

CURRICULUM VITAE

Stephanie M. Key
Clinical Assistant Professor
The University of Texas at Austin
School of Nursing
1710 Red River
Austin, TX 78712

Email: skey@mail.nur.utexas.edu
Cell: 512-694-1251
Office: 512-471-8478

EDUCATION

2020	DNP	Texas Tech University Health Sciences Center, Lubbock, TX
1999	MSN	University of Texas School of Nursing, Pediatric Nurse Practitioner, Austin, TX
1994	BA	University of Texas School of Natural Sciences, Biology, Austin, TX

CERTIFICATES AND LICENSURE

2021-Current	Pediatric Mental Health Specialist (PMHS), Pediatric Nursing Certification Board
1999-Current	Pediatric Nurse Practitioner Primary Care, Pediatric Nursing Certification Board
1999-Current	Advanced Practice Registered Nurse with Prescriptive Authority, State of Texas
1996-Current	Registered Nurse, State of Texas
2020	Mental Health First Aid, National Council for Behavioral Health
2020	Master Psychopharmacology Certificate, Neuroscience Education Institute

PROFESSIONAL EXPERIENCE

The University of Texas at Austin, School of Nursing

August 2020-present	Clinical Assistant Professor , Advanced Practice Division
June 2020- July 2025	Chair , Advanced Practice Nursing Division
August 2023-present	Director , Post-Master Option III DNP Program
August 2008-2023	Director , Pediatric Nurse Practitioner Primary Care MSN Program
August 2004-2020	Clinical Instructor , Advanced Practice Division

Clinical Nursing Practice

1999-present	Pediatric Nurse Practitioner , Austin Diagnostic Clinic, Austin, TX
2022	Pediatric Nurse Consultant , Martha Kott, San Antonio, TX
2012-2017	Pediatric Nurse Consultant , Miller & Weisbrod, Dallas, TX
2010	Pediatric Nurse Consultant , Germer, Gertz, Beaman & Brown, Austin, TX
1997-1998	Clinical Teaching Assistant , University of Texas at Austin School of Nursing, Austin, TX
1996-2000	Registered Nurse , Children's Hospital of Austin, Austin, TX

HONORS AND SPECIAL AWARDS

2025	Inducted as Fellow in the American Association of Nurse Practitioners (FAANP)
2023-2026	Luci Baines Johnson Fellowship in Nursing
2022-2023	Dean's Excellence Award for Service, Professional Track Faculty, University of Texas at Austin School of Nursing
2020-2021	Innovation in Teaching Award, University of Texas at Austin School of Nursing
2018-2020	St. David's Foundation Presidential Scholarship, Texas Tech Health Sciences Center School of Nursing

TEACHING ACTIVITIESOrganized Courses

2023-present	DNP Clinical Leadership Seminar I (NRP395T)-Option III
2025	DNP Clinical Leadership Seminar II (NRP395U)-Option III
2025	DNP Clinical Leadership Seminar III (NRP 395V)-Option III
2022-2024	Health Promotion Across Diverse Cultures (N395H)-Option III
2018-present	Child & Adol Psychiatric Mental Health for Primary Care (N394V)
2005-present	Pediatric Primary Health Care I (N394E)
2005-present	Pediatric Primary Health Care I- Clinical (N394F)
2004-present	Pediatric Primary Health Care II (N396U)
2004-present	Pediatric Primary Health Care II- Clinical (N396V)
2005-present	Pediatric Primary Health Care III (N294J)
2005-present	Pediatric Primary Health Care III- Clinical (N494K)
2005	Advanced Pediatric Health & Developmental Assessment (N394C)
2006-2009	Primary Health Care of Adolescents (N295)
2010	Pediatric Clinical Pharmacology & Therapeutics (N395D)
2011-2017	Advanced Pediatric Pathophysiology (N392V)

Invited Guest Lectures

2024	Ethics of Health Care (N321)
2004-present	FNP Primary Health Care I (N396L)
2004-2009	Advanced Health Assessment Clinical (N296K)
2015-2017	Nursing Care of Children & Families (N266)

Student Mentorship**Doctor of Nursing Practice (DNP) Students**

2024-2026	Toshia McKeon: <i>Provider Confidence in ADHD Management: Quality Improvement Initiative</i> Nelofar Nagji: <i>Social determinants of health: Documentation and ICD-10 Coding</i> Amanda Boardman: <i>De-Labeling Penicillin Allergies via Oral Challenge in Pediatric Primary Care</i>
2023-2025	Dawn McElvain: <i>Assessing for sleep disorders in pediatric headache clinic: A quality improvement project</i>
2022-2024	Kristin Roeseler: <i>Forging a Foster-Friendly Facility</i>
2021-2022	Paige Frock: <i>Explore health literacy, acculturation, and conversations about sexual health among Hispanic/Latinx mothers of adolescents aged 12-17 years</i>

Leadership in Diverse Settings (LeaDS) Students

2024	Hannah Coyle & Kathy Tran: <i>Parent and Child Education Program on ADHD</i>
2023	Casey Inman: <i>Prevention Toolkit for Childhood Mental Health Disorders</i>
2021	Kiely Morris: <i>Using the Edinburgh screening tool in primary care to assess for post-partum depression.</i>

Undergraduate Honors Research Students

2024-2025	Janet Truong (Nursing Honors): <i>Impact of Chronic Skin Conditions on the Quality of Life of Children and their Parents: A Literature Review</i>
2023-2024	Travis Toth (CNS Honors Capstone Thesis): <i>Identifying and Measuring Unmet Needs of Parents of a Child with Cancer</i> , second reader
2020-2021	Eena Lin (Polymathic Scholars Honors Program, School of Natural Sciences): <i>Redefining Happily Ever After: Compassionate communication in pediatric palliative care</i> , mentor and second reader

Preceptor Activities

2002 – present	Preceptor for University of Texas School of Nursing graduate students, PNP and FNP students, 90-120 hours/semester
2005-2007	Newborn assessments, Seton Medical Center, University of Texas at Austin School of Nursing, graduate students in Advanced Health Assessment

Other Teaching Activities

2021-2023	APRN-DNP program & course development N2XX BSN-DNP Advanced Leadership Practicum I N2XX BSN-DNP Advanced Leadership Practicum II N2XX BSN-DNP Advanced Leadership Practicum III N2XX BSN-DNP Advanced Leadership Practicum IV N3XX APRN Advanced Practicum
2022-2025	PNP major course revisions with implementation of competency-based education
2017-2018	Mental health course development N394V Child & Adolescent Mental Health
2014	Video 18-month-old well-child visit, Advanced Health Assessment
2005 – 2011	Co-facilitator, Touchpoints conference: Annual conference teaching theory-based model of care to pediatric providers
2005 - 2008	Integration of Commonwealth Grant for mental health in PNP curriculum, National Association of Pediatric Nurse Practitioners

SCHOOL OF NURSING SERVICE**Committees, UT Austin School of Nursing**

2024-2025	Teaching Workload Task Force
2024	Professionalism Task Force
2021 – 2023	BSN-DNP Task Force, Chair
2021 – 2022	Global Health Initiative Committee
2020 - present	Executive Committee, ex officio member-Division Chair
2020 - present	Graduate Studies Committee, ex officio member-Division Chair
2020 - 2021	Graduate Academic Progression Committee (GAPC), School of Nursing
2020 – 2021	“Committee on Committees”
2020	Co-chair
2015-2025	Peer Review Committee
2018-21; 22-23; 24-25	Chair
2011 - 2012	School of Nursing (SON) Star Committee
2015 - 2019	Children’s Wellness Center Advisory Committee
2010 - 2016	Family Wellness Center Advisory Committee

Administrative Service

2023- present	Director, Post-Master Option III DNP Program
2020 – 2025	Division Chair- Advanced Practice Nursing Division
2008 - 2023	Director, Pediatric Nurse Practitioner Primary Care Program

Other Service

2020-2021	Covid-19 vaccination clinic, VaxNow, VAMOS
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2020-2021 AEMSN Graduate Programs Panel Discussion
 2009 Faculty Panel Freshman Interest Group (FIG)

PROFESSIONAL SERVICE ACTIVITIES

National Activities

Pediatric Nursing Certification Board (PNCB)

2025-2026 Appointed to the Job Task Analysis Committee- Pediatric Mental Health Specialist (PMHS)
 2022-2023 Appointed to Job Task Analysis Committee- CPNP-PC
 2024-2026 Appointed as a test item writer for the Pediatric Mental Health Specialist (PMHS) national certification exam

National Association of Pediatric Nurse Practitioners (NAPNAP)

2021-present Appointed to Professional Issues (PI) Committee
 2023-present Co-chair of PI Committee
 2021-2025 Abstract reviewer for the national conference

Regional Activities

2005-present Texas Austin NAPNAP (TANC) Chapter, member
 2019-2021 President-Elect, TANC
 2020-2023 President, TANC

2000-present Texas Nurse Practitioners, member
 2022-24 Legislative Ambassador

Local Community Service

2021, 2016-2019 Del Valle School Sports Physicals
 2015 *Dialysis Darlings* video, Children's Dialysis Clinic of Central Texas
 2014-2019 Explore UT: Annual day-long experience on UT campus for high school students. Role: Event nursing station facilitator for pediatric simulation
 2006-present Volunteer, Leander Independent School District
 2017-2019 Rouse High School, Parent-Teacher-Student Association, VP Membership
 2011-2013, 2021-23 Ronald McDonald House, volunteer
 2010-2016 Advisory Board, *Hand to Hold*, Austin, TX

RESEARCH PROJECTS/GRANTS:

National Institutes of Health (NIH)- under review

Maternal Stress & Health in the First 2 Postpartum Years: Association with Social & Immune Factors

Role: Co-I; PI: L. Walker (\$2,782,751) 2025

University of Texas at Austin, Center for Teaching & Learning, Teaching Innovation Grant
Virtual Reality for Mental Health Mastery in PNP Education
 Role: PI S. Key (\$3000) 2024-25

Johns Hopkins School of Nursing Discovery & Innovation Grant
Pediatric Nurse Practitioner (PNP) Practice - Is it Time to Prepare All PNPs for Dual Certification in Primary and Acute Care?
 Role: Co-I; PI: S. Mudd (\$8450) 2020-2022

American Academy of Nurse Practitioners Foundation
Primary care nurse practitioners' knowledge and practice regarding chronic pain management
 Role: Co-I; PI: D.O. Tyler (\$19,000) 3/2012-12/2012

PUBLICATIONS – Refereed Articles (published or “in press”)

Mentoring Legend: §= with graduate student, ¥= with undergraduate student, ◇= with clinical faculty, δ= interdisciplinary

δ Brown, K., **Key, S.**, Busch, D., Quinn, M., Hawkins-Walsh, E., & Mudd, S.S., Busch, D. (2025). Bridging educational procedural gap via analysis of procedures performed by pediatric nurse practitioners in clinical practice: A cross-sectional survey. *Journal of Pediatric Health Care*, 39(3). <https://doi.org/10.1016/j.pedhc.2024.12.003>

δ Mudd, S.S., Brown, K., **Key, S.**, Quinn, M., Gilbert, G., Hawkins-Walsh, E., & Busch, D. (2024). Analysis of education and previous nursing experience of certified PNPs in the United States. *Journal of Pediatric Nursing*, 77(E62-E66). <https://doi.org/10.1016/j.pedn.2024.03.024>

δ Mudd, S. S., Quinn, M., Busch, D., **Key, S.**, Brown, K., Gilbert, G., & Hawkins-Walsh, E. (2023). Evaluating the practice of pediatric nurse practitioners: Is it time for dual primary and acute care preparation? *Journal of Pediatric Health Care*, 37(1), 74-84. <https://doi.org/10.1016/j.pedhc.2022.08.005>

δ McRae, E.M., Lee, A., **Key, S. M.**, & McNamara, M. T. (2022). NAPNAP position statement on access to care. *Journal of Pediatric Health Care*, 36(4), 388-391. <https://doi.org/10.1016/j.pedhc.2022.04.006>

§◇δ Young, C. C., Simonton, A. J., **Key, S. M.**, Barczyk, A. N., & Lawson, K. A. (2017). Closing in on crisis: Informing clinical practice regarding non-suicidal self-injury in youth. *Journal of Pediatric Health Care*, 31, 334-341. *President's Choice Award* <https://doi.org/10.1016/j.pedhc.2016.10.005>

BOOK CHAPTERS-Invited, Refereed

Young, C. C., & **Key, S.** (2023). Stress and Coping. In J. F. Giddens (Ed.), *Concepts for Nursing Practice* (4th ed). Missouri; Elsevier.

PRESENTATIONS – Invited, Refereed

National:

§§ McElvain, D. Elton, L., Flippo, J., & **Key, S.** *Better sleep, better outcomes: Improving sleep related care in pediatric headache patients.* [Poster Accepted]. Child Neurology Society 54th Annual Conference. Charlotte, NC. October 8-11, 2025

Key, S. *Recorded group video discussion boards in DNP education.* [Poster]. NAPNAP's 46th National Conference. Chicago, IL. March 10, 2025.

Key, S. *Reimagining engagement and innovation in DNP education: Beyond traditional discussion boards.* [Poster]. American Association of Colleges of Nursing (AACN). Doctoral Education Conference, Coronado, CA. January 16, 2025.

Key, S. *Mindfulness and the ADHD brain.* [Poster]. Virtual NAPNAP 42nd National Conference. March 24-27, 2021.

Key, S. *Mindfulness and ADHD in pediatric primary care.* Developmental-Behavioral Mental Health Speed Session. NAPNAP 41st National Conference, Long Beach, CA. March 25-28, 2020. (Conference canceled due to Covid)

Fife, R. & **Key, S.** *Does your clinical preceptor provide for the right pediatric clinical experience?* [Podium]. National Association of Pediatric Nurse Practitioners 34th Annual Conference. Orlando, FL. April 20, 2013.

Tyler, D. O., Adams, M.L., Sonstein, F., Worley, P., & **Key, S.** *Primary care nurse practitioners' knowledge and practice regarding chronic pain management.* National Organization of Nurse Practitioner Faculties 39th Annual Conference. April 11, 2013.

Tyler, D. O., Adams, M.L., Sonstein, F., Worley, P., & **Key, S.** *Primary care nurse practitioners' knowledge and practice regarding chronic pain management.* American Academy of Nursing 39th Annual Meeting, Washington, D.C., October 12, 2012.

Tyler, D.O. & **Key, S.** *Integrating mental health into primary care NP education... without going crazy.* National Organization of Nurse Practitioner Faculty. Washington DC. April 2010.

Regional:

§§ McElvain, D. Elton, L., Flippo, J., & **Key, S.** *Better sleep, better outcomes: Improving sleep-related care in pediatric headache patients.* [Poster]. 7th Annual Interprofessional Health Showcase, The University of Texas at Austin, April 18, 2025. **Awards- 1st Best Interprofessional Project category & 2nd place Best in Quality Improvement category**

¥ Truong, J. & **Key, S.** *Impact of Chronic Skin Conditions on the Quality of Life of Children and their Parents: A Literature Review.* [Poster]. 7th Annual Interprofessional Health Showcase, The University of Texas at Austin, April 18, 2025

Key, S. *Mental health & Psychopharmacology in Pediatrics* [Podium]. ATX NAPNAP. August 27, 2024.

Key, S. *Immunization update: What do we need to know?* [Podium]. Texas Nurse Practitioner Spring Pharmacology Conference. April 24, 2024.

§§ Balasa, E., Codispoti, M., Munthali, K., **Key, S.**, Torrey, S., & Balasa, A. [Poster]. *Utilization of anti-seizure medications in a pediatric population at Kamuzu Central Hospital, Lilongwe, Malawi*. University of Texas at Austin, Interprofessional Health Showcase. April 19, 2024.

§§ Roesler, K. & **Key, S.** [Poster]. *Forging a foster-friendly facility: Quality Improvement project*. [Poster]. University of Texas at Austin, Interprofessional Health Showcase. April 19, 2024.

Key, S. *Nurse Practitioners as Providers*. [Podium]. HOSA, University of Texas at Austin. February 22, 2024.

Key, S. Alphabet Soup of Skin Conditions and Rashes in Children [Podium] Healthy Mom-Healthy Baby Conference, Austin, Texas, United States. May 18, 2023.

Key, S. *Changing perspectives of ADHD management in primary care*. [Virtual presentation] Texas Nurse Practitioner 33rd Annual Fall Conference. September 25, 2021.

Key, S. *What's up with immunizations?* [Virtual presentation] Texas Nurse Practitioner Spring Pharmacology Conference. April 24, 2021. (Invited)

Key, S. *ADHD pearls for the school nurse*. [Podium] University of Texas School of Nursing Kid's First Conference. Austin, TX. January 7, 2019.

Key, S. *Mental health in pediatric primary care*. [Podium] 31st Annual Texas Nurse Practitioner Conference. Austin, TX. September 6, 2019.

Key, S. *ADHD from childhood to adulthood: Evidence-based diagnosis and management*. [Podium]. TNP Primary Care & Pharmacology Conference. San Antonio, TX. April 13-14, 2018.

Barganski, N., **Key, S.**, & Darden, Q. *Care coordination: Fostering communication between primary care and specialty care*. [Poster] Texas Tech Health Sciences Center. Lubbock, TX. November 2018.

§**Key, S.**, Young, C. C., & Simonton, A. *Non-Suicidal Self-Injury (NSSI) in Youth: Evidence-Based Practice Guidelines for the Primary Care Provider*. [Podium]. Texas Nurse Practitioner Annual Conference, Austin, TX. September 7-10, 2017.

Key, S. *Immunization update*. [Podium]. Texas Nurse Practitioner Spring Pharmacology Conference. San Antonio, TX. April 23, 2016.

Other Press:

Mindfulness and the ADHD brain. Clinical Advisor. March 29, 2021.