

Abstract

Large health disparities exist between African Americans and Whites in the United States. Performing health interventions in faith-based settings has proven to be more effective at improving health outcomes among African Americans. Case management has shown to better create health behavior changes among participants than alternative interventions. Thus, this literature review examined the effectiveness of faith-based case management in the African American population. One experimental quantitative study, two quasi-experimental studies and one qualitative case study provided evidence about the effectiveness of faith-based case management in the African American population. The evidence about the effectiveness of this type of intervention was encouraging yet inconclusive. Thus, further research is needed in this area.