

ESTHER NWOKOCHA MSN, RN.
Clinical Instructor
University of Texas at Austin, School of Nursing
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EDUCATION

MSN	Penn State University College of Nursing (Nursing Education)	August 2016
BSN	Millersville University, Millersville Pennsylvania (Nursing)	May 2006

PROFESSIONAL EXPERIENCE

The University of Texas at Austin School of Nursing September 2017 – Present

Clinical Instructor (2017 – Present).

- Teaching Assignments: Undergraduate Courses
 - Adult health Practicum 1 Fall 2018
 - Adult Health Practicum 11 Spring 2018
 - Adult Health Practicum 11 Fall 2017

CLINICAL NURSING PRACTICE

St. Davis Medical Center – Round Rock, Texas May 2017 – Present.

Registered Staff Nurse IMC

- Provided direct primary care with excellent assessment skills, and involved in implementation and evaluation of high skilled patient's treatments.
- Demonstrates excellent abilities in critical thinking, critical reasoning and critical judgment.
- Demonstrates good Judgment and good decision making in management of personnel and resources

- Proficient in systems evaluation, patient education and unit coordination.
- Collaborates with other departments to develop and provide quality patient care and monitoring of patients' progress to achieve greater outcome.

Heart Hospital of Austin

August 2016 – May 2017

CVICU Registered Staff Nurse

- Direct care of patients with Heart Failure, kidney failure and respiratory failure.
- Direct care and monitoring of patients with open heart surgery, cardiac arrhythmia and monitoring of patients post cardiac interventions.
- Observe and identify changes in patient's conditions and quickly treat the condition or communicate effectively to other interdisciplinary teams.
- Demonstrated excellent skills in hemodynamic monitoring of complex critically-ill patient.
- Excellent communication skills with good electronic or computer knowledge to provide highly computerized quality patient care.
- Provides quality patient and family education through digital information and through electronic health records.

Penn State University Hershey Medical Center– Hershey, PA
2016

July 2008 – August

Charge Nurse /Staff Nurse

- Functioned as charge nurse, preceptor and resource nurse.
- Demonstrated competencies in providing quality care and monitoring of patients with heart failure, kidney failure and liver failure.
- Monitor, record, and report symptoms or changes in patients' conditions and plan quickly to implement an intervention.
- Maintained accurate, detailed reports and documentation in electronic health records.

- Interpret, and evaluate diagnostic tests or lab results to identify and assess patient's condition.
- Consult and collaborate with other healthcare team or interdisciplinary team members to assess, plan, implement, or evaluate patients' plan of care.
- Care of patient with sepsis utilizing the SIRS alert protocol or early identification of patient with sepsis, multi-organ failure and severe respiratory failure.

CERTIFICATES AND LICENSURE

License ----- Texas State Board of Nursing September 2016 – present.

Pennsylvania State Board of Nursing 1993 -2016

American Heart Association --- Advanced care Life support certificate.

American Heart Association ----Basic Life Support

RESEARCH EXPERIENCE

Penn State University Hershey Medical Center 2008 -2016

- Assisted in the study, development, and dissemination of alcohol withdrawal protocol in the adult IMC unit at Hershey Medical center.

Penn-State University College of Nursing 2012 - 2016

Graduate Student Scholarly/Research projects

- Researched the use of Naltrexone combined with behavioral and psycho-social therapy in the treatment of alcohol dependence patients to prevent relapse - An evidence based practice review.
- Alcoholism in Older Adults: A geriatric assessment project.
- Implementation of Evidence based Practice; A Nurse Educators Practicum Project.

University of Texas at Austin School of Nursing 2017 - Present

- Participated on a research project on the adaptation of practice parameters for cultural competence in Health care environment

CONFERENCE PRESENTATION

Adaptation of practice parameters for cultural competence in health care education, 5th
Annual Cultural Inclusive Institute: Advocate for social justice and cultural inclusion to enhance equity by promoting research that improves Patient-centered outcome. Poster (2018).

Peer Review Education and Presentation. Hershey Medical Center Peer review symposium Podium (2014)

PROFESSIONAL ORGANIZATION AND SERVICE

- Participated in shared governance at Penn – State Hershey Medical Center 2010 - 2012
 - Served as the Chair and co-chair of the Education council 2010 - 2012
 - Magnet Champion for IMC unit. 2015 – 2016
 - Member American Association of Critical care Nurses. 2018
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