

CURRICULUM VITAE

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EDUCATION:

PhD	2008	The University of Texas at Austin, School of Nursing. Austin, Texas.
MSN	1980	University of California at San Francisco, San Francisco, California, Nursing.
WHNP	1980	University of California at San Francisco, San Francisco, California, Women's Health Nurse Practitioner.
BSN	1974	University of California at San Francisco, San Francisco, California.

OTHER:

TTS	2018	Tobacco Treatment Specialist (TTS) Certification, Mayo Clinic, Rochester, MN.
	2016	Cincinnati Children's Medical Center Web-Based Genetics Institute certification

LICENSURE:

Registered Nurse in the State of Texas: License # 585287
Advance Practice Nurse, WHNP

PROFESSIONAL EXPERIENCE:

2016-Present	Clinical Associate Professor, The University of Texas at Austin, School of Nursing, Austin, Texas.
2009 -2015	Clinical Assistant Professor, American University of Beirut Hariri School of Nursing, Beirut, Lebanon
2008 - 2009	Assistant Professor of Clinical Nursing, The University of Texas at Austin, School of Nursing, Austin, Texas.
2003 - 2008	Childbirth Education, Seton Medical Center, Austin, Texas. Kaplan Instructor for NCLEX Review
1994 - 2008	Clinical Instructor, The University of Texas at Austin, School of Nursing, Austin, Texas.

2002 – 2003 WHNP, Volunteer, Austin Perinatal Associates, Austin, Texas.
 2001 - 2002 WHNP, Volunteer, Round Rock Health Clinic, Round Rock, Texas.
 2000 RN, Volunteer, Children's Wellness Center, Del Valle, Texas.
 1996 – 1997 WHNP Planned Parenthood, Austin, Texas.
 1994 - 1995 Staff RN, Maternity Services, Seton Medical Center, Austin, Texas.
 1993 - 1994 Medication Assistant, The University of Texas at Austin, School of Nursing, Austin, Texas.
 1992 - 1994 Staff RN, Maternity Services, St. David's Hospital, Austin, Texas.
 1985 - 1988 Perinatal Clinical Specialist/WHNP, Alta Bates Hospital, Berkeley, California.
 1983 - 1985 Child Health Clinical Specialist, King Fahad Hospital, Riyadh, Saudi Arabia.
 1981 - 1983 Clinical Faculty, American University of Beirut, Beirut, Lebanon.
 Volunteer Lecturer, Associate Degree Program, Hammanah, Lebanon.
 1980 - 1981 WHNP, Private Practice of Drs. Hill and Yogam, Oakland, CA.
 1970 - 1979 Staff RN, Maternity Services (postpartum, L&D), Alta Bates Hospital, Berkeley, CA.

PROJECTS COMPLETED

2017 Global Classroom Curriculum Integration Grant to collaborate between *University of Texas School of Nursing and Moi School of Midwifery, Eldoret, Kenya funded*
 2014 UNFPA Lebanon Workshop *Building Capacity for Family Planning Education and Counseling in Humanitarian Settings*, Chtaura, Zahle, Sidon, Tripoli, Beirut, Lebanon funded by the UNFPA Lebanon
 2013 American University of Beirut pilot on *Implementing Skin to Skin in the Delivery Suite*
 2012 UNFPA Lebanon Workshop *Maternal Morbidity*, Tripoli Lebanon
 Breastfeeding Task force AUBMC
 2011 *Assessment of Iraqi Midwifery Competencies* joint project with Faculty of Health Sciences, funded by the UNFPA Iraq
 Train the Trainers: Teaching Breast Self-Exam with Lebanese Ministry of Public Health
 2010 Hospital Clown Training course
 1984 UNCIF *Breastfeeding Workshop* for healthcare providers in Taif, Saudi Arabia

RESEARCH PROJECTS COMPLETED

2022 (in progress) *Travel Nurse Study*. Austin, Texas
 2014 PI for study on *Pregnant Women's Knowledge about Smoking, Breastfeeding and Breast Cancer*, Beirut, Lebanon
 2011-2012 *Survey of University Smokers' Attitudes Towards a Smoking Cessation Program*. Beirut, Lebanon
 2010 *Making Pregnancy Safer in Lebanon* funded by the Italian Cooperation Beirut, Lebanon
 2007-2008 *Processes Used by Urban Black Women to Prepare for Childbirth: A Grounded Theory*. Austin, Texas
 2006-2007 *Black Women's Preparation for Childbirth from the Perspective of Black Healthcare Providers*. Austin, Texas

PUBLICATIONS- Refereed Articles

- Ricks, T., Abbyad, C., & Polinard, E. (2021). Undoing racism and mitigating bias among healthcare professionals: Lessons learned during a systematic review. *Journal of Racial and Ethnic Health Disparities*. <https://doi.org/10.1007/s40615-021-01137-x>
- Zuniga, J., Garcia, A., Kyololo, B, Hamilton-Solum, P., Kabimba, A., Milimo, B., Abbyad, C., Reid, D., & Chelagat, D., (2021). Increasing utilization of skilled attendants at birth in sub-saharan Africa: A systematic review of interventions, *International Journal of Nursing Studies*. doi: 10.1016/j.ijnurstu.2021.103977.
- Kaddoura, R., DeJong, J., Zurayk, H., Kabakian-Khasholian, T., Abbyad, C., & Mirza, F. (2018). Episiotomy practice in the Middle East: A Lebanese teaching tertiary care center experience. *Women and Birth Journal*. DOI: <https://doi.org/10.1016/j.wombi.2018.07.005>
- Salloum, R.G., Abbyad, C. W., Kohler, R.E., Kratka, A., Oh, L., Wood, K.A. (2015). Assessing preferences for a smoking cessation program in Lebanon: A discrete choice experiment. *Nicotine & Tobacco Research* 17(5), 580-5. doi:10.1093/ntr/ntu188.
- Abbyad, C. (2012). From a distance and up close: Syrian children. *Nursing Children and Young People*, 24, 13.
- Abbyad, C., & Hajj, M. (2011). Effects of smoking on fertility and pregnancy. *Lebanese Journal of Nursing*, 2, 33-36.
- Abbyad, C.(2011). Birthing practices of maternity nurses in Lebanese governmental hospitals. *Lebanese Journal of Nursing*, 2, 37-39.
- Abbyad, C. & Robertson, T. (2011). Black women's preparation for childbirth from the perspective of black healthcare providers. *Journal of Perinatal Education*, 20, 45-53.
- Abbyad, C. (2011). Methodology and methods for studying pregnant black women. *Southern Online Journal of Nursing Research*, 11(1). Retrieved from http://www.resourcenter.net/images/SNRS/Files/SOJNR_articles2/Vol11Num01Art11.html.

Invited, Refereed Presentations at International Conference/Organization Meeting:

- Reid, D. et al. "Development and Collaborations of a Nursing Workgroup within a Bilateral Medical Consortium" presented at the virtual Sigma International Nursing Research Congress July 22-24, 2020.
- Abbyad, C. & Hamilton-Solum, P. "Cross Cultural Experiences: Facilitating Nursing Students' Use of Postpartum Scenarios in Lebanon and Texas." Poster presentation at Sigma's 30th International Nursing Research Congress, July 21, 2019, Calgary, Canada.
- Abbyad, C. & Hamilton-Solum, P. (2019). "Lebanon and Texas: Facilitating Nursing Students' Comfort in Performing Postpartum Assessments." Podium Presentation at Sigma's 30th International Nursing Research Congress, July 21, Calgary, Canada
- Abbyad, C. "Enlisting Student Nurses in a Lebanese National Campaign to Immunize Children Against Polio" Poster presentation Sigma 29th International Nursing Research Congress, July 22, 2018, Melbourne, Australia.
- Abbyad, C., Ahmed, M., El Zein, J. "Pregnant Women's Knowledge about Smoking, Breastfeeding and Breast Cancer." Poster presentation Sigma Theta Tau International, San Juan, Puerto Rico, July 24, 2015.

- Abbyad, C. "Smoking Cessation" Workshop of the AUB School of Nursing Honor Society, Beirut, Lebanon, January 31, 2014.
- Abbyad, C. "Establishing a campus based smoking cessation program in Lebanon." Poster presentation. United Kingdom National Smoking Cessation Conference. London, UK, June 27 & 28, 2013.
- Abbyad, C. "Smoking Cessation" Workshop of the AUB School of Nursing Honor Society, Beirut, Lebanon, September 27, 2013.
- Abbyad, C. "From Idea to Research to Action." Workshop Lebanese Order of Nursing, Beirut, Lebanon, June 2013.
- Abbyad, C. "Developing a Campus Based Smoking Cessation Program." Podium presentation at the Notre Dame University conference on Non-Communicable Diseases: Risk Factors, Prevention and Control-Translating Evidence into Practice. Louaize, Lebanon, May 14-15, 2013.
- Abbyad, C. "University Smokers' Attitudes Towards Smoking." Poster presentation, World Conference on Tobacco or Health. Singapore, March 18-24, 2012 Cessation
- Abbyad, C. "Moving from Traditional to Engaged Teaching Methods in a Nursing Course." Podium presentation at the Second International Conference on Effective Teaching and Learning in Higher Education, Beirut, Lebanon, December 9 & 10, 2011.
- Abbyad, C. "Birthing Practices in Lebanese Governmental Hospitals." Poster presentation at the Lamaze International conference: Steering Change for Safe and Health Birth, Dallas, Texas, September, 2011.
- Abbyad, C. "Educational Needs of Lebanese Maternity Nurses Working in Governmental Hospitals." Podium presentation at the Lebanese Nursing Order First International Conference, Beirut, Lebanon, May 2011.
- Abbyad, C. & Hajj, M. "Effects of Smoking Exposure During Pregnancy: A Literature Review." Podium presentation at the Lebanese Nursing Order First International Conference, Beirut, Lebanon, May 2011.
- Abbyad, C. "Black Healthcare Providers' Perceptions of Ways in Which Black Women Prepare for Childbirth." Poster presentation at the Lamaze International Conference, Phoenix, Arizona, September, 2007.

Presentations at National Conference/Organization Meeting:

- Ricks, T., Abbyad, C., Polinard, E. (2022). Undoing Racism and Bias Among Healthcare Providers: A Systematic Review. Poster Presentation 2022 AWHONN Convention, June 25-29, 2022, Aurora, Colorado
- Abbyad, C. "Birth Stories: Moving Discussion of Perinatal Racism into the Classroom." Panel Discussion National Network of Public Health Institutes 2019 Annual Conference. May 2019, Washington, D.C.
- Abbyad, C. "Racial Bias in a Perinatal Setting" AWHONN Texas State Conference, Poster Presentation AWHONN Texas State Conference August 11, 2018, Corpus Christi, Texas.
- Abbyad, C. "Engaging Nursing Students for Genetic/Genomic Learning" Podium presentation Sigma Nursing Education Research Conference April 20, 2018, Washington, DC.
- Abbyad, C. "Lebanese University Smokers' Attitudes Towards Smoking and Waterpipe Use During Pregnancy" Podium presentation at Southern Nursing Research Society

- Conference, San Antonio, Texas, February, 2014.
- Abbyad, C. & Dumit, N. "Peer Observation." AUB workshop May 2012, Beirut, Lebanon
- Abbyad, C. "Caring for Infants in Health and Disease: Composition of Breast Milk and Benefits of Breast Feeding" Podium presentation, Abbott Workshop, March 29-30, 2012. Beirut Lebanon
- Abbyad, C. "Caring for Infants in Health and Disease: Newborn Exam" Simulation presentation, Abbott Workshop, March 29-30, 2012. Beirut Lebanon
- Abbyad, C. "Use of Clickers in Team Based Learning of Lebanese Nursing Students." Poster presentation at the Contemporary Forums conference: Emerging Technologies in Nursing Education, San Francisco, California, July 2011.
- Abbyad, C. "Breastfeeding Prematures." Podium presentation at the National Collaborative Perinatal Neonatal Network Regional Bi-Annual Meeting, Beirut, Lebanon, April 2011.
- Abbyad, C. "Processes Used by Urban Black Women to Prepare for Childbirth: A Grounded Theory." Podium presentation at Southern Nursing Research Society Conference, Austin, Texas, February, 2010.
- Abbyad, C. "Pregnant Urban Black Women's Experiences of Racism Within and Without the Healthcare System." Podium presentation at the Association of Women's Health, Obstetric and Neonatal Nurses Convention, San Diego, California, June 2009.
- Abbyad, C. "Representation of Middle Class Black Women in the Childbirth Preparation Research Society Conference, Birmingham, Alabama, February 2008.
- Abbyad, C. "Black Healthcare Providers' Perceptions of Ways in Which Black Women Prepare for Childbirth." Poster presentation at Southern Nursing Research Society Conference, Galveston, Texas, February 2007.

Regional Presentations:

- Abbyad, C., Polinard, E., Ricks, T., (2022). "How Racism Affects Birth Outcomes and Maternal Morbidity and Mortality Disparities of Black Mamas." Podium Presentation, 2022 AWHONN Texas State Conference May 19-21, 2022, San Antonio, Texas.
- Abbyad, C., Ricks, T, Polinard, E. "Mitigating Maternal Experiences of Racism: The Case for Doulas" poster presentation, 2022 AWHONN Texas State Conference May 19-21, 2022, San Antonio, Texas.
- Abbyad, C. (2022). "Interpersonal Communication." Podium presentation University of Texas at Austin School of Nursing Healthy Mom Healthy Baby Conference on Thursday, May 19, 2022.
- Abbyad, C. "Sexting Among Teens: Research Sheds New Light." Podium presentation 7th Annual Cultural Inclusion Institute Conference, Racial/Social Justice in Caring for the Most Vulnerable with a Focus on Human Trafficking, Child Abuse and Domestic Violence, April 6-7, 2022 San Antonio, Texas.
- Abbyad, C., Ricks, T, Polinard, E. "Mitigating Maternal Experiences of Racism: The Case for Doulas" poster presentation St. David's CHPR 20th Annual Conference, March 2, 2022 Austin, TX.
- Hamilton-Solum, P. & Abbyad, C. (2019). "Developing a Global Classroom Project: Innovations in Engaging with International Peers" poster presentation at the Kenneth S Shine, MD Academy of Health Science Education Annual Conference, February 21, 2019, Austin, TX.
- Hamilton Solum, P., Chelagat, D., Zuniga, J., Kyololo, B, Garcia, A., Kabimba, A.,

- Abbyad, C., & Milimo, B. (2020). Maternal selection of prenatal care and birthplace in sub-Saharan Africa: A collaborative international systematic review of the literature process, Poster presentation AWHONN Texas State Conference; Healthy People 2020, the health of our state and the state of our health, May, 2020, San Antonio, Texas
- Abbyad, C. "Sensitizing Nursing Students to Implicit Bias in the Perinatal Setting." Poster Presentation AWHONN Texas State Conference. May 2019, Frisco, Texas.
- Crane, C. & Abbyad, C. Nursing Protocol for NAS Infants at St. David's Medical Center NICU. Poster Presentation AWHONN Texas State Conference. May 2019, Frisco, TX.
- Ernst, C. & Abbyad, C. "GirlFest 2018 Sexting Prevention Education Program." Poster Presentation AWHONN Texas State Conference." May 2019, Frisco, Texas.
- Abbyad, C. "Sensitizing Nursing Students to Implicit Bias in the Perinatal Setting." Poster Presentation 6th Annual Cultural Inclusion Institute: Promoting Health and Wellbeing Through Social Justice and Cultural Inclusivity, April 2019, San Antonio, Texas.
- Abbyad, C. & Crane, C. "Establishing A Nursing Protocol For NAS Infants in a Central Texas NICU." Poster Presentation 6th Annual Culture Inclusion Institute: Promoting Health and Wellbeing Through Social Justice and cultural Inclusivity, April 2019, San Antonio, Texas.
- Abbyad, C. & Hamilton Solum, P. "Promoting Cultural Inclusivity Through the Global Classroom." Poster Presentation 6th Annual Culture Inclusion Institute: Promoting Health and Wellbeing Through Social Justice and cultural Inclusivity, April 2019, San Antonio, Texas.
- Ernst, C. & Abbyad, C. "Prevention of Serious Consequences to Teenagers Lured Into Sexting." Poster Presentation 6th Annual Cultural Inclusion Institute: Promoting Health and Wellbeing Through Social Justice and Cultural Inclusivity, April 2019, San Antonio, Texas.
- Hamilton Solum, P. & Abbyad, C. "Developing a Global Classroom Project: Innovations in Engaging with International Peers." Poster presentation Shine Academy, February 2019, Austin, Texas.
- Abbyad, C. "Confronting Black/White Racism in Healthcare: Raising our Collective Consciousness." Roundtable Discussion at the Shine Academy, February 2018, Austin, Texas.
- Abbyad, C. "Preconception Care." Podium presentation MEMA (Middle East Medical Association), May 2012, Beirut, Lebanon
- Abbyad, C. "Use of Blended Learning to Engage Students in Course Material." Podium Presentation at the AUSACE (Arab-US Association of Communication Educators), Conference: Digital & Media Literacy: New Directions, Beirut, Lebanon, October 28-31, 2011.
- Abbyad, C., Farha, R., Al Asmar, S., Khoury, M., & Abi Saad, M. "Educational Needs of Lebanese Maternity Nurses Working in Governmental Hospitals." Poster presentation at the Middle East Medical Assembly Conference, Beirut, Lebanon, April 2011.
- Abbyad, C. "Processes Used by Urban Black Women to Prepare for Childbirth: A Grounded Theory." Poster presentation at the Center for Health Promotion Research Conference, The University of Texas at Austin School of Nursing Austin, Texas, Spring 2009.
- Abbyad, C. "Representation of Middle Class Black Women in the Childbirth Preparation Literature: An Integrative Review." Poster presentation at the Center for Health

Promotion Research Conference, The University of Texas at Austin School of Nursing
Austin, Texas, March 2008.

Abbyad, C. "Illuminating a Nursing Research Project." Podium presentation at
Seton Hospital Nursing Research Workshop, Austin, Texas, April 20, 2007.

Abbyad, C. "Cultural Competence in Perinatal Nursing." Podium presentation at Seton
Hospital Perinatal Outreach Conference, Austin, Texas, February 2007.

Abbyad, C. "Cultural and Literacy Fit of Health Promotion Modules." Poster presentation
at the Center for Health Promotion Research Conference The University of Texas at
Austin School of Nursing, Austin, Texas, March 2006.

Abbyad, C. "Cultural Competence in Nursing." Podium presentation at St. David's Medical
Center and The University of Texas at Austin Spring Diversity Symposium, Austin
Texas, spring 2006.

Abbyad, C. "Middle Eastern Culture Diversity." Podium presentation at Seton Hospital
Perinatal Outreach Conference, Austin, Texas, Spring 2002.

Abbyad, C. "Iraqi Healthcare," Podium presentation at St. Edwards University, Austin,
Texas, Fall and Spring of 2002, 2003.

PROFESSIONAL MEMBERSHIPS:

American Women's Health, Obstetric & Neonatal Nursing (AWHONN)

Texas Nurse Practitioners

Lamaze International

Sigma Theta Tau Chi Iota and Epsilon Theta Chapters

Southern Nursing Research Society (SNRS)

OTHER:

2012 - 2015 Convener undergraduate programs American University Hariri
School of Nursing, Beirut Lebanon

2011 - 2014 Established group smoking cessation program at the American
University of Beirut

2011- 2015 Established prenatal childbirth education classes at the American
University of Beirut Medical Center

List of courses taught over 25-year period

UT at Austin School of Nursing (1992- 2009; 2016- current)

Pre-Nursing

N305 Health Promotion (didactic pre-nursing program)

BSN program

N223 Genetics in Health Care (juniors, seniors BSN program)

N323 Genetics in Health Care (seniors BSN program)

N224 Health Assessment Skills (didactic with skills lab, first year BSN students)

N167P Clinical Nursing Skills Practicum III (seniors BSN program)

N265 Nursing Care of Childbearing Families (didactic BSN program)
N465P& N365P Nursing Care of Childbearing Families Practicum (senior BSN students)
N365P independent study (summer 2017)
N250 Interprofessional Education (senior BSN students)
N365P Nursing Care of Childbearing Families Practicum (junior BSN students)

MSN programs

N281W LeADS: Practicum in Advanced Nursing
N281V LeADS: Practicum in Advanced Nursing
N290J Maternity Nursing Practicum (AEMSN foundation course)
N294P Advanced Practicum in Maternity Nursing (AEMSN)
N394 High Risk Maternity (AEMSN)
N395 Advanced Physiologic Concepts in Maternity Nursing (AEMSN)
Nf284N Genomics Applications in Nursing (AEMSN)
N296K Advanced Health Assessment Clinical (didactic with skills lab, practitioner & CNS students)
N384J Nursing Care of Childbearing & Childrearing Families Practicum (alternate entry/MSN students)
Ns484S Integration of Clinical Nursing Knowledge (alternate entry/MSN students)
N396J Advanced Health Assessment (didactic with skills lab, practitioner & CNS programs)
N592K PCN I: Childbearing Families (didactic for CNS students)

Post Masters

N394 Independent Study (pharmacology for post masters students)

AUB 2009- 2015

BSN program

N304 Nursing Care of the Expectant Family (junior students didactic, simulation lab, clinical maternity).
I developed most of the material for the simulation lab which included delivery room, postpartum, and newborn scenarios. This course was taught using pre-recorded audio enhanced power point presentations in addition to using the team based learning approach.
N306 Nursing Care of Children (junior students didactic and clinical pediatrics).
This course was taught using a blended approach. All “lectures” were audio recorded power points plus online assignments which included posting to the Moodle intranet.
N202 Health Assessment (sophomore students didactic, simulation lab and clinical)
N207 (practicum junior students)

RN to BSN program

N308V Maternal Child Nursing course (RN to BSN students)
N311V Pediatrics Nursing course (RN to BSN students)

MSN program

N501 Role Development in Nursing (guest lecturer on practitioner role)

N502 Foundations of Advance Practice (guest lecturer on women's health)

N522 Principles and Practice of Community Health Nursing (Co-coordinated this graduate course using a blended format).

N511X Evidence Based Maternity Practices (An elective course I developed and taught).

N529D Smoking Cessation as Behavior Modification (An elective course I developed and taught using a blended format).

IDTH227 Guest lecturer on "smoking cessation" in the Medical School curriculum

AUB (1981-1983)—I don't remember the name of the courses but it was the maternity and pediatric courses (didactic with clinical). There was no graduate program at that time.