

CURRICULUM VITAE

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EDUCATION:

PhD	1994	The Ohio State University, Columbus, Ohio, Nursing.
MSN	1986	The Ohio State University, Columbus, Ohio, Nursing.
BSN	1983	The University of Florida, Gainesville, Florida, Nursing.

LICENSURE:

Registered Nurse in the State of Texas.
Clinical Nurse Specialist in Adult Nursing. August 15, 1996

PROFESSIONAL EXPERIENCE:

2018-Present	Associate Professor, Department of Medical Education, Dell Medical School, The University of Texas at Austin
2011- Present	Associate Dean for Academic Affairs, The University of Texas at Austin School of Nursing, Austin, Texas.
2002 - 2011	Assistant Dean of Undergraduate Programs, The University of Texas at Austin School of Nursing, Austin, Texas.
2000 - Present	Associate Professor, The University of Texas at Austin School of Nursing, Austin, Texas.
2000 - 2002	Chair, Holistic Adult Health Division, The University of Texas at Austin School of Nursing, Austin, Texas.
1994 - 2001	Assistant Professor, The University of Texas at Austin School of Nursing, Austin, Texas.
1993 - 1994	Contingent Nurse Consultant; Women's Health, The Elizabeth Blackwell Center Riverside Hospital, Columbus, Ohio.
1990 - 1991	Graduate Research Associate, The Ohio State University, College of Nursing, Columbus, Ohio.
1988 - 1989	Graduate Teaching Associate, The Ohio State University, College of Nursing, Columbus, Ohio.
1986 - 1988	Instructor, The Ohio State University, College of Nursing, Columbus, Ohio.
1984 - 1986	Graduate Teaching Associate, The Ohio State University, College of Nursing, Columbus, Ohio.
1983 - 1984	Staff Nurse: Extended Care & Respiratory Care, Chillicothe Veteran's Administration Hospital, Chillicothe, Ohio.

HONORS AND SPECIAL AWARDS:

- 2018 American Association of Colleges of Nursing's *Innovations in Professional Nursing Education Award* for Foundations of Interprofessional Collaborative Care Course
- 2017 Distinguished Fellowship of the National Academies of Practice in Nursing
- 2016 Jennings Lecturer for Annual Meeting of Districts VI, VII, XI & TACG of the American Congress of Obstetricians and Gynecologists
- 2016 TX Clinical Nurse Specialist Researcher of the Year Award
- 2016 Fellow, Lee Haig Jamail Endowed Excellence Fund in Nursing
- 2015 Award for Excellence in Reviewing, Journal of Nutrition Education and Behavior (11 awarded out of 800 reviewers).
- 2014-2015 Fellow, Leadership for Academic Nursing Program, American Association of Colleges of Nursing, Washington, DC
- 2014 Alumni Transformer in Nursing and Health Care, The Ohio State University, College of Nursing, Columbus, OH
- 2014 Dean's Excellence in Service
- 2012 Fellow, American Academy of Nursing
- 2012 Top 25 Nursing Professors in Texas
- 2012 Dolores Sands Award for Excellence in Nursing Research, Sigma Theta Tau: Epsilon Theta Chapter
- 2012 Dean's Excellence Award in Research Dissemination
- 2011, 2017 Ed and Molly Smith Fellowship in Nursing
- 2007 Dean's Excellence Award in Writing
- 2004-2007 Ed and Molly Smith Centennial Fellowship
- 2000 Best Visual Presentation for Rapid Communications, Poster Session, The Society of Behavioral Medicine 21st Annual Scientific Sessions
- 1999 Honorable Mention for Research Poster, 1999 Reunion Conference, The University of Texas at Austin School of Nursing
- 1998 Research Award, Epsilon Theta Chapter of Sigma Theta Tau International
- 1996 Tenure-Track Faculty Teaching Award
- 1996 Who's Who Among American Teachers
- 1994 - 1997 Ed and Molly Smith Centennial Fellowship
- 1994 Epsilon Chapter Service Award, Sigma Theta Tau International
- 1989 - 1990 Professional Nurse Traineeship, OSU College of Nursing
- 1983 Sigma Theta Tau International
- 1983 Graduated BSN with High Honors, University of Florida, Gainesville, FL

GRANTS:

“Self-Management of Dietary Intake Using Mindful Eating in Stage 2-3 Chronic Kidney Disease Patients.” [G Timmerman PI] NIDDK, NIH, R15 Area Award. 10/17 Score 49; Resubmitted 2/18. Score -35

Program Grants:

“Enhancing the Advanced Nursing Education of Clinical Nurse Specialists through Integration of Care for Patients with Multiple Chronic Conditions Using Interprofessional Education” [G. Timmerman, PI/Project Director]. U.S.D.H.H.S. Advanced Nursing Education Grant Program. 7/1/13-12/31/16. 1 D09HP25930-01-00, \$1,042,659.

“Nursing education performance initiative” [G. Timmerman]. The Texas Higher Education Coordinating Board, 9/10-8/11, \$25,000.00.

Funded:

“Self-Management of Dietary Intake for Chronic Kidney Disease” Pilot Study. Timmerman, G.M. Principal Investigator [M. Forman, Co-investigator]. Center for Transdisciplinary Collaborative Research in Self-management. NIH, NINR, P30 NR01533511, Kim, M. (PI). \$50,000.00. 11/14-12/15.

“Mindful Restaurant Eating: A Community Based Weight Gain Prevention Intervention.” Pilot Study. Timmerman, G.M. Principal Investigator [Sharon Brown (5%), Co-investigator]. North and Central Texas Clinical and Translational Science Initiative, NIH. 2/1/09-8/1/10. \$29,517.

“Mindful Restaurant Eating: An Intervention to Prevent Weight Gain in Binger Eaters.” Pilot Study. Timmerman, G.M. Principal Investigator. Special Research Grant, Office of the Vice President for Research, The University of Texas at Austin. 1/17/08-8/31/08. \$750.

“Emotional eating and basic needs satisfaction in Mexican American women.” Pilot Study. Timmerman, G.M. Principal Investigator [Juarez, A.M. (5%), Co-investigator] Stuijbergen, A., Principal Investigator. "Center for Health Promotion/Disease Prevention Research for Underserved Populations," competing continuation. National Institute of Nursing Research, National Institutes of Health, P30 NR5051. 09/01/04-05/31/06, \$19,370.

“Explanatory models of eating behavior, weight and health among adult Mexican Americans: Stages of change implications.” Hoke, M., Principal Investigator. [Timmerman, G.M. Co-investigator]. Pilot Study. Southwest Partnership Center, Rew, L., Principal Investigator. National Institute of Nursing Research, NIH. 7/1/03-6/30/05. \$15,000.

“Dieting, deprivation, and nonpurge binge eating in women,” 1R15NR04481, NIH, NINR, Area Award, 6/98-12/02, \$113,250.

“Dieting, deprivation, and nonpurge binge eating in women,” Research Supplements for underrepresented minorities, NIH, 9/98-6/01, \$19,032.

“Weight management practices among primary care providers.” G. Timmerman, Principal Investigator; (E. Reifsnider, J. Allan, & L. Walker, Co-Investigators). Epsilon Theta Research Grant. 1/98-12/98, \$1,000.

“The relationship between calorie intake during binge days and the calorie intake during nonbinge days in nonpurge binge eating women,” University Research Institute - Summer Research Award, 6/95-8/95, \$9,450.

“Binge eating severity and degree of obesity in women,” NIH, NCNR, National Research Service Award, 1992-1994, \$29,600.

“Binge eating severity and degree of obesity in women: A pilot study,” Epsilon Chapter, Sigma Theta Tau International, 1992-1993, \$309.

Co-Investigator:

“Predictors of dietary quality in low-income pregnant women.” R21NR010592. Fowles, E., Principal Investigator; [J. Ruiz (5%), G. Timmerman (3%), L. Walker (3%), A. Brown (3%), Co-investigators]. NIH, 5/11/09-4/30/12, \$417,955.

“Health promotion for women with fibromyalgia.” R01 HD035047-04A1. Stuifbergen, A., Principal Investigator; [H. Becker (15%), P. Carter (10%) & G. Timmerman (5%), Co-Investigators]. NIH, 7/1/03-5/31/08, \$1,342,325.

“Overweight status after childbirth,” R01NR04679, Walker, L.O., Principal Investigator; [G. Timmerman (15%), J. Freeland-Graves, J. Allan (2%), S. Brown (2%), A. Stuifbergen (2%) & Co-Investigators]. NIH, NINR, 2/99-12/03, \$1.7M.

“Health promotion intervention for women with MS.” R01 HD35047. Stuifbergen, A., Principal Investigator; [H. Becker (15%) & G. Timmerman (5%), Co-Investigators]. National Center for Medical Rehabilitation Research, National Institute of Child Health and Human Development, National Institutes of Health, 9/30/96-8/31/99, \$524,613.

PUBLICATIONS:

**Publications with students are italicized.

In Review:

Joiner-Rogers, G., Delville, C.L., & **Timmerman, G.M.** (in review). Using Videoconferencing for Verbal Reports to Improve Clinical Nurse Specialist Student Performance. *Clinical Nurse Specialist*

Timmerman, G.M., Tahir, M., Lewis, R.M., Samoson, D., Temple, H., Forman, M.R. (in review). Quality of life after dietary self-management intervention for patients with early stage CKD. *Journal of Holistic Nursing*.

Refereed Articles:

Horner, S.D, **Timmerman, G.M.,** & McWilliams, B. (in press). Feasibility study of the Living Healthy with Asthma intervention. *Journal of Specialists in Pediatric Nursing*

Ko, J., **Timmerman, G.M.,** Kim, K.B., & Kim, M. (2018) Food sources of sodium in Korean Americans with Type 2 Diabetes: Implications for cardiovascular disease. *Journal of Transcultural Nursing*, 1-9. Doi:10.1177/1043659618785226

Horton, S.E., **Timmerman, G.M.,** & Brown, A. (2018). Factors influencing dietary fat intake among Black emerging adults. *The Journal of American College Health*, 66(3), 155-164.. <https://doi.org/10.1080/07448481.2017.1390669>

Becker, H., **Timmerman, G.M.,** & Delville, C. (2017). A multi-faceted model to evaluate interprofessional education in Clinical Nurse Specialist programs" *Clinical Nurse Specialist: The Journal for Advanced Nursing Practice*, 31(5), 243-251. doi: 10.1097/NUR.0000000000000320

- Hageman, H., Huggett, K.N., Simpson, D., Hasbrouck, C., Stuber, M.L., Luk, J., & **Timmerman, G.M.** (2017). Operationalizing interprofessional education in the clinical workplace. *Medical Science Educator*. DOI 10.1007/s40670-017-0448-7
- Timmerman, G.M., Tahir, M., Lewis, R.M., Samoson, D., Temple, H., Forman, M.R.** (2017). Use of a mindful eating intervention to improve self-management of dietary intake for individuals with early stage chronic kidney disease. *Journal of Behavioral Medicine*. 40(5), 702-711. DOI 10.1007/s10865-017-9835-1
- Timmerman, G.M., Walker, L.O., & Brown, C.E.L.** (2017). Managing Gestational Weight Gain: Obstetricians' Perceived Barriers and Interventions. *Journal of Perinatal Education*, 26(2), 1-9. <http://dx.doi.org/10.1891/1058-1243.26.2.1>
- Ko, J., Kim, K.B., **Timmerman, G.M., Clark, A.P., & Kim, M.** (2017). Factors predicting sodium intake of Korean American immigrants with type 2 diabetes. *Journal of Immigrant and Minority Health*, 20(3):641-650. Doi:10.1007/s10903-017-0602-8
- Cuevas, H., & **Timmerman, G.M.** (2016). Use of an observed structured clinical examination (OSCE) in clinical nurse specialist education. *Clinical Nurse Specialist*, 30(3), 172-176. Doi: 10.1097/NUR.0000000000000201
- Barbee, K.G., & **Timmerman, G.M.** (2015). Relationships among emotional eating, nonpurge binge eating severity, and self-efficacy in healthy perimenopausal women. *Journal of Holistic Nursing*, 33(4), doi: 10.1177/0898010115569574
- Westlake, C., Albert, N.M., Rice, K.L., Bautista, C., Close, J., Foster, J., & **Timmerman, G.M.** (2015). Nursing journal clubs and the Clinical Nurse Specialist. *Clinical Nurse Specialist*. 29(1), E1-E10. DOI: 10.1097/NUR.0000000000000095
- Timmerman, G.M., Calfa, N. A., & Stuifbergen, A.K.** (2013). Correlates of body mass index in women with fibromyalgia. *Orthopaedic Nursing*, 32(2), 113-119.
- Timmerman, G.M., & Brown, A.** (2012). The effect of a mindful restaurant eating intervention on weight management in women. *Journal of Nutrition Education and Behavior*.44(1), 22-28.
- Fowles, E.R., Walker, L.O., Marti, C.N., Ruiz, R.J., Wommack, J., Bryant M., Kim, S., **Timmerman, G.** (2012). Relationships among maternal nutrient intake and placental biomarkers during the 1st trimester in low-income women. *Archives of Gynecology and Obstetrics*, 285(4), 891-9.
- Fowles, E., Bryant, M., Kim, S., Walker, L., Ruiz, R. J., **Timmerman, G., & Brown, A.** (2011). Predictors of dietary quality in low income pregnant women: A path analysis. *Nursing Research*, 60(5), 286-294. Doi: 10.1097/NNR.0b013e3182266461.
- Fowles, E.R., **Timmerman, G.M., Bryant, M., Kim, S.** (2011). Eating at fast food restaurants

- and dietary quality in low-income pregnant women. *Western Journal of Nursing Research*, 33(5), 630-651. Doi:10.1177/0193945910389083
- Hoke, M.M., & **Timmerman, G.M.** (2011). Transtheoretical Model: Potential usefulness with overweight rural Mexican American women. *Hispanic Health Care International*, 9(1), 41-49. Doi:10.1891/1540-4153.9.1.41.
- Stuifbergen, A. K., Blozis, S. A., Becker, H., Phillips, L., **Timmerman, G.**, Kullberg, V., & Morrison, J. (2010). A randomized controlled trial of a wellness intervention for women with fibromyalgia syndrome. *Clinical Rehabilitation*, 24, 305-318. doi: 10.1177/0269215509343247
- Timmerman, G. M.**, & Earvolino-Ramirez, M. (2010). Strategies for and barriers to managing weight when eating at restaurants. *Preventing Chronic Diseases: Public Health Research, Practice, and Policy*, 7(3). Accessed http://www.cdc.gov/pcd/issues/2010/may/09_0130.htm
- Allison, S. & **Timmerman, G. M.** (2007). Anatomy of a binge: Food environment and characteristics of nonpurge binge episodes. *Eating Behaviors*, 8, 31-38. doi:10.1016/j.eatbeh.2005.01.004
- Bloom, M., **Timmerman, G. M.**, & Sands, D. (2006). Developing a course to teach Spanish for health care professionals. *Journal of Nursing Education*, 45(7), 271-274.
- Hoke, M.M., **Timmerman, G.M.**, & Robbins, L.K. (2006). Explanatory models of eating, weight, and health in rural Mexican American women. *Hispanic Health Care International*, 4(3), 143-151.
- Timmerman, G. M.** (2006). Addressing barriers to health promotion in underserved women. *Family & Community Health*, 30, S34-S42.
- Timmerman, G. M.** (2006). Restaurant eating in nonpurge binge-eating women. *Western Journal of Nursing Research*, 28(7), 811-824. doi: 10.1177/0193945906289501
- Walker, L. O., Sterling, B. S., Kim, M., Arheart, K. L., & **Timmerman, G. M.** (2006). Trajectory of weight changes in the first 6 weeks postpartum. *JOGNN*, 35, 472-481.
- Walker, L. O., Sterling, B. S., & **Timmerman, G. M.** (2005). Retention of pregnancy-related weight in the early postpartum period: Implications for women's health services. *JOGNN*, 34(4), 418-427. doi: 10.1177/0884217505278294
- Walker, L. O., Freeland-Graves, J. H., Milani, T., Hanss-Nuss, H., George, G., Sterling, B. S., . . . Stuifbergen, A. (2004). Weight and behavioral and psychosocial factors among ethnically diverse, low-income women after childbirth: I. Methods and context. *Women & Health*, 40(2), 1-17.
- Walker, L. O., Freeland-Graves, J. H., Milani, T., George, G., Hanss-Nuss, H., Sterling, B. S., . . . Stuifbergen, A. (2004). Weight and behavioral and psychosocial factors among ethnically

- diverse, low-income women after childbirth: II. Trends and correlates. *Women & Health*, 40(2), 19-34.
- Walker, L. O., **Timmerman, G. M.**, Sterling, B. S., Kim, M., & Dickson, P. (2004). Do low-income women attain their pre-pregnant weight by the 6th week of postpartum?. *Ethnicity & Disease*, 14(1), 119-126.
- Stuifbergen, A. K., Becker, H., **Timmerman, G. M.**, & Kullberg, V. (2003). A randomized clinical trial of a wellness intervention for women with multiple sclerosis. *Archives of Physical Medicine and Rehabilitation*, 84(4), 467-476. doi:10.1053/apmr.2003.50028
- Stuifbergen, A. K., Becker, H., **Timmerman, G. M.**, & Kullberg, V. (2003). The use of individualized goal setting to facilitate behavior change in women with multiple sclerosis. *The Journal of Neuroscience Nursing*, 35(2), 94-99, 106.
- Timmerman, G. M.**, & Gregg, E. K. (2003). Dieting, perceived deprivation, and preoccupation with food. *Western Journal of Nursing*, 25(4), 405-418. doi:10.1177/0193945903025004006
- Walker, L., **Timmerman, G. M.**, Kim, M., & Sterling, B. (2002). Relationships between body image and depressive symptoms during postpartum in ethnically diverse, low income women. *Women & Health*, 36(3), 101-121.
- Timmerman, G. M.**, & Acton, G. J. (2001). The relationship between basic needs satisfaction and emotional eating. *Issues in Mental Health Nursing*, 22(7), 691-701. DOI 10.1080/01612840119628
- Becker, H., Stuifbergen, A., Rogers, S., & **Timmerman, G. M.** (2000). Goal attainment scaling to measure individual change in intervention studies. *Nursing Research*, 49(3), 176-180.
- Timmerman, G. M.**, Reifsnider, E., & Allan, J. D. (2000). Weight management practices among primary care providers. *Journal of the American Academy of Nurse Practitioners*, 12(4), 113-116. doi: 10.1111/j.1745-7599.2000.tb00289.x
- Stuifbergen, A., Becker, H., Rogers, S., **Timmerman, G.**, & Kullberg, V. (1999). Promoting wellness in women with multiple sclerosis. *Journal of Neuroscience Nursing*, 31(2), 73-79.
- Timmerman, G. M.** (1999). Binge eating scale: Further assessment of validity and reliability. *Journal of Applied Biobehavioral Research*, 4(1), 1-12. doi: 10.1111/j.1751-9861.1999.tb00051.x
- Timmerman, G. M.** (1999). Using a women's health perspective to guide decisions made in quantitative research. *Journal of Advanced Nursing*, 30(3), 640-645. doi 10.1046/j.1365-2648.1999.01135.x
- Timmerman, G. M.** (1999). Using self-care strategies to make lifestyle changes. *Journal of Holistic Nursing*, 17(2), 169-183. doi: 10.1177/089801019901700205

Timmerman, G. M., & Stuijbergen, A. K. (1999). Eating patterns in women with multiple sclerosis. *Journal of Neuroscience Nursing*, 31(3), 152-158.

Timmerman, G. M. (1998). Caloric intake patterns of nonpurge binge eating women. *Western Journal of Nursing Research*, 20(1), 103-118.

Timmerman, G. M. (1996). The art of advertising for research subjects. *Nursing Research*, 45(6), 339-340, 344.

Timmerman, G. M., & Stevenson, J. S. (1996). The relationship between binge eating severity and body fat in nonpurge binge eating women. *Research in Nursing and Health*, 19(5), 389-398. doi: 10.1002/(SICI)1098-240X(199610)19:5<389::AID-NUR3>3.0.CO;2-M

Reynolds, N., **Timmerman, G. M.**, Anderson, J., & Stevenson, J. S. (1992). Meta-analysis for descriptive research. *Research in Nursing and Health*, 15(6), 467-475. doi: 10.1002/nur.4770150609

Timmerman, G. M. (1991). A concept analysis of intimacy. *Issues in Mental Health Nursing*, 12(1), 19-30. doi: 10.3109/01612849109058207

Kennedy, C., Camden, C., & **Timmerman, G. M.** (1990). Relationships among perceived supervisor communication, nurse morale, and sociocultural variables. *Nursing Administration Quarterly*, 14(4), 38-46. doi:10.1016/S0001-2092(07)69579-9

OTHER PUBLICATIONS:

Timmerman, G.M., Tahir, M., Lewis, R.M., Samoson, D., Temple, H., Forman, M.R. (2018). Quality of life in patients with early stage CKD after mindful eating intervention to improve self-management of dietary intake [Abstract]. *Advances in Chronic Kidney Disease*, 25(2), 216

Timmerman, G.M. (2017). Try mindful eating this holiday season to keep off the pounds. op-ed appeared in the [Houston Chronicle](#), [Fort Worth Star Telegram](#), [San Antonio Express News](#) and the [Waco Tribune Herald](#).

Timmerman, G. M. (2015). Sections (Tips for Creating Behavior Change; Overcoming Obstacles-So You Can Dine Out without Giving In; Mindful Eating; Planning Ahead-A Simple Worksheet for Healthy Restaurant Choices) within Darden Restaurants on-line resource: *Eating Well While Eating Out*. Provides resources to health care practitioners and patients regarding healthy eating when eating out. <http://bit.ly/1Ds8c1U>

Timmerman, G. M. (2006). Response by Timmerman. *Western Journal of Nursing Research*, 28(7), 828-829. doi: 10.1177/0193945906289503

Timmerman, G. M. (2005). Commentary on "Navigating the Journey to Menses Cessation." *Journal of Holistic Nursing*, 23(1), 51-53. doi: 10.1177/0898010104272755

Timmerman, G. M. (2004). "10 ways to eat healthier: Smart eating does a body good. UTOPIA website, The University of Texas at Austin, <http://utopia.utexas.edu/you-t/eat.html> Accessed: 4/21/2004.

Timmerman, G. M. (2003). Commentary by Timmerman. *Western Journal of Nursing Research*, 25(6), 647-649. doi: 10.1177/0193945903255406

Timmerman, G. M. (2002). Editorial Opinions: "Independence of Heritable Influences on the Food Intake of Free Living Humans." *Nutrition: The International Journal of Applied and Basic Nutritional Sciences*, (invited paper), 18(1), 91-92. doi:10.1016/S0899-9007(01)00675-X

Fulbright, D. T., & Timmerman, G. M. (2001, Fall). Jump-starting research careers: A National Institutes of Health program helps future minority nurse researchers gain valuable experience while still in nursing school. *Minority Nurse*, 74-76.

Timmerman, G.M. (1997). Faculty's response to 'Prayer and Healing: A case study'. *Journal of Holistic Nursing*, 15(3), 325-326. doi: 10.1177/089801019701500311

BOOK REVIEWS:

Timmerman, G.M. (2000). [Review of the book The Writer's Workbook: Health Professionals' Guide to Getting Published]. Doody's Nursing and Allied Health Book Review Quarterly, 5(4).

Timmerman, G.M. (1999). [Review of the book Creating Nursing's Future]. Doody's Nursing Book Review Home Page.

Timmerman, G.M. (1999). [Review of the book The Writer's Workbook: Health Professionals' Guide to Getting Published]. Doody's Nursing Book Review Home Page.

Timmerman, G.M. (1998). [Review of the book Lippincott's Need-to-Know Research Survival Guide]. Doody's Nursing Book Review Home Page.

Timmerman, G.M. (1998). [Review of the book Quantitative Nursing Research]. Doody's Nursing Book Review Home Page.

Timmerman, G.M. (1997). [Review of the book Consumer's Guide to Nursing Research]. Doody's Nursing Book Review Home Page.

Timmerman, G.M. (1996). [Review of the book How to Write and Publish Articles in Nursing]. Doody's Nursing Book Review Home Page.

VIDEOS:

Timmerman, G.M. (Producer & Co-author). (2015). Interprofessional Collaborative Practice Competencies. Series of 4 YouTube Videos for training students, preceptors and faculty on the core interprofessional collaborative practice competencies.

Timmerman, G.M. (Producer). (1997). Keeping food diaries [Video]. (Available from Maximizing Health in MS: An Intervention for Women, The University of Texas at Austin, School of Nursing, 1700 Red River, Austin, TX 78701.)

ABSTRACTS:

Timmerman, G.M. (1995). The relationship between binge eating severity and degree of obesity in women. *Dissertation Abstracts International, B 55/07*, 2650.

OTHER SCHOLARSHIP:

RESEARCH PROJECTS:

- | | |
|-------------|--|
| 2013 | <u>Gestational Weight Gain Practices</u> |
| 2013 | <u>Asthma in Central Texas: Living Health with Asthma Pilot (Co-I)</u>
S. Horner (PI) |
| 2006 | <u>Gender Differences in Restaurant Eating Strategies for Weight Management and Barriers to Successful Weight Management Restaurant Eating instruments</u> |
| 2005 | <u>Assessment of Validity and Reliability of Restaurant Eating Strategies for Weight Management and Barriers to Successful Weight Management Restaurant Eating instruments</u> |
| 2005 | <u>Weight Management Strategies for Restaurant Eating</u> |
| 1998 – 1999 | <u>Relationship Between Basic Needs Satisfaction and Emotional Eating.</u> |
| 1996 - 1998 | <u>Weight Management Practices Among Primary Care Providers: A Pilot Study.</u> |
| 1994 - 1998 | <u>Predictors of Successful Life Style Change in Undergraduate Students Using Self-Management.</u> |
| 1996 - 1997 | <u>Assessment of the Validity and Reliability of the Cognitive Consequences of Eating.</u> |

ADDITIONAL TRAINING & DEVELOPMENT

UT Executive Management & Leadership Program – 10 sessions (4 hrs each) hosted by McCombs School of Business, UT Austin, Austin, TX, 1/13/17-5/5/17

Macy Train the Trainer Interprofessional Faculty Development Training Program – 3.5 days University of Washington, Seattle, WA, 1/25/16-1/28/16

Nutrition Data System for Research Training – 15 hours,

PUBLIC SERVICE TO THE NATION, STATE AND COMMUNITY:

Professional Activities

2017-Present	National Academies of Practice
2016-Present	Trustee – Clinical Nurse Specialist Institute
2012 - 2016	Board of Directors (Elected) – National Association of Clinical Nurse Specialists Board Liaison for Research Committee Board Liaison for Legislative & Regulatory Committee
	2012- 2016 2012- 2015 2015-2016
2012 – Present	American Academy of Nursing Health Behavior Expert Panel
2018 – Present	AAN Tobacco Working Group
1996 - Present	National Association of Clinical Nurse Specialists. Abstract Reviewer 2010-2012
2017 – Present	Review Board – <u>Clinical Nurse Specialist Journal</u>
2012 – Present	Review Board – <u>Journal of Nutrition, Education and Behavior</u>
1997 - Present	Review Board - <u>American Journal of Health Behavior.</u>
1997 - Present	Review Board - <u>Western Journal of Nursing Research.</u>
1997 - Present	Texas Nurses Association.
2012- Present	Texas Clinical Nurse Specialists
2006 – Present	The Obesity Society (NAASO)
1994 - 2017	The Society of Behavioral Medicine. Poster Mentor (2) Annual Meeting 2012
2015-2016	Appointed by Texas Higher Education Coordinating Board to the Uniform Pre-Nursing Curriculum Advisory Committee
1996 - 2012	Review Board - <u>Journal of Holistic Nursing.</u>
10/30/07	Society for Women’s Health Research Interdisciplinary Workshop on Behavior and Obesity in Women Across the Lifespan – Invited Participant, Washington DC,

1995 - 1999 Editorial Review Group Chair in Nursing Research for Doody's Nursing and Allied Health Book Review Quarterly.

Consultations

Interprofessional Education Programming with Carly Hutchinson MA, PhD, Director of Communications & Community Relations, Harlem Health Promotion Center, Mailman School of Public Health, Columbia University August 7, 2018.

Interprofessional Education Training Programs for Emergency Department Personnel with Shane O'Banion, MSN, RN, Chief Nurse Emergency Department, Fort Hood, TX, May 2017

Division of Recreational Sports. Review and critique RFP for food venue for Gregory Gym. 2015

Darden Restaurants. Developing educational materials related to healthy restaurant eating for health care providers and their patients. 2014

Data Safety & Monitoring Board: MAPPSS-MS Cognitive Study 2010

Data Safety & Monitoring Board: Enhancing Children's & Parents Asthma Management 2010, 2012

Content Consultation for Diane M Allen, MSN, ANP, BC, CLS, Womack Army Medical Center, NC, Weight management for active duty soldiers in US Army. October, 2012.

Content Expert for Food Portions video for Dr. Heather Becker (PI), Promoting the Health of Cancer Survivors with Pre-Existing Functional Limitations (1R21CA133381), NCI, NIH August 2011.

Content consultation for Alex Garcia on managing weight when eating out (i.e., salad bar skills, fast food tips, best & worst list of foods for Chinese, Mexican & Italian) Fall 2008.

Occupation expert of Clinical Nurse Specialists for the Occupational Information Network, U.S. Department of Labor, July 2007.

Content Expert for Power of Food Scale for Michael Lowe. January, 2007.

Content Expert for instrument on Physical Activity of Mid-life Women for Eun-Ok Im, The University of Texas at Austin, School of Nursing. September, 2006.

Jones & Bartlett Publishers, Book chapter review for *Classroom Skills for Nurse Educators*. January, 2007.

Grant Consultation, Research Methods in Weight Interventions for Dr. Sue Popkess-Vawter, Weight Management Clinical Nurse Specialist, Kansas State University, September, 2005.

Methods in Weight Management Research Consultation for Dr. Judy Bezanson, Asst. Professor Baylor University, TX, May, 2005.

Grant Consultation, Nutritional Measurement for Post-Doc Eileen Fowles, May 2005.

Content Expert for Instrument on Coping with Stress Using Food for Amy Eades, Doctoral Candidate in Health Education and Health Promotion at the University of Alabama, January 2005.

Younger Rehabilitation. Presented Tools for Behavior Change. July, 1999.

Delmar Publishers. Book Reviewer. Reviewed Health Assessment, Whole Person Assessment, and Health Promotion books. November, 1994 - April, 1995.

W.B. Saunders Co. Book Reviewer. Reviewed Health Assessment, July, 1997.

External Promotion Reviewer:

Promotion review for Assistant Professor considered for promotion to Associate Professor with tenure for Boston College 2010

Sigma Theta Tau International Activities:

Epsilon Theta Chapter

- Research Grant Review Committee 2000 - 2001.
- Nominations Committee Chair 1997 - 1999.
- Research Committee Chair 1998.
- Bulletin Board Coordinator 1995 - 1997.
- Bylaws Committee 1996.
- 1999 Research Conference Planning Committee 1998 - 1999.
- Epsilon Chapter: Archivist, 1992 - 1994.
- Awards Committee Member, 1992 - 1993.
- Publicity Committee Member, 1992 - 1993.
- Advisor, 1987 - 1988.
- Membership Committee Member, 1987 - 1991.
- First Vice President, 1986.
- Program Committee Member, 1985 - 1986.
- 1992 Voyage to the Future: International Nursing Research Symposium Marketing Committee, 1989 - 1992.

UNIVERSITY SERVICE

Steering Committee, UT Austin Center for Health Interprofessional Practice and Education
2017-Present

Steering Committee, UT Austin Health Interprofessional Education and Practice
2015-2017

Interprofessional Education Task Force 2012- 2013

Faculty Workload Committee 2018

Recreational Sports Committee 2013-2017
Vice Chair – 2014

Chair – 2015-2017

Faculty Advisory Committee University of Texas Press 2011-2013
Committee on Undergraduate Degree Program Review 2007- 2016
Academy of Distinguished Teachers Selection Committee 2007
Deans' Curriculum Reform Working Committee 2006 - 2007
Faculty Review Committee for Continuing Fellowships 2003-2005
Dean's Evaluation Committee 2001.
Peer Reviewer for Nursing, Allied Health and Other Health-Related Education Grant
program, Texas Higher Education Coordinating Board (2000; 2001).
Reviewer for the Undergraduate Research Fellowship Program, Office of the Vice
President for Research (1999).
Advisor - Association of Nurses in Graduate School (1997 - 1998).
Women's Studies Affiliate.

Dell Medical School (DMS)

DMS Interprofessional Integration Working Group 2015-2016
DMS Sub-Committee on Interprofessional Education Chair 2013-2015
DMS Curriculum Oversight Committee 2013-2014
DMS Self-Study Executive Committee 2014-2015
DMS Search Advisory Committee for Associate Dean for Undergraduate
Medical Education 2014

Doctoral Dissertation Committees:

Committee Chair:

Horton, S. "Factors Influencing Dietary Fat Intake Among Black Emerging Adults."
Graduated 5/15

Kang, S.J. "Healthy eating among Korean Americans." Graduated 5/12

Earvolino-Ramirez, M. "Relationships between job strain, body mass index, background
information variables, and resilience as predictors of job satisfaction among
hospital staff nurses." Graduated 5/09.

Wilkinson, S. "Predictions of exercise relapse in women with coronary artery disease."
Graduated 5/03.

Committee Co-Chair:

Ko, Jisook. "The Predictors of Sodium Intake among Korean Americans with Type 2 Diabetes"
Graduated 12/16

Reigle, B. "The development and testing of the breast self-examination self-efficacy
instrument." Graduated 5/98.

Doctoral Qualifying Exam Chair:

Jisook Ko – Fall 2014
Shalonda Horton – Fall 2011
Sook Jung Kang – Fall 2009
Marie Earvolino-Ramirez – Fall 2007
Wei-Fen Ma – Spring 2004

Sandra Benavides-Vaello – Fall 2003
Judy Criner - Fall 2001
Mary P. King - Spring 2000.

Post-Doctoral Student Co-Sponsor:

Sarah Allison 2003-2004

Undergraduate Research Fellowship Supervisor:

Supervisor for an Undergraduate Research Fellowship (2012): Karen Huang.
“Effect of Sleep Duration on Perceived Deprivation and Preoccupation with Food in UT Undergraduates”

Supervisor for an Undergraduate Research Fellowship (2009): Hilary Smith.
“The Relationship between Basic Needs Satisfaction and Emotional Eating.”

Supervisor for an Undergraduate Research Fellowship (2001): Danica T. Fulbright. "What Demographic Variables Best Correlate to Perceived Success in Managing Food Intake: A Secondary Analysis."

Supervisor for an Undergraduate Research Fellowship (1997 - 1998): Nicole A. Gonzaga.
“The Role of Carbohydrates in Nonpurge Binge Eating Women: A Secondary Analysis.”

Undergraduate Nursing Honor’s Students:

Hilary Smith 2008-2011
Lillian Lin 2011-2012
Karen Huang 2011-2012
Kruti Patel 2013-2015
Christina Goldberg 2014-2017
Grace Skaggs 2017-2020

School of Nursing:

University Accreditation Committee for School of Nursing (Commission on Colleges of the Southern Association of Colleges and Schools) 2006-present.
Graduate Studies Committee 1994 – Present
Division Chair’s Committee 2000-Present
Freshman Admissions Committee (ex-officio) 2014-present.
Undergraduate Honor’s Program Admission Committee Chair 2006 - 2014
Chair, Undergraduate Curriculum Committee 2002 – 2014
Chair, Facilitators Committee 2002- 2014
Nursing Disaster Committee 2007- 2014
Faculty Advisory Committee 2000 - 2013
Self-Study for Accreditation 2009-2010; 2018-2019
Mid-Term Accreditation 2014-2015
DNP Accreditation 2016-2017
Faculty Mentor - Students Helping Nursing Educators Program 1995 – 2011
Strategic Planning Committee 2006 – 2007; 2011- 2012
Distinguished Dissertation Award Committee 2005 - 2007
Graduate Progression and Admissions Committee 2000 - 2002

Executive Committee 2000 - 2004
Recruitment Committee 2002-2003
Dean's Research Awards Committee 1997-1998
Nominations Committee 1996-1998; 2002-2003
Graduate Curriculum Committee Member 1996-1998; 1999-2000
Graduate Curriculum Committee 1996-1997 (Chair)
 Research Advisory Council 1997-1998
 Vision for the Future of Graduate Nursing Programs Task Force 2015
Pathways Professor 1997-1998
Undergraduate Curriculum Committee 1996-1997
Undergraduate Admissions Committee 1994-1996
Faculty Mentor & Lecturer-Minority High School Nsg Research Experience 1995-1997

Ad Hoc Task Forces & Committees:

DNP Accreditation, 2016-2017 (Chair)
Vision for Graduate Programs Task Force 2014-2015 (Chair)
Bylaws Update Task Force 2014-2015
Undergraduate Curriculum Revision/Freshman Admission Taskforce 2013
Ad Hoc Committee on Faculty Work Load Assignment Guidelines 2007-2008
Synthesis Revision Task Force 2006 - 2008
Chair, Undergraduate Honor's Task Force 2005-2006
Reviewer for Southwest Partnership Center Pilot Proposals 2004-2005, 2006
Ad Hoc Committee on Preceptor Management 2004
Strategic Plan Assessment Task Force 2017, 2003, 1995
Ad Hoc Review Committee for Center for Health Promotion Research Pilot Proposals 2001, 2003
MSN Curriculum Evaluation Task Force 1997 (Chair)

PRESENTATIONS (* Refereed):

INVITED KEYNOTES/LECTURESHIPS

Jennings Lecture: "Weight Gain in Pregnancy." American Congress of Obstetricians and Gynecologists District XI and TOAG Annual Meeting. Woodlands, TX, September 24, 2016.

Invited Keynote: "Preparing CNS Students to Provide Interprofessional. Team-Based Care for Today's Health Care System. Annual Texas Clinical Nurse Specialist Conference: Transforming Today's Health Care. Round Rock, TX, May 29-30, 2015

INTERNATIONAL & NATIONAL

*"Program evaluation of on-line video training for interprofessional collaborative competencies." Timmerman, G.M., Jones, B.J., Young, V., Delville, C.L., Kulkarni-Date, M. Poster presentation. National Academies of Practice Forum, Atlanta, GA, April 14, 2018

*"Video training for Interprofessional Collaborative Competencies: Content Analysis of Reflective Question on Application to Practice." Timmerman, G.M., Jones, B.J., Young, V., Delville, C.L., Kulkarni-Date, M. Poster presentation. National Academies of Practice Forum, Atlanta, GA, April 14, 2018

*"Quality of Life in Patients with Early Stage CKD after Mindful Eating Intervention to Improve Self-Management of Dietary Intake." Timmerman, G.M., Tahir, M., Lewis, R.M., Samoson, D., Temple, H., Forman, M.R. Poster Presentation. National Kidney Foundation 2018 Spring Clinical Meetings, Austin, TX, April 10-14, 2018.

*" The Value of a Trans-Disciplinary Team in Planning the Intervention: Self-Management of Dietary Intake Using Mindful Eating for Persons with Chronic Kidney Disease." Timmerman, G.M., Podium presentation 2018 National Association of Clinical Nurse Specialists Conference, Austin, TX. February 28 - March 3, 2018.

*"Feasibility study of a lifestyle health promotion intervention for school-aged children who have asthma." Horner, S.D., Timmerman, G.M., & McWilliams, B. Podium presentation 2018 National Association of Clinical Nurse Specialists Conference, Austin, TX. February 28 - March 3, 2018.

*"A Mindful Eating Intervention to Improve Self-Management of Dietary Intake for Early Stage Chronic Kidney Disease Patients." Tahir, M.J., Timmerman, G.M., Lewis, R.M., Samoson, D., Temple, H., & Forman, M.R. Poster Presentation. Experimental Biology, Chicago, IL, April 2017.

"Nursing Academy Exemplars of Interprofessional Collaboration." Timmerman, G.M., D'Avolio, D. A., Melnyk, B., & Porter, S. A. Poster presentation. National Academies of Practice Forum, Philadelphia, PA, March, 17, 2017

*"Self-Management of Dietary Intake Using Mindful Eating by Persons with Chronic Kidney Disease: Acceptability of the Intervention." Timmerman, G.M. & Tahir, M. Podium presentation, 2017 Annual Conference National Association of Clinical Nurse Specialists, Atlanta, GA. March 9-11, 2017.

*"Self-Management of Dietary Intake for Persons with Chronic Kidney Disease." Timmerman, G.M., Forman, M., & Tahir, M. Poster session, 2016 Center Directors Meeting, National Institute of Nursing Research, Washington DC, May 2016

*"Improving Interprofessional Collaborative Competencies in First Year CNS Students." Timmerman, G.M., Delville, C.L. Podium Presentation, 2016 Annual Conference National Association of Clinical Nurse Specialists, Philadelphia, PA. March 3-5, 2016.

*"Implementing IPE into the Adult-Gero CNS Curriculum: Student Feedback." Delville, C. L., Timmerman, G. M. & Becker, H. Poster Presentation. 2016 Annual Conference National Association of Clinical Nurse Specialists, Philadelphia, PA. March 3-5, 2016.

*"Inter-professional Community Based Service Projects: Learning by Doing." Delville, C. L., & Timmerman, G. M. Poster Presentation. 2016 Annual Conference National Association of Clinical Nurse Specialists, Philadelphia, PA. March 3-5, 2016.

*"Use of an Observed Structured Clinical Examination for Health Promotion in Clinical Nurse Specialist Education." Cuevas, H & Timmerman, G.M. Poster Presentation. 2016 Annual Conference National Association of Clinical Nurse Specialists, Philadelphia, PA. March 3-5, 2016.

*"Using the iPad-mini to Enhance Adult-Gero Interprofessional Education." Delville, C. L., Joiner-Rogers, G. & Timmerman, G. M. Poster Presentation. AACN's 2016 Master's Education Conference, Houston, TX. February 25-27, 2016.

* Best Practices for Faculty Using iPad-mini to Enhance Interprofessional Education." Delville, C. L., & Timmerman, G. M. Poster Presentation. 2015 Annual Conference National Association of Clinical Nurse Specialists, Coronado Bay, CA March 5-7, 2015. (Abstract).

*"Enhancing Clinical Nurse Specialist Education to Prepare Students for Interprofessional Team-Based Care" Poster Presentation. Timmerman, G.M., Delville, C.L., & Becker, H. 2014 Transforming Health, Driving Policy Conference, American Academy of Nursing. Washington DC, October 16-18, 2014.

*"Obstetricians' Perceived Barriers and Interventions to Managing Gestation Weight Gain." Timmerman, G.M., Walker, L.O. & Brown, C. Poster presentation. 35th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine. Philadelphia, PA, April 23-26, 2014. (Abstract).

*"Developing CNS Students' Coaching Skills for Facilitating Lifestyle Change." Podium presentation. 2013 Annual Conference/CNS: Leading Innovations for Health Care Change. San Antonio, TX. March 7-9, 2013.

*"How to Help Patients Manage Weight: Do You Have a Tool Box of Weight Management Strategies?" Poster Presentation. 2013 Annual Conference/CNS: Leading Innovations for Health Care Change. San Antonio, TX. March 7-9, 2013. (Abstract).

*"Homework for Behavior Change," Poster Presentation. 33rd Annual Meeting & Scientific Sessions of Society of Behavioral Medicine, New Orleans, LA. April 11, 2012. (Abstract).

* "Correlates to Caloric Beverage Consumption," Poster Presentation. 33rd Annual Meeting & Scientific Sessions of Society of Behavioral Medicine, New Orleans, LA. April 11, 2012. (Abstract).

* "Relationships among Nutrient Intake during the 1st Trimester in Low-Income Pregnant Women and Placental Biomarkers." Fowles, E., Walker, L., Timmerman, G., Ruiz, R.J., Wommack, J., Bryant, M., Kim, S. NINR 25th Year Celebration Closing Symposium, Washington DC, October, 2011.

* "Influence of Nutrients on Biomarkers of Placental Development in the 1st Trimester of Pregnancy." Poster presentation. Fowles, E., Ruiz, R.J., Wommack, J., Walker, L., Timmerman, G., Bryant, M., Kim, S.. 2011 AWHONN Convention, Denver, CO, June, 2011.

*"Effectiveness of a Mindful Restaurant Eating Intervention on Weight Management." Poster presentation. Timmerman, G.M., Brown, A., & Mouton, M.S. 32nd Annual Meeting & Scientific Sessions of Society of Behavioral Medicine, Washington DC, April 27-30, 2011. (Abstract).

*“Eating at Fast Food Restaurants and Dietary Quality during the 1st Trimester in Low-Income Pregnant Women.” Poster Presentation. Fowles, E. & Timmerman, G.M. 32nd Annual Meeting & Scientific Sessions of Society of Behavioral Medicine, Washington DC, April 27-30, 2011. (Abstract).

* “Relationships among Maternal Nutrient Intake and Measures of Placental Development during the 1st Trimester in Low-income Pregnant Women.” Poster Presentation. Fowles, E., Bryant, M., Kim, S., Walker, L., Ruiz, RJ, Timmerman, G., & Brown, A. 19th Annual Congress of the American Medical Women’s Association, Washington DC, April 2011.

*“Predictors of BMI in Women with Fibromyalgia,” Poster Presentation. Timmerman, G.M. Calfa, N.A. & Stuifbergen, A. Annual Scientific Meeting of the Obesity Society, Phoenix, AZ, October 3-7, 2008. (Abstract).

*“Factors Influencing Nutrient Intake in Women with Fibromyalgia,” Poster Presentation. Timmerman, G.M. Calfa, N.A. & Stuifbergen, A. 29th Annual Meeting & Scientific Sessions of Society of Behavioral Medicine, San Diego, CA, March 26-29, 2008. (Abstract).

* “A Health Promotion Intervention for Women with Fibromyalgia Syndrome: Preliminary Findings.” Stuifbergen, A., Becker, H., Timmerman, G., Carter, & Phillips, L. Sigma Theta Tau 18th International Nursing Research Congress, Vienna, Austria, July, 2007.

*“Strategies and Barriers to Weight Management When Eating Out: Does Gender Play a Role?” Podium Presentation. Timmerman, G.M. & Earvolino-Ramirez, M. 28th Annual Meeting & Scientific Sessions of Society of Behavioral Medicine, Washington DC, March 21-24, 2007. (Abstract).

“Weight as a Women’s Issue.” Invited Lecture. University of Kansas 7th Annual Conference on the Prevention and Treatment of Overweight & Obese Individuals, Kansas City, MO, September 8, 2005.

* "Restaurant Eating Patterns in Nonpurge Binge Eating Women." Poster Presentation. 26th Annual Meeting of the Society of Behavioral Medicine, Boston, MA, April 13-16, 2005. (Abstract).

*"Rural Mexican American Women: Barriers to Healthy Eating." Poster Presentation. Timmerman, G.M. & Hoke, M.M. 26th Annual Meeting of the Society of Behavioral Medicine in conjunction with the Society for Public Health Education, Boston, MA, April 13-16, 2005. (Abstract).

* “Rural Mexican American Women: Explanatory Models of Eating, Weight & Health.” Paper presentation. Hoke, M.M. & Timmerman, G.M. 38th Annual Communicating Nursing Research Conference-Western Institute of Nursing. San Francisco, CA, April 7-9, 2005.

* “Anatomy of a Binge: How Types of Food and Setting Affect Control in Nonpurge Binge Eating.” Paper Presentation. Allison, S.K. & Timmerman, G.M. 2004 International Conference on Eating Disorders. Orlando, FL, April 29-May 2, 2004.

* “Using Resource Portfolios to Develop CNS Students’ Practice.” Poster Presentation, Timmerman, G.M., Inman, G.I., Mishra, A.L., & Acton, G. J. Renaissance in CNS Practice: Transforming Nursing in the 21st Century. National Association of Clinical Nurse Specialists National Conference, San Antonio, TX, March 10-13, 2004.

* “Predictors of BMI in Nonpurge Binge Eaters and Dieters.” Timmerman, G.M. & Ma, W.F. Poster Presentation. 25th Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD, March 24-27, 2004. (Abstract).

* “Predicting Binge and Mini-Binge Days.” Timmerman, G.M. & Seraphine, A. Poster Presentation. 25th Annual Meeting of the Society of Behavioral Medicine, Baltimore, MD, March 24-27, 2004. (Abstract).

* “Does Perceived Deprivation and Preoccupation with Food Correlate to Caloric and Fat Intake.” Timmerman, G.M., & Gregg, E.K. Poster Presentation, 24th Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, Utah, March 19-22, 2003. (Abstract).

* “Do Low Income Women Attain their Prepregnant Weight by 6th Week of Postpartum?” Poster Presentation, Walker, L.O., Timmerman, G.M., Sterling, B., Kim, M., & Dickson, P. 24th Annual Meeting of the Society of Behavioral Medicine, Salt Lake City, Utah, March 19-22, 2003. (Abstract).

* “Relationships Between Body Image and Depressive Symptoms in Postpartum among Ethnically Diverse, Low Income Women,” Walker, L.O., Timmerman, G.M., Kim, M. & Sterling, B. Poster Presentation, 23rd Annual Meeting of the Society of Behavioral Medicine, Washington DC, April 2002. (Abstract).

* “Correlates of Physical Activity for Women with Multiple Sclerosis,” Becker, H., Stuifbergen, A., & Timmerman, G.M., Poster Presentation, The Society of Behavioral Medicine’s 21st Annual Meeting, Nashville, TN, April 6-8, 2000. (Abstract).

* “Effects of a Health Promotion Intervention on Nutritional Intake of Women with MS,” Timmerman, G.M., Stuifbergen, A., Becker, H., Kremer, C., & Metzler Sawin, E., Poster Presentation, The Society of Behavioral Medicine’s 21st Annual Meeting, Nashville, TN, April 6-8, 2000. (Abstract).

* “Client-Centered Approaches to Weight Management in CNS Practice,” Paper Presentation, Impact of the CNS: Innovation and Creativity. Austin, TX, March 3, 2000.

* “Health and Illness: Educating the CNS at the Millennium,” Clark, A., & Timmerman, G. Paper Presentation, Impact of the CNS: Innovation and Creativity. Austin, TX, March 3, 2000.

“Tools for Behavior Change,” Invited Presentation, Promoting Health and Wellness of Women with Disabilities, San Antonio, TX, August 4, 1999.

* “Weight Management Practices Among Primary Care Providers: A Pilot Study,” Reifsnider, E., Timmerman, G.M., Allan, J., & Walker, L.O. Poster Presentation, National

Organization of Nurse Practitioner Faculties, Savannah, GA, April 16-19, 1998.

* "The Relationship Between Calorie Intake During Binge Days and Calorie Intake During Nonbinge Days in Nonpurge Binge Eating Women," Paper presentation, Sigma Theta Tau International 33rd Biennial Convention. Detroit, MI, November 5, 1995. (Abstract).

* "Predictors for Degree of Obesity in Nonpurge Binge Eating Women: A Women's Health Perspective," Paper Presentation, 1995 North American Congress on Women's Health Issues. Galveston, Texas, October 6, 1995.

* "Predictors for Degree of Obesity in Nonpurge Binge Eating Women," Poster Presentation, The Society of Behavioral Medicine 16th Annual Scientific Sessions. San Diego, California, March 23, 1995. (Abstract).

* "Binge Eating Severity and Degree of Obesity in Women," Poster Presentation, 32nd Biennial Convention Sigma Theta Tau International. Indianapolis, IN, November 30, 1993. (Abstract).

* "Using Meta-analysis for the Advancement of Nursing Knowledge," Symposium Presentation, 1992 International Nursing Research Conference. Columbus, OH, May 19-22, 1992. (Abstract).

* "Binge Eating Severity and Degree of Obesity in Women: A Pilot Study," Poster Presentation, 1992 International Nursing Research Conference. Columbus, OH, May 19-22, 1992.

REGIONAL/STATE

*"Teaching TeamSTEPPS® with an Interprofessional Perspective: Beyond the Power Point." Timmerman, G.M. & Annamalai, V. Podium Presentation. The Texas Clinical Nurse Specialist Conference. Round Rock, TX. June 9-10, 2017.

*"The Future of the Clinical Nurse Specialist Role in Texas." Baker, K., Lowrance, K., Timmerman, G.M., & Gilliland, I. The Texas Clinical Nurse Specialist Conference. Round Rock, TX. June 9-10, 2017.

*"Shifting Priorities to Make Room for Interprofessional Education. Timmerman, G.M., Delville, C.L. Podium Presentation. The Texas Clinical Nurse Specialist Conference. Round Rock, TX. June 10-11, 2016.

*"Teaching TeamSTEPPS® with an Interprofessional Perspective: Beyond the Powerpoint" Timmerman, G.M. & Annamalai, V. Workshop, 2016 Innovations in Health Science Education Annual Conference, Austin, TX, February 18-19, 2016

*"Examining Best Practices for Faculty Using iPad-mini to Enhance Interprofessional Education." Delville, C. L., Timmerman, G. M., & Becker, H. Podium presentation. Annual Texas Clinical Nurse Specialist Conference: Transforming Today's Health Care. Round Rock TX. May 29-30, 2015

*“Year-one Outcomes of Inter-professional Evidenced-based Quality Improvement Community Service Learning Projects: Enhancing Health Professional Education.” Delville, C. L., Timmerman, G. M., Innerarity, S., Simpson, C., Kulkarni-Date, M. Podium presentation Annual Texas Clinical Nurse Specialist Conference: Transforming Today’s Health Care. Round Rock TX, May 29-30, 2015

* “Enhancing Clinical Nurse Specialist Education to Prepare Students for Interprofessional Team-Based Care.” Timmerman, G.M., Delville, C.L., & Becker, H. Poster Presentation. Annual Clinical Nurse Specialist Conference, Round Rock, TX, May 29-30, 2015

*”Homework as a Strategy to Actively Engage Participants and Individualize Health Promotion.” Timmerman, G.M. Poster Presentation. 2015 Southern Nursing Research Society, Tampa, FL, February 26-28, 2015.

*“Using Motivational Interviewing and Goal Setting to Promote Health in School-Aged Children who have Asthma.” Horner, S.D., Timmerman, G., Tyler, D., & McWilliams, B. Poster Presentation. 2015 Southern Nursing Research Society, Tampa, FL, February 26-28, 2015.

“Weight Management in Reproductive & Mid-Life Years.” Invited Podium Presentation. Timmerman, G.M. & Walker, L.O. 2011 AWHONN/Texas Section Conference. Austin, TX, April 8-9, 2011.

* “Correlates to Barriers to Weight Management in Restaurant Settings” Poster presentation. Timmerman, G.M. 35th Annual Research Conference of the Midwest Nursing Research Society, Columbus, OH, March 25-27, 2011.

*”Depression, Stress, Eating Behavior, Emotional Eating and Dietary Quality in the 1st Trimester in Low-Income Pregnant Women.” Fowles, E. & Timmerman, G.M. Paper Presentation. 35th Annual Research Conference of the Midwest Nursing Research Society, Columbus, OH, March 25-27, 2011.

*”Emotional Eating, Binge Eating and Self-Efficacy in Perimenopausal Women.” Barbee, K.G & Timmerman, G.M. Poster Presentation. 2011 Annual Conference Southern Nursing Research Society Conference, Jacksonville, FL, February 16-19, 2011.

* ”A Path Analysis of Psychobehavioral Predictors of Dietary Quality in Low-Income Women in their 1st Trimester of Pregnancy.” Fowles, E., Bryant, M., Kim, S., Walker, L., Ruiz, RJ, Timmerman, G., Brown, A. Poster Presentation. 2011 Annual Conference Southern Nursing Research Society Conference, Jacksonville, FL, February 16-19, 2011.

* “Exploration of Explanatory Models of Health & Weight and Stages of Change Within Rural Mexican American Women.” Hoke, M.M., Timmerman, G.M., & Robbins, L.K. Poster Presentation The 5th Annual Texas Conference on Health Disparities, Texas Center for Health Disparities. Fort Worth, TX, May 27-28, 2010

* “Emotional Eating in Mexican American Women,” Timmerman, G.M. & Juarez, A.,

Poster Presentation, Southwest Partnership Center Nursing Health Disparities Research, New Mexico State University, Las Cruces, New Mexico, September 13, 2007.

* "Correlates of Emotional Eating in Nonpurge Binge Eating Women," Timmerman, G.M., Haertel, L.C. & Fulbright, D., Poster Presentation, Southern Nursing Research Society, San Antonio, TX, February 7-9, 2002.

* "Weight Management Practices Among Primary Care Providers," Timmerman, G.M., Reifsnider, E., Allan, J., & Fleschler, R., Poster Presentation, Sigma Theta Tau International Regional Conference, Austin, TX, February 6, 1999.

* "Perceived Deprivation and Preoccupation with Food Scales: Assessment of Validity and Reliability," Paper Presentation, 12th Annual Conference of the Southern Nursing Research Society, Fort Worth, TX, February 20, 1998 (Abstract).

* "Perceived Effectiveness of Lifestyle Change Strategies," Timmerman, G.M., Wilkinson, S.S., Sutter, R.R., & Peters, S., Poster Presentation, 11th Annual Conference of the Southern Nursing Research Society, Norfolk, VA, April 12, 1997 (Abstract).

* "Binge Eating Scale: Further Assessment of Validity and Reliability," Paper presentation, 4th International Congress of Behavioral Medicine. Washington, DC, March 13-16, 1996. (Abstract).

* "Examining the Relationship Between Nonpurge Binge Eating Severity and Weight in Women Using the Set Point Theory," Symposium Presentation, 10th Annual Conference of the Southern Nursing Research Society, Miami, FL, March 1, 1996 (Abstract).

* "Binge Eating Severity and Degree of Obesity in Women: A Pilot Study," Poster Presentation, 16th Midwest Nursing Research Society Conference. Chicago, IL, March 28-31, 1992 (Abstract).

* "A Concept Analysis of Intimacy," Paper Presentation, 12th Southeastern Conference of Clinical Specialists in Psychiatric Mental Health Nursing. Gatlinburg, TN, September 6, 1990.

* "Nurse Perception of Supervisor's Communication," Poster Presentation, Miami Valley Hospital Research Symposium. Dayton, OH, October 30, 1987.

* "Nurse Perception of Supervisor's Communication," Poster Presentation, 11th Midwest Nursing Research Society Conference, St. Louis, MO, April 6, 1987 (Abstract).

"Planning Nursing Care for Long Term Patients," Presentation and Consultation, Castle Nursing Homes. Millersburg, OH, February 7, 21 & 28, 1987.

Local:

"Designing Behavioral Health Interventions." Invited Presentation for Health Behavioral Intervention Development Workshop: Nuts & Bolts of Intervention Design and Testing." Center for Transdisciplinary Collaborative Research in Self-Management, Austin, TX, June 4, 2018.

"Mindful Restaurant Eating: How to Eat Out Without Gaining Weight" Invited

Presentation for UT FORUM at the Osher Lifelong Learning Institute. Austin, TX, January 29, 2016.

“Mindful Restaurant Eating: How to Eat Out Without Gaining Weight” Invited Presentation for 2015 Texas Exes Alumni College. Austin, TX, June 12, 2015.

*”Enhancing Clinical Nurse Specialist Education on Caring for Clients with Multiple Chronic Conditions.” Poster Presentation. Meraviglia, M., Timmerman, G., Delville, C. L., Innerarity, S., & Simpson, C. St. David’s CHPR Annual Conference Preventing Chronic Disease Across the Lifespan. Austin, TX, April 1, 2015

“Weighty Issues: Tips for Eating Out Without Gaining Weight” Invited Presentation for UT Women’s Development Group, Austin, TX 1/21/14

“Weighty Issues: Tips for Eating Out Without Gaining Weight” Invited Presentation for Texas Workforce Commission, Austin, TX 1/23/14

“Mindful Restaurant Eating.” St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations Monthly Colloquium Series, Austin, TX, May 3, 2013.

“Effectiveness of a Mindful Restaurant Eating Intervention on Weight Management” Invited presentation for Sigma Theta Tau, Epsilon Theta Chapter Founder’s Day High Tea and Research Presentations. Austin, TX, October, 3, 2012.

“Collecting scholarly productivity information from doctoral students via the advising process,” Becker H, Acton G, Timmerman G, & Hearin S. Poster Presentation. The University of Texas at Austin Assessment Dialogue, Austin, TX. April 17, 2013.

“Weighty Issues: Tips for Eating Out Without Gaining Weight” Presentation for Longhorn Village Health Information Series, Austin, TX, July 9, 2012.

“Weighty Issues: Tips for Eating Out Without Gaining Weight” Invited Presentation for Bites of Wellness Lunch with Health Point. The Campus Club & Pickle Research Center, Austin, TX, May 15 & 30, 2012.

“Relationships Among Depression, Stress, Emotional Eating, and Dietary Quality in Low-Income Pregnant Women,” Fowles, E.R. & Timmerman, G.M. Poster Presentation. Health Literacy: Communicating with Underserved Populations. Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, March 3, 2010.

“Predictors of BMI in Women with Fibromyalgia,” Timmerman, G.M. Calfa, N.A. & Stuijbergen, A. Poster Presentation. Promoting Health in Underserved Populations: Health Disparities from Local to Global. Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, February 18, 2009.

*”Fruit and Vegetable Intake in Women Dieters.” Sook, S.J. & Timmerman, G.M. Poster Presentation. Promoting Health in Underserved Populations: Health Disparities from Local to

Global. Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, February 18, 2009.

“Nutrition Intake in Women with Fibromyalgia” Calfa, N., Timmerman, G.M. & Stuijbergen, A. Poster Presentation. The Central Texas Clinical Research Forum, Clinical Education Center at the University Hospital at Brackenridge, 5/9/08.

“Nutrition Intake in Women with Fibromyalgia” Calfa, N., Timmerman, G.M. & Stuijbergen, A. Poster Presentation. Promoting Health in Underserved Populations: Advancing Healthy Aging. Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, February 6, 2008.

“Weight Management: Tis Always the Season” Lunch Presentation for the Hispanic Faculty and Staff Organization. The University of Texas at Austin. November 27, 2007.

“Emotional Eating in Mexican American Women.” Timmerman, G.M. & Juarez, A. Podium Presentation. Promoting Health in Underserved Populations: Advancing Women’s Health. Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, February 9, 2006.

“Weight Management and Restaurant Eating.” Timmerman, G.M. & Earvolino Ramirez, M.L. Poster Presentation. Promoting Health in Underserved Populations: Advancing Women’s Health. Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, February 9, 2006.

“Emotional Eating and Basic Needs Satisfaction in Mexican American Women.” Timmerman, G.M. & Juarez, A. Poster Presentation. Promoting Health in Underserved Populations: Persons with Chronic and Disabling Conditions, Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, April 7, 2005.

“Dieting Re-Visited: Eating Right for a Healthy Life” Seminar Presentation. Texas Department of Agriculture Wellness Speaker Series. Austin, TX, April 20, 2004.

“Does perceived deprivation and preoccupation with food correlate to caloric and fat intake.” Timmerman, G.M., & Gregg, E.K. Poster Presentation. Promoting Health in Underserved Populations, Center for Health Promotion Research. The University of Texas at Austin, School of Nursing, November 11, 2002.

* “Relationship Between Basic Needs Satisfaction and Emotional Eating,” Poster Presentation, Toward a Healthier Picture, Center for Health Promotion Research Conference, The University of Texas at Austin School of Nursing, Austin, TX, November 10, 2000.

* “Relationship Between Basic Needs Satisfaction and Emotional Eating,” Poster Presentation, Nursing Leadership Through Health Care Research, 1999 Reunion Conference, The University of Texas at Austin, Austin, TX, April 16, 1999 (Abstract).

“Weight Management Practices Among Primary Care Providers,” Research Roundtable. The University of Texas at Austin School of Nursing, Austin, Texas, December 12, 1997.

“Relationship Between Caloric Intake During Binge and Nonbinge Days in Nonpurge Binge Eating Women,” Spring Research Roundtable. The University of Texas at Austin School of Nursing, Austin, Texas, May 15, 1996.

“Women’s Health Perspective Research Tradition: Guiding Research in Women’s Health,” Colloquium Presentation, Women’s Studies 1996 Annual Spring Faculty Colloquium. The University of Texas at Austin, Austin, Texas, April 26, 1996.

"Weight Over the Life Course: A Symposium," School of Nursing, The University of Texas at Austin Research Symposium. Austin, Texas, April 20, 1995.

"Nurse Perception of Supervisor's Communication," Poster Presentation, 16th Annual Center for Nursing Research Spring Research Symposium, College of Nursing, The Ohio State University. Columbus, OH, April 24, 1987.

INTERPROFESSIONAL TEAM PRESENTATIONS:

“Meaningful Interprofessional Community Engagement – Early Approaches and Opportunities.” Pre-Conference Workshop. Luk, J., Young, V., Rodriguez, L., Barrett, N., Garcia, E., Timmerman, G.M., Jones, B. 2018 Annual Innovations in Health Science Education Conference sponsored by The University of Texas Academy of Health Science Education. Austin, TX, February 15-16, 2018.

“A Multifaceted Approach to Faculty Development for Interprofessional Education.” Digital Poster. Richards, D., Luk, J., Jones, B., Timmerman, G., & Young V. The Generalists in Medical Education. Boston, MA, November 2, 2017.

“Starting an Interprofessional Program.” Webinar – Conversations in Interprofessional Practice. Luk, J., Young, V., Timmerman, G.M., Jones, B. Southern Group on Educational Affairs, Interprofessional Education Special Interest Group. Association of American Medical Colleges. September 21, 2017.

*”Foundations of Interprofessional Collaborative Practice: Starting An Innovative, Longitudinal Curriculum for Interprofessional Education.” Jones, B., & Luk, J., Timmerman, G.M., Young, V., & Currin-McCulloch, J. Poster Presentation. The Nexus Summit, National Center for Interprofessional Practice and Education, Minneapolis, MN, August 20-23, 2017.

*”Transformational and Transdisciplinary Curricular Change: A Model of Just-in-Time Continuous Pedagogical Improvement in IPE.” Young, V., Jones, B., & Luk, J., Timmerman, G.M., Phillips, F., Currin-McCulloch, J. Richards, D., Poster Presentation. The Nexus Summit, National Center for Interprofessional Practice and Education, Minneapolis, MN, August 20-23, 2017.

“Collaborating across Campus: Educating Future Health Care Practitioners for Interprofessional Team-Based Care.” Jones, B., Young, V., Timmerman, G.M., & Luk, J. 2017 Innovations in Health Care Delivery Systems McCombs Health Care Symposium. Austin, TX, April 6-7, 2017.

*"Transformational and Transdisciplinary Curricular Change: A Model of Just-in-Time Continuous Pedagogical Improvement in IPE." Jones, B., Timmerman, G.M., Richards, D., Young, V., & Luk, J. Podium presentation. National Academies of Practice Forum, Philadelphia, PA, March, 17, 2017

*"An Innovative, Longitudinal Medical School Curriculum in Interprofessional Education." Jones, B.J., Kulkarni-Date, M., Luk, J., Phillips, F., Timmerman, G.M., Davis, P., Carlson, C., & Sadler, H. Poster session, Annual meeting of the National Academies of Practice, Baltimore, MD, April 2016.

*"Transformative Teams in Healthcare: Evaluation of an Advanced Interprofessional Seminar on Communication and Collaboration. Jones, B.J., Kulkarni-Date, M., Luk, J., Phillips, F., Timmerman, G.M., Davis, P., Carlson, C., & Sadler, H. (2016, April). Poster session presented at the Annual meeting of the National Academies of Practice, Baltimore, MD.

*"Interprofessional Integration: Preparing Future Health Care Practitioners for Collaborative Practice." Luk, J., Timmerman, G.M., Jones, B., & Young, V. 2016 McCombs Health Care Symposium. Austin, TX, April 7-8, 2016.

*"IPE in the Clinic Setting: Optimizing your Clinic and Teaching When you Have Multiple Health Professions Trainees on your Team." Luk, J., Wilkerson, L., Timmerman, G.M., & Young, V. Workshop. Southern Group on Educational Affairs, Rebooting Medical Education Conference, Association of American Medical Colleges, Austin, TX, April 2016

*"Interprofessional Integration at The University of Texas at Austin Dell Medical School." Luk, J., Timmerman, G.M., Jones, B., Young, V. Poster Presentation. 2016 Innovations in Health Science Education Annual Conference, Austin, TX, February 18-19, 2016

*"Lessons in Communication and Teamwork: Can we build a Meaningful, Longitudinal Interprofessional Experience for Health Professionals?" Kulkarni-Date, M., Sadler, H., Luk, J., Jones, B., & Timmerman, G. 2015 International Conference on Communication in Healthcare (ICCH). New Orleans, LA, October 2015

*"A Meaningful Longitudinal Interprofessional Experience for Medical Students in the Clinical Years—Can it be Accomplished?" Small Group Discussion. Luk, J., Jones, B., Koch, K., Phillips, F., Timmerman, G.M., Davis, P., Carlson, C., Kulkarni-Date, M & Sadler, H. AAMC Southern Group on Educational Affairs. Charlotte, NC. April 2015.

*"Inter-professional evidenced-based quality improvement community service learning projects: Enhancing health professional education." Delville, C. L., Timmerman, G. M., Innerarity, S., Simpson, C., & Kulkarni-Date, M. Panel Presentation. The 2015 Innovations in Health Science Education Annual Conference. Austin, TX. February 20, 2015

*"A Meaningful Longitudinal Interprofessional Experience for Medical Students in the Clinical Years—Can it be Accomplished?" Workshop. Luk, J., Kulkarni-Date, M., Jones, B., Phillips, F., Koch, K., Timmerman, G.M., Carleson, C. & Davis, P. The Generalists in Medical

Education Annual Conference: Focus on the Patient: Education for the Future of Healthcare.
Chicago, IL, November 8-9, 2014.

“Creating the Ideal Healthcare Team: Let’s Start with Our Students!” Luk, J., Kulkarni, M., Jones, B., Timmerman, G., Davis, P., & Carlson, C. SIMULATION in Healthcare Training, Walter Reed National Military Medical Center. Galveston, TX, May 2014.

*“UT IP4E: Principles, Potentials, Processes, Practices.” Small Group Discussion (Luk, J., Cox, S., Davis, P., Jones, B., Kulkarni-Date, M., Mankey, C., Phillips, F., Timmerman, G., & Weigle, D.). 9th Annual Innovations in Health Science Education Conference sponsored by The University of Texas Academy of Health Science Education. Austin, TX, February 21-22, 2013.