

Shalonda Estelle Brazzell Horton  
 University of Texas at Austin  
 School of Nursing  
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**EDUCATION**

<b>Year</b>	<b>Degree Earned</b>	<b>Institution and Location</b>
2015	PhD in Nursing Portfolio Program in the Study of Religion	University of Texas at Austin, Austin, TX
2006	Master of Science in Nursing Public Health Nursing	University of Texas at Austin
1995	Bachelor of Science in Nursing	Texas Christian University, Fort Worth, TX

**CURRENT LICENSE**

<b>Year</b>	<b>Source</b>	<b>Type</b>
1995	Texas Board of Nursing	Registered Nurse

**CERTIFICATION**

January 18, 2020 to January 18, 2023	Mental Health First Aid
April 25, 2020 to April 25, 2023	Youth Mental Health First Aid

**PROFESSIONAL EXPERIENCE**

<b>Years</b>	<b>Position</b>	<b>Institution</b>	<b>Location</b>
2020-present	Division Chair Family, Public Health Nursing, and Nursing Leadership	University of Texas at Austin	Austin, TX
2017-2020	AE-MSN Foundation Year Program Coordinator	University of Texas at Austin School of Nursing	Austin, TX

2015-present	Assistant Professor	University of Texas at Austin School of Nursing	Austin, TX
2008-2015	Assistant Instructor	University of Texas at Austin School of Nursing	Austin, TX
2006-2008	Clinical Instructor	University of Texas at Austin School of Nursing	Austin, TX
2003-2007	Staff Nurse PACU	North Austin Medical Center	Austin, TX
2000-2008	Staff Nurse PACU Outpatient Surgery	St. David's Medical Center	Austin, TX

Military

<b>Years</b>	<b>Position</b>	<b>Unit and Location</b>
2016-2021	Staff Nurse Community Health Nurse  Brigade Unit Prevention Leader (2019-present)	US Army Reserves <i>7454 US Army Medical Backfill</i> San Antonio, TX
2012-2016	Staff Nurse	US Army Reserves Individual Ready Reserves (IRR)
2007-2011	School Director Course Manager Course Instructor Combat Medic Course EMT Course	US Army Reserves <i>10<sup>th</sup> Battalion</i> Houston, TX
2006-2007	Training Instructor Combat Medic Course EMT Course	US Army Reserves <i>Practical Nurse Detachment</i> San Antonio, TX
200-2006	Nurse Manager Staff Nurse Orthopedic Med Surg Unit	US Army Reserves <i>5501<sup>st</sup> US Army Hospital</i> Brooke Army Medical Center San Antonio, TX

1999	Assistant Nurse Manager PACU	US Army Martin Army Community Hospital Columbus, GA
1997-1998	Staff Nurse Inpatient Psychiatry Unit Med Surgical Unit	US Army 121 <sup>st</sup> General Hospital Seoul, Korea
1995-1997	Staff Nurse Hematology/Oncology Unit Same Day Surgery Unit	US Army Brooke Army Medical Center San Antonio, TX

### HONORS AND AWARDS

2021	Dean's Excellence Award for Service, School of Nursing
2021	School of Nursing's Innovation in Teaching Award
2021	Billye J. Brown Award for Excellence in Leadership from Sigma Theta Tau: Epsilon Theta Chapter (Research, Scholarship, and Awards)
2020	Research Award School of Nursing
2018	Faculty Spotlight University of Texas at Austin School of Nursing
2016	Excellence in Medicine Award Delta Beta Chapter of the National Sorority of Phi Delta Kappa, Inc.
2014	Innovation in Teaching Award University of Texas at Austin School of Nursing
2012	Texas Graduate Nurses Association Scholarship and Loan University of Texas at Austin School of Nursing
2011-2014	Good Samaritan Foundation Scholarship
2011, 2013	Louis W. Rase and Sophie Braun Rase Scholarship University of Texas at Austin School of Nursing

- 2011 Rew Family Graduate Research Fellowship  
University of Texas at Austin  
School of Nursing
- 2011 Texas Public Health Association Scholarship  
2010 Certificate of Merit for poster abstract  
24<sup>th</sup> Annual Southern Nursing Research Society Conference
- 2010 Professional Development Award  
University of Texas at Austin
- 2010 Tower Award: Outstanding Faculty/Staff Volunteer  
University of Texas at Austin
- 2010-2011 Reunion Alumni Fund Scholarship  
University of Texas at Austin School of Nursing
- 2009-2010 Lee & Joe Jamail Dean's Endowment for Excellence Scholarship  
University of Texas at Austin  
School of Nursing
- 2008-2011 Lillie S. Matthews Endowed Scholarship  
University of Texas at Austin  
School of Nursing
- 2008-2009 Lee Hage & Joseph D. Jamail Endowed Scholarship  
University of Texas at Austin  
School of Nursing
- 2006 Outstanding Graduating Master of Science in Nursing Student Award  
University of Texas at Austin  
School of Nursing

## RESEARCH

### **Sponsored Projects**

- 2020-2021 Li-Chen Lin (PI), MRC Operational Readiness Award (ORA) from the National Association of County and City Health Officials and University of Texas at Austin Medical Reserve Corps (\$10,000). Co-PI
- 2019-2020 Li-Chen Lin (PI), MRC Capacity Building. Department of State Health Services and University of Texas at Austin Medical Reserve Corps (\$5,000). Co-PI

September 2019- Present Sharon Brown, PhD, RN, FAAN (Co-PI) and Mary Steinhardt, EDD (Co-PI), *Improving Health Outcomes in African Americans with Type 2 Diabetes: A Culturally Tailored, Resilience-Based Diabetes Self-Management Education (RB-DSME) Intervention* (NIH 1R01DK123146-01). School of Nursing and College of Education, University of Texas at Austin (\$\$677,516). Consultant

July 2019-2021 Miyong Kim, RN, PhD, FAAN (PI), *AMEN-African American Church-Based MENTAL Health and Wellness Program*, funded by the City of Austin (201900901). School of Nursing, University of Texas at Austin (\$178,685). Community Liaison

June 2018-January 2019 Alexa Stuijbergen, RN, PhD, FAAN (PI), Memory attention and problem solving skills for persons with MS (MAPSS) (e.g. NIH R03, R21, R01). School of Nursing, The University of Texas at Austin, Funding amount - indicate if direct cost or total costs. Consultant.

June 2017-June 2018 Co-PI for the University of Texas at Austin Medical Reserve Corps' *People Ready Emotionally & Physically and Able to Respond to Emergencies and Disasters Program* (PREPARED), funded by NACCHO Challenge Award (\$13,000)

2016 Research Consultant, Center for Transdisciplinary Collaborative Research in Self-Management (TCRSS)-Community Health Worker Institute

May 2016-June 2017 Co-PI for the University of Texas at Austin Medical Reserve Corps' *Mental Health and Wellbeing Program*, funded by NACCHO Challenge Award (\$15,000)

2013 PI for pilot study, *Factors influencing dietary fat intake among Black emerging adults*, funded by Epsilon Theta Chapter, Sigma Theta Tau Grant (\$750)

2010 Health Challenge Coordinator for health promotion program, *Habit for Health Challenge II: Mt Zion Baptist Church*, funded by Be Our Voice Grant from the National Initiative for Children's Healthcare Quality (\$250)

## PUBLICATIONS

### **Peer Reviewed**

Horton, S.E.B., Kim, M., Hecht, J., Todd, A., Alhanti, R., Lim, S., Hutson, T., Yaklin, S., Cauvin, S., Horton, D. (in print). Lessons from Rapid Community Needs Assessment in the African American Community During the COVID-19 Pandemic. *Progress in Community Health Partnerships: Research, Education, and Action*.

Stuifbergen, A., Becker, H., Phillips, C., Horton, S., Morrison, J., Perez, F. (2021). The experience of African-American women with multiple sclerosis. *International Journal of MS Care*, 23(2), 59-65. doi: <https://doi.org/10.7224/1537-2073.2019-068>

Horton, S. E. B, Todd, A., Johnson, K. E., Gaskamp, C., Guillet, N., & Murray-Chavez, J. (2019). Public health policy simulation. *Journal of Nursing Education*, 58(3), 178-181. doi: 10.3928/01484834-20190221-10

Zuniga, JA., Lin, L.C., Horton, S., Todd, A., Garcia, AA. (2019). Creation and implementation of a yoga and meditation program to promote wellness at a school of nursing. *Texas Public Health Association Journal*, 71(2), 26-28.

Horton, S. E. B., Timmerman, G., Brown, A. (2018). Factors influencing dietary fat intake among Black emerging adults. *Journal of American College Health*, 66(3), 155-164.

Johnson, K. E., Guillet, N., Murphy, Horton, S. E. B., & Todd, A. (2015). If only we could have them walk a mile in their shoes: A community-based poverty simulation exercise for BSN students. *Journal of Nursing Education*, 54(9), S116-S119. doi: 10.3928/01484834-20150814-22

Horton, S. E. B. (2014). What is personal health responsibility. *ABNF Journal*, 25(1), 5-9.

Horton, S., Alvear, E., & Horton, D. (2014). Health ministry partnerships: Creating a Habit for Health. *Journal of Christian Nursing*, 31(1), 28-33.

Horton, S. E. B. (2013). Religion and health-promoting behaviors among emerging adults. *Journal of Religion and Health*, published online. doi: 10.1007/s10943-013-9773-3

Horton, S. & Johnson, R. J. (2010). Improving access to health care for uninsured elderly patients. *Public Health Nursing*, 27(4), 362-370.

## **Conference Meetings/Presentations**

### **National**

Horton, S. & Todd, A. (2020). COVID-19 needs assessment among African American churches. Scientific Study of Religion and the Religious Research Association (accepted for presentation).

Todd, A., Horton, S., Johnson, K., Gaskamp, C., Guillet, N. & Murray-Chavez, J. (2019). Building political competence and advocacy skills through simulation. American Public Health Association's Annual Meeting, Philadelphia, PA (Poster)

Horton, S., Todd, A. & Lin, L. (2017). Enhancing community mental health through a Medical Reserve Corps. American Public Health Association's Annual Meeting, Atlanta, GA (Roundtable Presentation)

Horton, S., Hecht, J., Minami, H. & Brown, R. (2016). A brief, table computer intervention for nutrition education among smokers living with HIV. Society of Behavioral Medicine 37<sup>th</sup> Annual Meeting, Washington, DC (Poster)

Horton, S. (2011). Religion and health among emerging adult. Society for the Scientific Study of Religion and Religious Research Association Annual Meeting, Milwaukee, Wisconsin (Paper)

Horton, S. (2010). Religion and health promotion in relation to obesity among adolescents. Society for the Scientific Study of Religion and Religious Research Association Annual Meeting, Baltimore, Maryland (Paper)

### **Regional**

Hecht, J., Todd, A., Horton, S., Alhanti, R., Lim, S., Hutson, T., Yaklin, S., Horton, D., Cauvin, S., & Kim, M. (2021). The desire for social connectedness during the COVID-19 Pandemic. The University of Texas at Austin's School of Nursing St. David's CHPR Conference: Health promotion in the COVID-19 Era (Presentation virtual).

Murphy, L., Lin, L., Chavez, E., Guillet, N., Nwokocha, E., & Horton, S. (2021). Teaching nursing in the midst of a global pandemic: Creative solutions, challenges, and lessons learned. The University of Texas Systems Shine Academy Innovations Conference Virtual Annual Meeting. (Poster)

Murphy, L., Horton, S., Sumpter, D., Barr, J., Lin, L., Swarts, L., Christiansen, B., Hensley, J., & White, S. (2019). The whole is greater than the sum of the parts: An innovative redesign for foundational courses in an accelerated nursing program. University of Texas Systems Kenneth I. Shine Academy of Health Science Educators: Innovations in Health Science Education 2019 Conference, Austin, Texas (Poster)

Horton, S. (2013). Can religion be incorporated into health promotion programs related to obesity? Central Texas Colloquium on Religion Research Conference, Austin, Texas (Paper)

Horton, S. (2010). What ethical issues arise regarding breast cancer genetic testing within the context of family? 24<sup>th</sup> Annual Conference for the Southern Nursing Research Society, Austin, Texas (Poster)

Horton, S. (2006). Behavioral health promotion: Stress management and suicide prevention workshop for United States Reservists. Texas Public Health Association 81<sup>st</sup> Conference, Plano, Texas (Poster)

## **Media**

KAZI 88.7 FM radio station. (June 1, 2021). Deborah Duncan served as the host for the topic, Post pandemic mental wellness and self-care (Interview)

Hogg Foundation for Mental Health (April 28, 2021). Julia Sufrin and Imani Evans served as the writer and host for the topic, Vaccine equity and Trust (Podcast Interview)  
<http://hogg.utexas.edu/podcast-vaccine-equity-and-trust>

*KXAN* news station. April 7, 2021). Jennifer Sanders was author for topic, Austin-area residents with limited access can find help getting a COVID-19 vaccine — here's how (Interview)  
<https://www.kxan.com/texas-coronavirus-vaccine/austin-area-residents-with-limited-access-can-find-help-getting-a-covid-19-vaccine-heres-how/>

AMEN – African American Mental Health and Wellness Program (May 6, 2020). KAZI 88.7 FM, Community Radio Station, Austin, Texas. Discussed how the AMEN team and the School of Nursing engaged with the local community during COVID-19 pandemic (Interview)

Health Talk Radio Show (February 25, 2014). KAZI 88.7 FM, Community Radio Station- Austin, Texas. Offered insight into factors that influence obesity and dietary fat intake among African Americans and announced recruiting for young adult participants for dissertation study (Interview)

## **EDITORIAL ACTIVITIES**

### **Manuscript Reviewer**

2020 Journal for the Scientific Study of Religion (two)  
2018 Journal for the Scientific Study of Religion (one)  
2016 Journal of Holistic Nursing (three)  
2016 Research on Aging (one)  
2012 Journal of Health Care for the Poor and Underserved (one)  
2010 Journal of Health Care for the Poor and Underserved (two)  
2009 Journal of Health Care for the Poor and Underserved (one)



## PUBLIC SERVICE TO STATE, NATION, AND COMMUNITY

### Association Memberships

- 2019-present National Black Nurses Association, Inc.
- 2018-present American Public Health Association  
2010-2015  
2004-2005
- 2018-present Texas Public Health Association  
2010-2014  
2006-2007
- 2018-present American Nurses Association  
2007-2011
- 2018-present Texas Nurses Association  
2007-2014
- 2017-present Sigma Theta Tau International Nursing Honor Society, Epsilon Theta Chapter  
2006-2014 Induction Ceremony Committee (2007– 2008 and 2011)
- 2016-2017 Society of Behavioral Medicine
- 2015-present National League for Nursing
- 2015-present University of Texas at Austin Medical Reserve Corps  
Director (2015 – 2020, 2021 – present)  
Operations Section Leader (2020 – 2021)
- 2014-2017 The Obesity Society
- 2010-present Society for the Scientific Study of Religion
- 2009 Southern Nursing Research Society
- 2008-2010 Association of Nurses in Graduate School  
2004-2006 MSN Student Representative (2005-2006)  
University of Texas at Austin, School of Nursing
- 2005-2006 African American Nursing Students Association  
University of Texas at Austin, School of Nursing
- 1998-present National Association for the Advancement of Colored People

## **Consultations**

- June 2020      Consultant as University of Texas at Austin Medical Corps Reserve’s Operation Section Leader for sit visits and planning meetings with the City of Austin for their COVID-19 Alternate Care Site University of Texas
- April 2019-  
June 2019      Developer for Emergency Medical Training Protocols for dentists and dental hygienists at St. David’s Foundations (mobile dental unit) in Austin, Texas
- 2018            Consultant for Doctor of Nursing Practice (DNP) student at the School of Nursing at the University of Texas at Austin to review an instrument, *Disaster Management for Advanced Practice Nurses*
- 2018            Consultant for faculty member at the School of Nursing at the University of Texas at Austin to review an instrument, *Faith Community Nursing with Resident in Long-Term Care*, for face validity
- 2017            Consultant for the Center for Transdisciplinary Collaborative Research in Self-Management at the School of Nursing at the University of Texas at Austin to review their Community Health Worker educational materials for Mexican Americans with type 2 diabetes
- 2012            Consultant for City of Austin/Travis County Health and Human Services Department’s development of goals and objectives for workshop titled *The Church: Maximizing Relationships—Sustaining Grassroots Efforts with Faith-based and Community Partnerships*
- 2008-  
2009            Consultant for LifeGuard on curriculum for continuing education class regarding how health care providers can discuss sex and promote healthy decision-making among adolescents, Austin, Texas
- 2008            Consultant for Mt. Zion Baptist Church and assisted in writing their medical emergency response plan policy, Austin, Texas

## **National Service**

- April 2021      Panelist for collaborative webinar event sponsored by the U.S. Department of Housing and Urban Development – Region VI, Fort Worth, TX, the Texas Association of Community Health Centers (TACHC), and BiGAUSTIN. Shared insights and tips for how to increase access to covid-19 vaccines and increase community participation among faith-based settings.

### **City of Austin-Committee Service**

Oct 2020- Dec 2020	Austin Public Health's COVID19 Vaccine Distribution Coalition. Assisted Austin Public Health in developing plans and strategies so the city can reach its desired level of COVID-19 vaccination coverage for the community
Apr 2018- 2019	Austin/Travis County Community Health Improvement Plan Stress, Mental Health and Wellbeing Workgroup
2017- present	Child Inc. Health Services Advisory Council

### **University of Texas at Austin-Campus Service**

Mar 2021 - present	University of Texas at Austin COVID-19 Task Force - Co-Developer and Co-Leader of Vaccine Administration Mobile Operations (VAMOS) and Vaccinate, No Waste (VaxNow) community outreach programs
Nov 2020 - present	University of Texas at Austin COVID-19 Task Force - Operation Section Leadership Team
Mar 2019	Volunteered at Explore UT at <i>E-scooter Safety</i> and <i>To-go Bag</i> stations, School of Nursing
Mar 2018	Volunteered at Explore UT at <i>Hands only CPR</i> and <i>Make a To-go Bag</i> stations (disaster preparedness for children), School of Nursing
Mar 2016	Volunteered at Explore UT at the disaster preparedness station, School of Nursing
Apr 2016	Interviewed by <i>The Daily Texan</i> . Laura Hallas (May 2, 2016), Medical missions make "do no harm" difficult.

### **Dissertation/Thesis-Committee Service**

University of Texas at Tyler, School of Nursing, Dissertation Committee for PhD student (February 2018 to May 2019). *Predicting Type of Help Seeking Behavior of Homeless Veterans Attending a Stand Down Event*. Student graduated May 2019.

University of Texas at Austin, College of Natural Sciences, Thesis Faculty Supervisor for undergraduate Honor's student (June 2015-May 2016). *Barriers and Facilitators to Participation in International Surgical Teaching Collaborations* (international qualitative study). Student graduated May 20, 2016.

### **School of Nursing-Committee Service**

School of Nursing Holiday Party Planning Committee	2020
COVID-19 Decision Tree	2020-present
Syllabus Wording for COVID-19	2020-2021
Summer Building Usage Plan Operationalization Task Force	2020-2021
Professional Nursing Management (N284t) Task Force review course objectives	fall 2019- spring 2020
Graduate Admissions and Progression Committee	2019-2020
Ad-Hoc Wellness Centers' Advisory Committee	2016-spring 2017
Disaster Preparedness Committee Chair (fall 2015-spring 2017)	2015-present 2006-2008
University of Texas at Austin Medical Reserve Corps Faculty Director (2015-present)	2015-present
Ad-Hoc Peer Review Committee	2016
Mock Disaster Drill Planning Committee Co-Chair (2015-present)	2012-present
Proctoring Exam Service	2008-2009
Admissions Committee	2007-2008
Graduate Curriculum Committee Student Representative	2005-2006

### **School of Nursing-Service to Community**

Feb 2021	Co-Presenter for COVID-19 Vaccine Information Session sponsored by AMEN program and Mt. Zion Baptist Church
Feb 2021	Co-Presenter for COVID-19 Vaccine Information Session sponsored by AMEN program and Rehoboth Baptist Church

- Feb 2021 Guest lecturer for N290Q Public Health Practicum course [Racism Awareness seminar], University of Texas at Austin, School of Nursing, graduate students (AEMSN Foundation Year)
- Nov 2020 Austin Public Health mass flu vaccine drive-thru clinic. Supervised nursing students administering vaccine
- Nov 2020 Family Wellness Center, UT Medical Reserve Corps, and AMEN program flu vaccine drive-thru clinic. Organized free flu vaccine event and supervised nursing students administering
- Nov 2020 Austin Public Health at the Travis County Exposition Center (practice drive-thru exercise for COVID-19 vaccines). Supervised nursing students administering Vaccine
- Sep 2020 Covered two lectures and one clinical for faculty who were absent due to family emergencies and/or COVID-19.
- Sep 2019-2020 Faculty Advisor for School of Nursing's student organizations participating in Careers in Healthcare & Academic Mentoring Program (CHAMP)
- July 2019 Guest speaker for Breakthrough Central Texas' 10<sup>th</sup> Grade Leadership Institute hosted by the Manor Independent School District
- June 2019 Presenter for Emergency Medical Training for dentists and dental hygienists at St. David's Foundations (mobile dental unit) in Austin, Texas
- June 2019 Guest speaker for Breakthrough Central Texas' 10<sup>th</sup> Grade Leadership Institute hosted by the University of Texas at Austin
- May 2019 Poster judge for Interprofessional Health Showcase at the University of Texas at Austin
- April 2019 Guest lecturer for N309 Global Health course [Natural Disaster and Complex Humanitarian Emergencies presentation], University of Texas at Austin, School of Nursing, undergraduate students
- Aug 2018-present Faculty Co-Advisor for the Nurses Christian Fellowship, University of Texas at Austin, School of Nursing
- Apr 2018 Participate in the School of Nursing's Hospital Simulation Day (Adult Health, undergraduate students) at the University of Texas at Austin
- Apr 2018 Guest lecturer for N309 Global Health course [Natural Disaster and Complex Humanitarian Emergencies presentation], University of Texas at Austin, School of Nursing, undergraduate students

- Mar 2018 Served as representative for UT Austin Medical Reserve Corps at the School of Nursing's Professional Organization Day
- Nov 2018 Guest lecturer for N309 Global Health course [Natural Disaster and Complex Humanitarian Emergencies presentation], University of Texas at Austin, School of Nursing, undergraduate students
- Oct 2017 Volunteered to perform blood pressure screenings and education and supervise Nursing students at World Stroke Day health fair sponsored by Austin Speech Lab
- Oct 2017 Volunteered to perform health screenings and education and supervise nursing students at health fair sponsored by Rehoboth Baptist Church in Austin, Texas
- Oct 2017 Volunteered at Flu Vaccine station and supervised nursing students at HopeFest sponsored by Austin Voices for Education & Youth and Austin Public Health
- Sep 2017 As Director of UT Medical Reserve Corps, assisted in coordination of the Basic Disaster Life Support course (7.5 continuing education) hosted by the School of Nursing, 55 participants
- Sep 2017 As Director of UT Medical Reserve Corps, collaborated with UT School of Nursing Student Organizations to conduct Benefit Concert and undergarments donation collection for Hurricane Harvey Relief
- Apr 2017 Volunteered to help collect data for Austin Public Health's community health assessment CASPER
- Mar 2017 Guest speaker and Medical Reserve Corps presentation for the University of Texas at Austin's Health Occupations Students of American organization
- Feb 2017 Guest speaker for Blackland Neighborhood Center's Advisory Board and community members' Black History and Heart Health Awareness Month education class
- Feb 2017 Guest speaker and Medical Reserve Corps presentation for Westwood High School's Health Occupations Students of American organization
- Sep 2016 Presentation (PowerPoint) and status report of the UT Medical Reserve Corps Mental Health and Wellbeing Program (Challenge Award winners) for the TALON Leader Conference Call
- Aug 2016-  
Oct 2019 Mentor for student athletes, Fellowship of Christian Athletes, University of Texas at Austin
- Aug 2016 Volunteered to serve ice cream during Back to School Social
- Aug 2016 Gone to Nursing. Faculty representative to welcome incoming nursing students

- Jun 2016 Longhorn Summer Experience 2016 for Black/African American rising seniors from Texas high schools. Faculty representative for the School of Nursing
- May 2016 Elgin Middle School Career Day. Faculty representative for the School of Nursing
- Apr 2016 Guest lecturer for N309 Global Health course [Natural Disaster and Complex Humanitarian Emergencies presentation], University of Texas at Austin, School of Nursing, undergraduate students
- Mar 2016 Supervised student group discussions for N309 Global Health course, University of Texas at Austin, School of Nursing, undergraduate students
- Dec 2015- Feb 2016 Provided edits for the NACCHO Challenge Award, which a MSN graduate student wrote
- Oct 2015- 2020 Preceptor for graduate student's capstone project: UT Medical Reserve Corps' standard operations and organization
- Aug 2015- May 2016 Preceptor for graduate student's capstone project: UT Medical Reserve Corps' Mental Health and Wellbeing Program
- 2015-present Faculty Advisor for the African American Nursing Students Association, University of Texas at Austin, School of Nursing
- Nov 2015 Guest lecturer for N309 Global Health course [Natural Disaster and Complex Humanitarian Emergencies presentation], University of Texas at Austin, School of Nursing, undergraduate students
- Nov 2015- Present Peer teaching observation (clinical and classroom instruction)
- Nov 2015 Shared personal nursing career path with the African-American Nursing Students Association, University of Texas at Austin, School of Nursing (invited guest)
- Nov 2015 Community presentation on *Health promotion in faith-based settings* at Community Engagement Dialogue: Health in Equity at Wesley United Methodist Church, sponsored by University of Texas at Austin, Division of Diversity and Community Engagement, Austin, Texas (invited guest)
- Jun 2015 Presentation on *Nursing* (career role model session) for the Health Sciences Summer Camp for Middle School Students, University of Texas at Austin Dell Medical School

- Spring 2015 Guest lecturer for N309 Global Health course [Natural Disaster and Complex Humanitarian Emergencies presentation], University of Texas at Austin, School of Nursing, undergraduate students
- Spring 2015 Assisted presenters in posting their posters. St. David's CHPR Annual Conference: *Preventing chronic disease across the lifespan*, University of Texas at Austin, School of Nursing
- Oct 2014 Helped to coordinate a panel of experts for discussion topic titled *Infectious diseases and Ebola: An interprofessional perspective*, sponsored by the School of Nursing at the University of Texas at Austin
- Fall 2014 Guest lecturer for online N275P Public Health Nursing course [Disaster Preparedness presentation], University of Texas at Austin, School of Nursing, RN-BSN students
- Spring 2013 Volunteer for St. David's CHPR Conference: *Meeting the Mental Health Needs of Texans*, University of Texas at Austin, School of Nursing
- Fall 2012 Guest lecturer for N391H Theories and Critical Issues in Public Health course [Disaster Preparedness presentation], University of Texas at Austin, School of Nursing, graduate students
- Mar 2012 Volunteer for St. David's CHPR Conference: *Serving Texas through Health Disparities Research*, University of Texas at Austin, School of Nursing
- 2009-2011 Faculty Advisor for Risen (student organization), University of Texas at Austin, School of Nursing
- Fall 2008 Guest lecturer for N391E Public Health Assurance and Policy course, University of Texas at Austin, School of Nursing, graduate students
- 2006-2015 Assistant Faculty Advisor for the African American Nursing Students Association, University of Texas at Austin, School of Nursing
- Fall 2007 Guest lecturer for N391E Public Health Assurance and Policy course, University of Texas at Austin, School of Nursing, graduate students
- 2007-2011 Career advisor for upper-division undergraduate nursing students, University of Texas at Austin, School of Nursing
- Fall 2006 Guest speaker for N392J Art and Science of Family Health course, University of Texas at Austin, School of Nursing, graduate students
- Fall 2006 Guest panelist, N387 Clinical Teaching in Nursing, University of Texas at Austin School of Nursing, graduate students



## Community

- Jan 2021 Guest panelist for Constituent Conversations with Representative Goodwin, Texas legislator [COVID-19 vaccines]
- September 2019 Captain for African American Mental Health and Wellness Program (AMEN), Mt. Zion Baptist Church, and Rehoboth Baptist Church team for NAMI Walk, Austin, Texas
- August 2019 - March 2020 Education Connection volunteer at Blanton Elementary, help children once a week with their reading and comprehension skills
- July 2019 Guest speaker for the Missionary Baptist General Convention of Texas' State Congress hosted in Austin, Texas. Community presentation on the *Mental and Physical and Mental Health Benefits of Laughter* for the Ministers' Wives and Widows ministry
- July 2019 Community presentation on the *Mental and Physical Health Benefits of Walking and How Walking relates to Our Spiritual Journey* for the B. J. Clark Ministers' Wives and Widows Conference at the St. John Regular Baptist Association, Austin, Texas
- April 2019 Captain for Relay for Life East Austin. American Cancer Society, Austin, Texas Mt Zion Baptist Church's Team
- July 2018 Community presentation on the *Physical and Mental Health Benefits of Laughter* for the for the B. J. Clark Ministers' Wives and Widows Conference at the St. John Regular Baptist Association, Austin, Texas
- April 2018 Captain for Relay for Life East Austin. American Cancer Society, Austin, Texas Mt Zion Baptist Church's Team
- July 2017 Community presentation on *Stress and Mental Health Resources* for ministers' wives and widows at St. John Regular Baptist Association, B. J. Clark Ministers' Wives and Widows Conference, Austin, Texas
- April 2017 Captain for Relay for Life East Austin. American Cancer Society, Austin, Texas Mt Zion Baptist Church's Team
- July 2016 Community presentation on *Stress among Black women* for the B. J. Clark Ministers' Wives and Widows Conference at St. John Regular Baptist Association, Austin, Texas

- June 2016 Volunteered with the Austin Black Nurses Association to provide blood pressure screening and education at the Juneteenth Health Festival, Austin, Texas
- June 2016 Coordinated medication assessment and head lice screenings for young campers leaving Austin from Mt Zion Baptist Church headed to Kids Across America sports camp in Branson, Missouri
- April 2016 Presentation on *Stress management and health benefits of laughter* for Women's Ministry at Mt. Zion Baptist Church, Austin, Texas
- April 2016 Volunteered at first aid station during the Zilker Park Botanical Garden Festival, Austin, Texas
- April 2016 Captain for Relay for Life East Austin. American Cancer Society, Austin, Texas Mt Zion Baptist Church's Team
- October 2015 Community presentation on *Keeping your child healthy and ready for school* for parents at Lucy Read Elementary School, sponsored by Child Inc., Austin, Texas
- August 2015 Presentation on *Nursing* (career role model session) for children Partners in Education Summer Camp, Mt. Zion Baptist Church, Austin, Texas
- July 2015 Educational presentation on *Mental Health: Depression among the elderly* for women in Mission II of the St. John Regular Baptist Association, Austin, Texas
- 2015 Presentation on *Dietary Fat Consumption* for the Lone Star District Nurse's Unit Annual Celebrate Good Health Workshop at Springdale Church of God in Christ, Austin, Texas
- March 2015 Writing coach for graduating high school seniors for the Mt Zion Baptist Church Scholarship, Austin, Texas.
- 2015 Presentation on *Environmental Health* for student chapter Texas Public Health at the University of Texas at Austin
- April 2015 Captain for Relay for Life East Austin. American Cancer Society, Austin, Texas Mt Zion Baptist Church's Team
- October 2014 Guest presenter for *What to do when your child gets sick*, community presentation for low-income parents, sponsored by Child Inc. and the Institute for Healthcare Advancement
- October 2014 Guest presenter for *What to do when your child gets sick*, community presentation for low-income parents, sponsored by Child Inc. and the Institute for Healthcare Advancement

- August 2014 Head lice screener for Kutz 4 Kids sponsored by Round Rock Police Department and Dream Big
- April 2014 Judges for the Biomedical Engineering Society Student Chapter at the University of Texas at Austin
- March 2014 Guest speaker at the Affordable Health Care Registration: *Young adults and the Affordable Care Act—health benefits and health promotion*, sponsored by Grace Covenant Christian Center, Austin, Texas (open enrollment in the Health Insurance Marketplace)
- March 2014 Volunteered at the Multicultural Engagement Center’s 25<sup>th</sup> Anniversary Justice Jubilee celebration at the University of Texas at Austin (East Mall). At the diversity booth sponsored by Afrikan American Affairs, I discussed health disparities and inequalities in the healthcare system with participants while playing the role of Mary Eliza Mahoney, the first Black professional nurse in the United States
- January 2014 Judge for the *Martin Luther King Jr. Coloring, Essay, and Artistic Expression Contest* for schools in Parker County, Texas; sponsored by the NAACP Weatherford Chapter
- June 2013 Kids Across America sports camp, volunteered to be camp nurse, Branson, Missouri
- June 2013 Guest panelist for workshop hosted by the City of Austin/Travis County Health and Human Services Department, Austin, Texas: *The Church: Maximizing Relationships—Sustaining Grassroots Efforts with Faith-based and Community Partnerships*
- April 2013 Captain and coordinator for Relay for Life Team for Mt. Zion Baptist Church, Austin, Texas (American Cancer Society)
- March 2013 Writing coach for graduating high school seniors for the Mt Zion Baptist Church Scholarship, Austin, Texas
- February 2013 Guest speaker for the St. John District Junior Women Mission’s *Mind, Body, Soul Workshop* at St. James Missionary Baptist Church in Austin, Texas. Topic: Mental health promotion
- January 2013 Helped with cholesterol screenings at the State Capitol, sponsored by the University of Texas at Austin School of Nursing
- October 2012- Feb 2013 Supervisor and coach at Mt Zion Baptist Church for the *Heart360-Get to Goal* program sponsored by the American Heart Association

- February 2012 Co-coordinator for HIV/AIDS Awareness Forum for the faith-based community: *We need to talk*, hosted by Mt Zion Baptist Church, Austin, Texas
- September 2011 Preceptor for graduate nursing student in implementing the *Habit for Health* program at Mt Zion Baptist Church, Austin, Texas
- April 2011 Guest speaker for National Sorority of Phi Delta Kappa Incorporated 45th Annual Southwest Regional Conference at the Austin Renaissance Hotel, Austin, Texas. Topic: Obesity prevention among youth
- May 2011 Presenter at Texas Medical Association, TexMed Conference: *Texas Be Our Voice Field Story: Mt Zion Baptist Church*, Houston, Texas
- February 2011 Partnered with Janet Martinez from Rosewood Zaragosa Neighborhood Center (City of Austin Health Department) in conducting a heart disease awareness class and cholesterol/blood pressure screenings at Mt. Zion Baptist Church in Austin, Texas
- February 2011 Organized *Go Red Sunday Heart Disease Awareness Day* at Mt. Zion Baptist Church in Austin, Texas
- December 2010-Present Mt. Zion Baptist Church Health Ministry Leader, Austin, Texas
- November 2010 Guest speaker for Association of Nurses in Graduate School (ANGS) at the University of Texas at Austin, School of Nursing. Topic: My life as a military nurse: The good, the bad, the ugly
- August 2010 Guest speaker for health fair at Rehoboth Baptist Church in Austin, Texas. Topic: Obesity problem and prevention—MOVE...to save a generation
- June 2010 Guest speaker for health session at Grace Covenant Christian Center in Austin, Texas. Topic: Obesity problem and prevention—A generation worth saving
- April 2010 Volunteered at booth: *Become a Disease Detective: Discover Public Health Conference*, sponsored by the University of Texas at Austin, School of Nursing
- March 2010 Volunteer for the Center for Health Promotion & Disease Prevention Research in Underserved Populations Conference, Austin, Texas
- February 2010 Southern Nursing Research Society conference room monitor volunteer, Austin, Texas
- January 2010 Guest speaker for Martin Luther King, Jr. Day Celebration hosted by the National Association for the Advancement of Colored People in Weatherford, Texas

- April 2009 Captain and coordinator for Relay for Life Team for Mt. Zion Baptist Church, Austin, Texas (American Cancer Society)
- 2008-2009 Coordinator for the American Heart Association's *Search Your Heart* health screenings, Austin, Texas
- October 2008 Guest speaker, African American Nursing Students Association, University of Texas at Austin, School of Nursing. Topic: My Career in Nursing
- October 2008 Coordinator for sexual health education class for teenagers, Mt. Zion Baptist Church, Austin, Texas
- October 2008 Volunteer and faculty nursing student supervisor for Influenza Vaccine Drive sponsored by University Health Services, University of Texas at Austin
- September 2008 Volunteer for the City of Austin Medical Needs Shelter during Hurricane Ike efforts
- September 2008 American Lung Association representative (lung disease prevention and asthma awareness) at health Fair, Austin, Texas
- August 2008 Coordinator for *Go RED Women's Day* (hypertension and stroke prevention/awareness) at Mt. Zion Baptist Church, sponsored by the American Heart Association, Austin, Texas
- June 2008 Coordinator for *Power to End Stroke Sunday* (stroke prevention and awareness) at Mt. Zion Baptist Church, sponsored by the American Heart Association, Austin, Texas
- 2008-2012 Mentor for SHINE (volunteer) students at the University of Texas at Austin School of Nursing
- May 2008 Presented health class *Asthma 101* at Mt. Zion Baptist Church, sponsored by the American Lung Association, Austin, Texas
- May 2008 Supervised nursing students and helped with sports physicals (blood pressure and vision screenings) for the Austin Independent School District
- April 2008 Volunteered at table sponsored by the University of Texas at Austin School of Nursing on university's main campus, *Addressing issues of health promotion among humans in their environments*
- April 2008 Helped to organize activities for National Public Health Week at the University of Texas at Austin, School of Nursing by developing information and quiz focusing on how society's health is affected by climate change

April 2008 Coordinator for health fair conducted at Mt. Zion Baptist Church, Austin, Texas

March 2008 Guest speaker at Norman Elementary School's Career Day, *What's it like to be a nurse*, Austin, Texas

January 2008 Guest speaker at Pearce Middle School 50<sup>th</sup> Anniversary and Career Day, *You too can be a nurse*, Austin, Texas

2007-2008 School Health Advisory Committee, Pflugerville Independent School District; assisted in developing curriculum maturation curriculum for 4<sup>th</sup> and 5<sup>th</sup> grade and developing health and sex education for 6<sup>th</sup> and 7<sup>th</sup> grade

December 2007 Guest speaker for Nursing Students Association, University of Texas at Austin School of Nursing. Topic: Disaster Preparedness & Public Health Nursing

November 2007 Volunteered at Flu Shot Clinic, University Health Clinic, University of Texas at Austin

October 2007 School of Nursing Green Team, volunteered at campus information booth and provided education regarding recycling and the environment's impact on health

October 2007 HopeFest at Reagan High School; volunteered with dental screenings and health education, Austin, Texas

June 2007 Assisted in planning and coordinating health fair for State Farm Insurance's *50 Million Pound Challenge* Campaign, Austin, Texas

April 2007 Co-presenter, Schools of Nursing, Pharmacy and Social Work, *Just in Case Training: Disaster Preparedness*, University of Texas at Austin

April 2007 Guest speaker, Nursing Students Association, University of Texas at Austin, School of Nursing. Topic: Disaster Preparedness

January 2006 Guest speaker, *What's it like to be a nurse*, St. David's Health Care Partnership, Austin, Texas

September 2005 Workshop coordinator, 5501<sup>st</sup> US Army Reserves Hospital, *Behavioral Health Promotion: Stress Management and Suicide Prevention Workshop*, Fort Sam Houston, Texas

December 2005 Presenter, 5501<sup>st</sup> US Army Reserves Hospital, *Suicide Prevention*, Fort Sam Houston, Texas

August 2005 Guest speaker for teenage girls conference, *Dealing with Peer Pressure*; Westside Baptist Church, Killeen, Texas

January  
2004

Guest speaker for teenage conference, *Self-Esteem*; Bell County, Texas

2002

Presenter, 5501<sup>st</sup> US Army Reserves Hospital, *Hepatitis C*, Fort Sam Houston,  
Texas