 08/2018–present *Journal of Psychosocial Nursing and Mental Health Services* – Review Board
- 2016–present *Journal of School Nursing*
Substance Use and Misuse
Journal of Substance Abuse Treatment

CONSULTING/ CONTINUING EDUCATION CONTENT DEVELOPMENT

δ = invited; Ψ = peer-reviewed

- 07/2020–present Steering Committee, Medscape Inc., The Future is Friendly: Advances for Improving Patient Outcomes in Schizophrenia
- 07/2020 Nurse Content Reviewer, Creative Educational Concepts, Inc., Long-Acting Injectable Antipsychotics in the Time of COVID-19.

Presentations

Simonton, A. J. & Mason, K. (July, 2020) *Managing Medications for Opioid Use Disorder During Hospitalization*. Texas Targeted Opioid Response, Webinar, TBD.

δ**Simonton, A. J.** (April, 2020) *How to Give Intramuscular Injections*. Effective Management of Schizophrenia: Evidenced-Based Treatments and Shared Decision-Making, College of Pharmacy, The University of Texas at Austin, Webinar, April 1st, 2020.

δΨ**Simonton, A. J.,** & Rolin, D. (June, 2019). *Understanding comorbid substance use disorders and serious mental illness*. American Psychological Association - SMIAviser, Webinar, June 20th, 2019.

PUBLICATIONS IN REFEREED JOURNALS

Simonton, A. J., Young, C. C., & Brown, R. A. (2018). Physical activity preferences and attitudes of individuals with substance use disorders: A review of the literature. *Issues in Mental Health Nursing*, Advanced online publication. <https://doi.org/10.1080/01612840.2018.1429510>

Simonton, A. J., Young, C. C., & Johnson, K. E. (2018). Physical activity interventions to decrease substance use in youth: A review of the literature. *Substance Use & Misuse*, Advanced online publication. <https://doi.org/10.1080.10826084.2018.1452338>.

Johnson, K. E., Goyal, M., **Simonton, A. J.**, Richardson, R., Morris, M., & Rew, L. (2017). Methods matter: Tracking health disparities in alternative high schools. *Public Health Nursing*, *34*(3), 303-311. doi: 10.1111/phn.12314.

Young, C. C., **Simonton, A. J.**, Key, S. M., Barczyk, A. N., & Lawson, K. (2016). Closing in on crisis: Informing clinical practice regarding non-suicidal self-injury in youth. *Journal of Pediatric Health Care*, *31*(3), 334-341. doi: 10.1016/j.pedhc.2016.10.005

Johnson, K. E., Morris, M., Rew, L., & **Simonton, A. J.** (2016). A systematic review of consent procedures, participation rates, and main findings of health-related research in alternative high schools from 2010-2015. *The Journal of School Nursing*, *32*(1), 20-31. doi: 10.1177/1059840515620841

PRESENTATIONS

Podium Presentations

δ = invited; Ψ = peer-reviewed

Ψ**Simonton, A. J.**, Young, C. C., Brown, R. A., García, A., & Bartholomew, J. B. (October, 2020). *Physical activity attitudes and preferences of adults with opioid use disorder receiving methadone maintenance treatment: A mixed methods study*. American Psychiatric Nurses Association 34th Annual Conference, Orlando, FL, September 30 – October 3, 2020.

Ψ**Simonton, A. J.** (September, 2019). *Workplace violence: What nurses need to know*. Texas Nurse Practitioners' Annual Conference, Austin, TX, September 5-8, 2019.

Ψ**Simonton, A. J.**, Young, C.C., & Brown, R. A. (October, 2018). *Physical activity preferences and attitudes of individuals with substance use disorder: Clinical applications and motivating change*. American Psychiatric Nurses Association 32nd Annual Conference, Columbus, OH, October 24-27, 2018.

Ψ**Simonton, A. J.**, & Rolin, D. (September, 2018). *Understanding substance use disorders and motivating change*. Texas Nurse Practitioners' Annual Conference, Dallas, TX, September 6-9, 2018.

δ**Simonton, A. J.** (August, 2018). *Workplace Violence: What School Nurses Need to Know*.

Kids First: School Nurse Competency Fair and Conference, TX, August 9-10, 2018.

Poster Presentations

Simonton, A. J., Young, C. C., Brown, R. A., García, A. A., & Bartholomew, J. B. (Accepted). *A feasibility pilot study to explore physical activity attitudes and preferences of adults with opioid use disorder.* Southern Nursing Research Society 34rd Annual Conference, Houston, TX, February 24-26, 2021.

Simonton, A. J., & Young, C. C. (September, 2017). *A review of physical activity interventions to decrease substance use in youth: Clinical application for primary care nurse practitioners.* Texas Nurse Practitioners' Annual Conference, Austin, TX, September 7-10, 2017.

Simonton, A. J., Young, C. C., Johnson, K. E. (March, 2017). *Physical activity interventions to decrease substance use in youth: A review of the literature.* St. David's CHPRN Annual Conference: Innovative and Effective Approaches to Health Behavior Change Across the Lifespan, Austin, TX, March 30, 2017.

Simonton, A. J., Young, C. C., Barczyk, S. M., & Lawson, K. A. (September, 2016). *Understanding precipitating factors to non-suicidal self-injury (NSSI) in youth in the Emergency Department to inform tool development.* Texas Nurse Practitioners Annual Conference, San Antonio, TX, September 8-11, 2016.

Johnson, K., E., Morris, M., McRee, A., L., & **Simonton, A., J.** (April, 2016). *School nurses' role in addressing health-risk behaviors during sports physicals.* Western Institute of Nursing Conference.

Simonton, A. J., Young, C. C., Barczyk, S. M., & Lawson, K. A. (February, 2016). *Closing in on crisis: Understanding precipitating factors to non-suicidal self-injury (NSSI) in youth in the emergency department.* Southern Nursing Research Society 30th Annual Conference, Williamsburg, VA, February 24-17, 2016.

FELLOWSHIPS, HONORS, AWARDS, & SCHOLARSHIPS

05/2020	Graduate Speaker, Spring Nursing School Convocation, School of Nursing, The University of Texas at Austin, Austin, TX
01/2019–05/2019	Graduate School Dissertation Writing Fellowship, School of Nursing, The University of Texas at Austin, Austin, TX
09/2018–05/2019	University of Texas at Austin Continuing Funding Package, School of Nursing, The University of Texas at Austin, Austin, TX
9/2018	Myrtle and Earl Walker Fund, Endowed Scholarship, School of Nursing, The University of Texas at Austin, Austin, TX
05/2018	Graduate Speaker, Spring Nursing School Convocation, School of Nursing, The University of Texas at Austin, Austin, TX
08/2016–05/2018	Jonas Nurse Leaders Scholar, The Jonas Center for Nursing and Veteran Healthcare & The School of Nursing, University of Texas at

	Austin, Austin, TX
09/2017–05/2018	University of Texas at Austin Continuing Funding Package, School of Nursing, The University of Texas at Austin, Austin, TX
10/2017	Board of Directors Scholar, American Psychiatric Nurses Association, Phoenix, AZ
06/2017–08/2017	University of Texas at Austin Graduate School Summer 2017 Fellowship, University of Texas at Austin, Austin, TX
03/2017	St. David's Nurse Practitioner Scholarship, St. David's HealthCare & The School of Nursing, University of Texas at Austin, Austin, TX
08/2016–05/2017	Graduate School Continuing Funding Package, The School of Nursing, The University of Texas at Austin, Austin, TX
05/2016	Professional Development Award, Office of Graduate Studies, The University of Texas at Austin, Austin, TX
09/2015	Lee Hage and Joseph D. Jamail Endowed Scholarship in Nursing, School of Nursing, The University of Texas at Austin, Austin, TX
09/2015	Rose M. Morris Memorial Endowed Scholarship in Nursing, School of Nursing, The University of Texas at Austin, Austin, TX
04/2015	Student Scholarship, Epsilon Theta Chapter, Sigma Theta Tau International, Austin, TX
03/2015	St. David's Center for Health Promotion and Disease Prevention Research in Underserved Populations Pre-Conference Scholarship, The University of Texas at Austin, Austin, Texas
08/2014–05/2015	Lee Hage Jamail Endowed Excellence Fund in Nursing Fellowship, School of Nursing, The University of Texas at Austin, Austin, Texas
08/2014–05/2015	College Recruitment Fellowship, Graduate School, The University of Texas at Austin, Austin, TX
04/2013	College Scholar (grades in the top 20%), School of Nursing, The University of Texas at Austin, Austin, TX
12/2012	University Honors, School of Nursing, The University of Texas at Austin, Austin, TX
05/2012	University Honors, School of Nursing, The University of Texas at Austin, Austin, TX
04/2012	College Scholar (grades in top 20%), School of Nursing, The University of Texas at Austin, Austin, TX

04/2011	College Scholar (grades in the top 20%), School of Nursing, The University of Texas at Austin, Austin, TX
05/2010	University Honors, College of Natural Sciences, The University of Texas at Austin, Austin, TX
05/2009	President's List, College of Science, The University of Texas at San Antonio, San Antonio, TX

LICENSE, CERTIFICATION, & REGISTRATION

07/2018–07/2023	Psychiatric-Mental Health Nurse Practitioner – Board Certified, American Nurses Credentialing Center
07/2018–12/2022	Advanced Practice Registered Nurse (Texas)
06/2013–12/2022	Registered Nurse (Texas; Compact License)
06/2015–06/2021	Basic Life Support
07/2018–02/2021	Drug Enforcement Administration Registration
09/2018–09/2020	Buprenorphine Waiver Certification
01/2015–present	Professional and Financial Conflict of Interest
12/2014–present	Protection of Human Subjects
06/2013–present	Health Insurance Portability & Accountability Act

PROFESSIONAL MEMBERSHIPS

03/2017–present	American Psychiatric Nurses Association, Member
04/2018–present	Member-at-Large, APNA Texas Chapter Board of Directors
10/2017	Board of Directors Scholar
09/2016–present	Texas Nurse Practitioners, Member
10/2018–present	Policy Council
10/2017–10/2018	Government Action Committee Student Liaison
01/2017–09/2017	Mental Health Advisory Board
08/2017–present	Psychiatric Advanced Practice Nurses of Texas, Member
04/2013–present	Sigma Theta Tau, International:
04/2013–present	Epsilon Theta Chapter, Member
10/2014–present	Southern Nursing Research Society, Member
09/2014–05/2020	Association of Nurses in Graduate School, The University of Texas at Austin, Member
09/2016–05/2017	Departmental Review Committee
05/2015–05/2016	Doctoral Student Representative
11/2014–11/2015	International Society of Behavioral Nutrition and Physical Activity, Member

08/2010–05/2011 Women in Medicine, The University of Texas at Austin, Member

08/2009–12/2009 Women in Science, The University of Texas at Austin, Member

SERVICE

National & International Professional Organizations & Offices

05/2011; 05/2012 Head Campus Representative, Member, Volunteer, International Service Learning, The University of Texas at Austin, Austin, TX

State & Regional Professional Organizations & Offices

04/2018–present Member-at-Large, APNA Texas Chapter Board of Directors, American Psychiatric Nurses Association

10/2018–present Policy Council, Texas Nurse Practitioners, Austin, TX

10/2017–10/2018 Government Action Committee Student Liaison, Texas Nurse Practitioners, Austin, TX

01/2017–09/2017 Mental Health Advisory Board, Texas Nurse Practitioners, Austin, TX

University Professional Organizations & Offices

The University of Texas at Austin

01/2020–present Texas Targeted Opioid response Educational Task Force, College of Pharmacy

09/2016–05/2017 Departmental Review Committee, The School of Nursing

12/2015–5/2016 Graduate School Committee ANGS Representative, Association of Nurses in Graduate School, The School of Nursing

8/2015–5/2016 Doctoral Student Representative, Member, Association of Nurses in Graduate School, The School of Nursing

TEACHING EXPERIENCE

The University of Texas at Austin, School of Nursing, Austin, TX

08/2020–present Clinical Assistant Professor

- Graduate Courses
 - N380F Advanced Psychiatric-Mental Health Nursing I
 - N380G Advanced Psychiatric-Mental Health Nursing I Clinical
 - N287G Psychiatric-Mental Health Nursing Theory

08/2014–08/2018 Teaching Assistant

- Graduate Courses
 - NW284C Professional Nursing Foundations

- N390F Adult Health Nursing I Practicum (skills lab portion)
- Undergraduate Courses
 - N310 Communication in Healthcare,
 - N157P Clinical Nursing Skills II
 - N278 Contemporary Nursing Practice
- 09/2015–12/2015 Clinical Teaching Assistant
 - Graduate Courses
 - N390F Adult Health Nursing I Practicum (clinical portion)

Guest Lectures

Regional

Simonton, A. J., "Assessing for Intoxication and Substance Use Disorders in School Students." Guest lecture for the Del Valle school nurses in Del Valle, TX, August 2nd, 2017

The University of Texas at Austin

Simonton, A. J., "Workplace Violence: What Every Nurse Needs to Know." Guest lecture for the N273 Quality and Safety for Nursing Practice in Austin, TX, November 29th, 2017

Simonton, A. J., "Synthesis Lecture." Guest lecture for N278 Contemporary Nursing Practice in Austin, TX, October 20th, 2016; March 25th, 2016

Simonton, A. J., "It's Not Abstract: Clarifying the Group Theory Presentation Abstract." Guest lecture for N278 Contemporary Nursing Practice in Austin, TX, March 25th, 2016; October 1st, 2015

Simonton, A. J., "Resilience: Paradigm vs. Theory." Guest lecture for N381M Theories of Health Behavior in Austin, TX, March 10th, 2016