

CAROLYN S. PHILLIPS, PhD, MSN, RN

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EDUCATION

Postdoctoral Research Fellow	Dana-Farber Cancer Institute/Harvard Medical School, Boston, MA	2019-2021
PhD, Nursing	The University of Texas at Austin, School of Nursing, Austin, TX <i>RWJF Future of Nursing Scholar</i>	2016-2019
MSN, Acute Care Nurse Practitioner concentration	University of New Mexico, College of Nursing, Albuquerque, NM	2009-2011
BSN	The Johns Hopkins University, School of Nursing, Baltimore, MD	2001-2002
BS, Biology and Religious Studies; Minor: Philosophy	Doane University, Crete, NE	1996-2000
	<i>Internship</i> , Medical Ethics Department, Vanderbilt University, Nashville, TN	Spring 2000
	<i>International Study</i> , Religious Studies, Tantur Ecumenical Institute, Jerusalem, Israel	Fall 1997

PROFESSIONAL EMPLOYMENT

Academic Positions

The University of Texas at Austin, School of Nursing, Austin, TX 2021-present
Assistant Professor, Holistic Adult Health Division

Clinical Positions

New Mexico Cancer Care Associates, Santa Fe, NM 2012-2016
Founder and Director, Community Nursing Research Center Pilot Program
Advanced Oncology Certified Nurse Practitioner

University of New Mexico Cancer Research and Treatment Center, Albuquerque, NM 2008-2012
Oncology Certified Registered Nurse

University of New Mexico Gynecology Oncology Outreach Clinic, Santa Fe, NM 2005-2011
Clinical Nurse Coordinator; Oncology Certified Registered Nurse

New Mexico Cancer Care Associates, Santa Fe, NM 2004-2008
Oncology Certified Registered Nurse; Nurse Manager

University of New Mexico Hospital, Albuquerque, NM 2004-2005
Oncology Certified Registered Nurse

American Mobile Healthcare Travel Nursing, Atlanta, Georgia 2003-2004
Registered Nurse

Oregon Health and Science University, Portland, OR 2002-2003
Registered Nurse

HONORS & AWARDS, FELLOWSHIPS, AND SCHOLARSHIPS

Title	Dates
Honors & Awards	
Editor's Pick Selection, "Hidden in plain sight: A scoping review of professional grief in healthcare and charting a path for change," <i>Health Services Insights</i> . Chosen by the editorial staff to be featured for outstanding quality and relevance.	2026
Dean's Excellence in Research Award	2026
Top 25 Outstanding Texas Nurses, Texas Nursing Association	2025
Nightingale Award, Consortium of Multiple Sclerosis Centers	2025
Dean's Excellence in Scholarship Award	2025
Dean's Excellence Teaching Reduction Award	2024
Faculty Mentor for "Top Student Poster" Award for "The Power of Storytelling: A Novel Curriculum Strategy to Re-engage Physician Interns, Residents, and Fellows in the Art of Medicine." Poster Presentation at Kenneth I. Shine MD Academy of Health Science Education 2024 Innovations in Health Science Education. Students: Johnna Wellesley, University of Texas Medical Branch (Bioethics PhD Student), Ava McGuire and Aleesa Asaria, UT Austin (Undergraduate Students).	2024
Excellence in Publication Award, Dana-Farber Cancer Institute (Publication: A Systematic Review and Meta-Analytic Evaluation of Moral Distress in Oncology Nurses)	2023
Excellence in Communication Award, The University of Texas at Austin (Collaboration Between Songs for the Soul, Inc. and School of Nursing. Project title, "Songs for the Soul: A Call and Response During COVID-19 for Graduating Nurses)	2020
Community Outreach Award, Central Texas Oncology Nursing Society	2020
Outstanding Dissertation of the Year, The University of Texas at Austin, School of Nursing	2020
Paula Major Lectureship Award, Society of Gynecologic Nurse Oncologists	2020
Publisher of the Year, Central Texas Oncology Nursing Society	2019
Professional Development Award	2018
Professional Development Award	2017
Oncology Nurse of the Year, Central Texas Oncology Nursing Society	2017
Department Honors, Passed with Distinction, UNM College of Nursing	2011
Graduate Academic Achievement Award, UNM College of Nursing	2011
Fellowships	
Dolores V. Sands in Nursing Research Fellowship	2026-2027
Mittelman Integrative Health Fellowship, Dana-Farber Cancer Institute	2019-2021
Robert Wood Johnson Foundation, Future of Nursing Scholar Award	2016-2019
Graduate School Fellowship, The University of Texas at Austin	2017-2019
Lee Hage Jamail Endowed Excellence Fund in Nursing Fellowship, The University of Texas at Austin, School of Nursing	2016-2017
Scholarships	
American Cancer Society Doctoral Scholarship	2018
Oncology Nursing Society Foundation Research Doctoral Scholarship	2017
Central Texas Oncology Nursing Society Scholarship	2017
P.E.O. Continuing Education Scholarship	2010
Sue Daulton General Nursing Scholarship, UNM College of Nursing	2010

RESEARCH GRANTS

Funded					
Project Title (PI)	Role	Agency, Grant #	Awarded Amount	Award Period	Purpose
Strengthening Teen Brain Resilience Using Music (STRUM) During Radiation	Co-I	National Cancer Institute/R34	\$1,328,495	2026-2029	To assess the feasibility of a 10-week <i>virtual</i> active MT intervention—STRUM: <u>Supporting Teen Brain</u>

Therapy: A Pilot Feasibility Trial (PI: Bennett)					Resilience Using Music—during RT.
Feasibility of the Optimized Music-4-MS Intervention for People with Multiple Sclerosis	PI	National Institute of Nursing Research/R21	\$430,884	2026-2028	The primary goal of the study is to evaluate the feasibility of the optimized Music-4-MS as a manualized eHealth intervention.
Music-4-MS Optimization Study (PI: Phillips)	PI	Moritz Center for Societal Impact	\$50,000	2025-2026	The objective of this project is to optimize <i>Music-4-MS</i> , an innovative, 12-week, music-based cognitive rehabilitation intervention designed to address the critical gap in cognitive care for people living with multiple sclerosis.
Medical Music Intervention (MPI: Rochlen & Phillips)	MPI	Moritz Center Arts & Humanities	\$25,000	2025-2026	The objective is to evaluate the feasibility of a novel, music-based intervention, called “Medical Music” which entails musical performances by Austin-based musicians and facilitated discussions led by members of our team.
STRUM: Supporting Teen Resilience Using Music During Cancer Treatment	Co-I	Music Man Foundation's Meredith Wilson Pilot Research Project	\$20,000	2025-2026	To determine the feasibility and acceptability of a virtual music therapy (ukulele) intervention to support adolescent resilience during cancer treatment.
Music-4-MS Optimization Study (PI: Phillips)	PI	International Organization of Multiple Sclerosis Nurses	\$5,000	2025-2026	The objective of this project is to optimize <i>Music-4-MS</i> , an innovative, 12-week, music-based cognitive rehabilitation intervention designed to address the critical gap in cognitive care for people living with multiple sclerosis.
Storytelling Through Music with Adolescent and Young Adult Cancer Family Dyads in Palliative Care	PI	Dean’s Excellence Teaching Reduction Award for Tenured/ Tenure-Track Faculty	Course Buy-out	Fall 2024	The purpose of this randomized controlled pilot study is to evaluate Storytelling Through Music intervention to facilitate adaptive coping with emotions in adolescent and young adult cancer family dyads in palliative care.
Storytelling Through Music: A Novel Approach to Improve Well-being Among Homeless Service Providers (MPI: Phillips & Thurman)	MPI	Moritz Center for Societal Impact; Good Neighbors Grant	\$10,000	2024-2025	To understand the feasibility and preliminary effect of implementing “Storytelling Through Music” with homeless service providers to address work-related emotions, secondary traumatic stress, and retention.
Feasibility Study of the Storytelling Through Music Intervention with Bereaved Parents (Phillips)	PI	Center for Health Promotion Research (CHPR)	\$25,000	2023-2025	To evaluate the feasibility of implementing a six-week multi-dimensional intervention, Storytelling Through Music, with parents

					of children who have died from cancer.
A Randomized Controlled Trial of Ukulele Playing Compared to Music Listening to Improve Cognition in People with Multiple Sclerosis: A Feasibility Study (Phillips)	PI	The University of Texas at Austin, School of Nursing, Summer Research Award	\$16,000	2023	To determine the feasibility of an online musical training intervention (ukulele) for people with multiple sclerosis and explore the potential effect on cognition, psychosocial, and functional well-being compared to an active control group (music listening).
Outcome Measurement and Psychosocial Context of Family Caregivers' Financial Well-Being (Hebdon)	Co-I	Family Well-being Research Network (FAMNet)	\$24,943	2023-2024	To examine the impact of financial interventions for family caregivers; understand the psychosocial context of family caregivers' financial well-being; and develop a conceptual model of financial well-being for family caregivers to guide intervention development and outcome measurement.
A Dual Role: Nurses as Family Caregivers (MPI: Hebdon & Phillips)	MPI	Sigma/Hospice and Palliative Nurses Foundation	\$9,961.38	2021-2023	To understand the emotional and financial impact of balancing the dual role as nurse and family caregiver.
An Arts-based Intervention with Healthcare Workers: Storytelling Through Music To Address Work-Related Emotions (AWARENESS Trial) (Phillips)	PI	Mittleman Foundation	\$50,000	2020-2023	To evaluate the feasibility of implementing an online version of Storytelling Through Music with oncology nurses.
A Pilot Study to Evaluate the Feasibility of Storytelling Through Music to Improve Well-being in Oncology Nurses (Phillips)	PI	American Cancer Society Doctoral Scholarship	\$30,000	2018-2020	To evaluate the feasibility of implementing Storytelling Through Music with oncology nurses.
A Pilot Study to Evaluate the Feasibility of Storytelling Through Music to Improve Well-being in Oncology Nurses (Phillips)	PI	Cain Excellence Dissertation Award	\$5,000	2018-2019	To evaluate the feasibility of implementing Storytelling Through Music with oncology nurses.
A Pilot Study to Evaluate the Feasibility of Storytelling Through Music to Improve Well-being in Oncology Nurses (Phillips)	PI	Central Texas Oncology Nursing Society Dissertation Award	\$5,000	2018-2019	To evaluate the feasibility of implementing Storytelling Through Music with oncology nurses.
A Pilot Study to Evaluate the Feasibility of Storytelling Through Music to Improve Well-being in Oncology Nurses (Phillips)	PI	Hogg Foundation for Mental Health: Frances Fowler Wallace Memorial for Mental Health Dissertation Award	\$1500	2018-2019	To evaluate the feasibility of implementing Storytelling Through Music with oncology nurses.
A Qualitative Evaluation of the Oncology Nurses' Professional Grief (Phillips) Experience	PI	Sigma Theta Tau, Epsilon Theta Chapter	\$750	2017-2018	To understand the emotional trajectory for oncology nurses coping with cumulative death.
Pilot Program: Community Nursing Research Center (Phillips)	PI	SVH Support Grant For Innovative Ideas In Healthcare Award	\$200,000	2015-2016	To implement a nursing research center in a community cancer center.

Santa Fe, NM					
The Early Implementation of an Ovarian Cancer Survivorship Care Plan (Phillips)	PI	Office of Graduate Studies Research Grant, University of New Mexico, Albuquerque	\$750	2010-2011	To evaluate a novel survivorship care plan implementation strategy for women with ovarian cancer.
Pending Funding, Scored					
My Music to Improve Cognitive Functioning in Women with Breast Cancer (PI: Henneghan)	Co-I	American Cancer Society		2026-2028	The overall objective of this project is to determine the efficacy of our <i>optimized</i> intervention protocol (“My Music”) for improving cognitive functioning compared to an attention control condition.
Research Training					
A Multisite Trial of a Cognitive Rehabilitation Intervention for Persons with MS (MPIs: Stuifbergen & Becker)	GRA	National Institute for Nursing Research (R01NR014362)		2013-2019	To evaluate the efficacy of the MAPSS-MS cognitive rehabilitation intervention in improving the overall neuro-cognitive functioning of persons with M.S. living in three Texas cities.
Center for Transdisciplinary Collaborative Research in Self-Management Science (PI: Kim)	GRA	National Institute for Nursing Research (P30NR015335)		2014-2018	To provide an infrastructure dedicated to trans-disciplinary collaborative research among investigators in nursing and other disciplines to improve self-management science.
Biobehavioral Contributors to Cognition in Breast Cancer Survivors (PI: Henneghan)	GRA	National Institute for Nursing Research (F31NR015707)		2016-2017	To explore modifiable factors (stress, social isolation, physical inactivity, sleep disturbance, inflammatory cytokines) that may contribute to cognitive function following breast cancer chemotherapy
Assessing Native American Policy for Biospecimen Collection (PI: Damron)	RA	Robert Wood Johnson Foundation Health Policy Fellowship		2013-2014	To understand the contextual factors influencing biospecimen collection with people of Native American heritage.
Not funded, Scored					
Storytelling Through Music to Enhance Emotion Regulation and Confront Burnout in Nurses (PI: Phillips) <i>[1st submission: Score=48; 38th percentile]</i>	PI	National Center for Complementary and Integrative Health/ R01	\$3,631,800	2026-2031	The primary objective is to evaluate the efficacy of the STM eHealth intervention for reducing burnout among nurses, compared to an attention control group (song-guided expressive writing workbook) and a control group (educational handout).
My Music to Improve Cognitive Functioning in Women with Breast Cancer (PI: Henneghan) <i>[Score=37]</i>	Co-I	National Center for Complementary and Integrative Health/ R01		2025-2030	The overall objective of this project is to determine the efficacy of our <i>optimized</i> intervention protocol (“My Music”) for improving cognitive functioning compared to an attention control condition.

PUBLICATIONS

Peer-reviewed manuscripts (N=45; First author: n=25; Co-author: n=20)

* Data-based publication; § Student co-author

45. *§Eggert, S. and **Phillips, C.S.** (Accepted). Educational Experiences and Professional Role Transition Challenges of Second-Degree Nursing Students: A Systematic Review. *Journal of Nursing Practice*.
44. *§Thomas Hebdon, M.C., Dupree, G., Kwak, J., Sinay, K., **Phillips, C.S.** (Accepted). The Financial and Emotional Impact of Double-Duty Caregiving on Nurses: A Cross-Sectional Study. *Online Journal of Issues in Nursing*.
43. *§**Phillips, C. S.**, Morris, S. E., Rodriguez, E., Hebdon, M., Morris, J., Morgan, B., Singh, M., Maestro, A., & Gruber, C. (in press). Bereaved parents' experiences of virtual Storytelling Through Music: A qualitative analysis. *Journal of Pain and Symptom Management*.
42. *§**Phillips, C. S.**, Ha, R., Dhillon, S., & Stuijbergen, A. (2026). Space to grieve and grow: A systematic review of psychosocial interventions for people newly diagnosed with multiple sclerosis. *Multiple Sclerosis and Related Disorders*, 114, 107883. [https://www.msard-journal.com/article/S2211-0348\(26\)00918-1/fulltext](https://www.msard-journal.com/article/S2211-0348(26)00918-1/fulltext)
41. *§Thomas Hebdon, M. C., Patten, A., Alshahwan, S., & **Phillips, C. S.** (2026). The psychosocial experience of financial well-being for family caregivers: A grounded theory analysis. *Journal of Pain and Symptom Management*, 71(6), e1204–e1205. [https://www.jpsmjjournal.com/article/S0885-3924\(26\)00703-7/fulltext](https://www.jpsmjjournal.com/article/S0885-3924(26)00703-7/fulltext)
40. *§**Phillips, C. S.**, Kim, J., Becker, H., Kesler, S. R., Freeman, L., Ha, R., & Stuijbergen, A. (in press). Music-4-MS to improve cognition and psychosocial well-being in people living with multiple sclerosis: A randomized controlled pilot study. *International Journal of Multiple Sclerosis Care*.
39. *§**Phillips, C. S.**, Woods, H., Thomas Hebdon, M. C., & Robinson, A. (2026). The role of listening to nurse-focused songs to cope with work-related emotions in oncology nurses: An exploratory study. *Arts & Health*, 1–12. <https://doi.org/10.1080/17533015.2026.2666593>
38. *§**Phillips, C. S.**, Thurman, W., Seales, E., & Robison, A. (2026). Storytelling through music: An approach to improve well-being among social workers employed in homeless services. *Journal of Social Distress and Homelessness*, 1–15. <https://doi.org/10.1080/10530789.2026.2639348>
37. *§Thomas Hebdon, M. C., Dupree, G., Hernandez, J., Gallagher, V., **Phillips, C.**, Patten, A., Peterson, N., & Thomas, M. (2026). Employment and financial experiences in millennial family caregivers. *Frontiers in Public Health*, 14, Article 1670668. <https://doi.org/10.3389/fpubh.2026.1670668>
36. *§Becker, H., Mikan, S. Q., **Phillips, C. S.**, & Haack, I. (2026). Oncology nurses' perceptions of providing care to adults with developmental disabilities in outpatient settings. *Clinical Journal of Oncology Nursing*, 30(2), 125–132. <https://doi.org/10.1188/26.CJON.125-132>
35. *§**Phillips, C. S.**, Im, C. R., Trainum, K., & Thomas Hebdon, M. C. (2025). Modifiable protective strategies and system-level predictors of professional quality of life in oncology nurses: A secondary analysis. *SAGE Open Nursing*, 11, 23779608251407811. <https://doi.org/10.1177/23779608251407811>
34. *§**Phillips, C. S.**, Morris, S. E., Young, C. C., Thomas Hebdon, M. C., Robinson, A., Bailey, C., Lippe, M., & Davis, A. (2025). Chemo chair conversations: A qualitative study of how life and death influence oncology nurses' well-being and professional care. *Seminars in Oncology Nursing*, 42(1), Article 152061. <https://doi.org/10.1016/j.soncn.2025.152061>
33. *§Thomas Hebdon, M. C., **Phillips, C. S.**, Patten, A., Doyon, K., Gray, T., Wan, S., Johnson, L., Phan, C. T., Pottepal, V., Ravandi, D., & Fischer, S. (2025). Financial interventions for family caregivers: A scoping review. *BMJ Supportive & Palliative Care*. Advance online publication. <https://doi.org/10.1136/spcare-2025-005834>
32. *§Becker, H., Mikan, S. Q., **Phillips, C. S.**, & Haack, I. (2025). Oncology nurses' perceptions of participation in clinical trials among patients with developmental disabilities. *Journal of Oncology Navigation & Survivorship*, 16(11).

31. *§Kim, J., Kim, J., & **Phillips, C.** (2025). Technology-based music interventions in older adults: Feasibility, benefits, and future directions: A scoping review. *Geriatric Nursing*, 65, 103494. <https://doi.org/10.1016/j.gerinurse.2025.103494>
30. *§**Phillips, C. S.**, Dupree, G., Kwak, J., & Thomas Hebdon, M. C. (2025). A qualitative study exploring the experience of double-duty nurse caregivers. *Western Journal of Nursing Research*, 47(9), 836–843. <https://doi.org/10.1177/01939459251348135>
29. *§**Phillips, C. S.**, Kim, J., Ganesh, A., & Stuifbergen, A. M. (2025). Impact of active versus receptive music interventions on psychosocial and neurological outcomes in people with multiple sclerosis: A systematic review. *Journal of Integrative and Complementary Medicine*, 31(10). <https://doi.org/10.1089/jicm.2024.0588>
28. *§**Phillips, C. S.**, Trainum, K., & Thomas Hebdon, M. C. (2025). Hidden in plain sight: A scoping review of professional grief in healthcare and charting a path for change. *Health Services Insights*, 18, 11786329251344772. <https://doi.org/10.1177/11786329251344772>
27. *§Franco-Rocha, O. Y., Wheldon, C. W., **Phillips, C. S.**, Patel, M., Whittaker, T. A., Kesler, S. R., & Henneghan, A. M. (2025). A cross-sectional analysis of psychosocial mediators between discrimination and health-related quality of life among sexual and gender minority cancer survivors. *Psycho-Oncology*, 34(4), e70154. <https://doi.org/10.1002/pon.70154>
26. *§**Phillips, C. S.**, Morris, S. E., Woods, H., Mazzola, E., Xiong, N., Young, C., Stuifbergen, A., Hammer, M., & Ligibel, J. (2026). A randomized controlled feasibility study to evaluate the online delivery of Storytelling Through Music with oncology nurses. *Cancer Nursing*, 49(4), 290–301. <https://doi.org/10.1097/NCC.0000000000001441>
25. *§**Phillips, C. S.**, Morris, S. E., Rodriguez, E., Woods, H., Hebdon, M., Choi, E., Morris, J., Morgan, R. B., Moorjani, D., Luttrell, J., Gruber, C., Schroder, A., Umberson, D., & Mao, J. J. (2025). Storytelling through music with parents whose children have died from cancer: A randomized controlled feasibility trial. *Psycho-Oncology*, 34(4), e70143. <https://doi.org/10.1002/pon.70143>
24. **Phillips, C. S.**, & Davidson, K. L. (2024). Song for my soul. *Journal of Palliative Medicine*, 27(12), 1677–1678. <https://doi.org/10.1089/jpm.2024.0296>
23. *§**Phillips, C. S.**, Hebdon, M., Cleary, C., Ravandi, D., Pottepal, V., Siddiqi, Z., Rodriguez, E., & Jones, B. L. (2024). Expressive arts interventions to improve psychosocial well-being in caregivers: A systematic review. *Journal of Pain and Symptom Management*, 67(3), e229–e249. <https://doi.org/10.1016/j.jpainsymman.2023.11.026>
22. *§**Phillips, C. S.**, Bockhoff, J., Berry, D. L., Buchbinder, E., Frazier, A. L., LaCasce, A., Ligibel, J., Luskin, M. R., Woods, H., & Knoerl, R. (2023). Exploring young adults' perspectives of participation in a mindfulness-based music therapy intervention before and during the COVID-19 pandemic. *Journal of Adolescent and Young Adult Oncology*, 12(4), 569–576. <https://doi.org/10.1089/jayao.2022.0090>
21. *§Knoerl, R., Mazzola, E., Woods, H., Buchbinder, E., Frazier, L., LaCasce, A., Luskin, M. R., **Phillips, C. S.**, Thornton, K., Berry, D. L., & Ligibel, J. (2023). Exploring influencing factors of anxiety improvement following mindfulness-based music therapy in young adults with cancer. *Journal of Music Therapy*, 60(2), 131–148. <https://doi.org/10.1093/jmt/thac017>
20. *§Eche, I. J., **Phillips, C. S.**, Alcindor, N., & Mazzola, E. (2023). A systematic review and meta-analytic evaluation of moral distress in oncology nursing. *Cancer Nursing*, 46(2), 128–142. <https://doi.org/10.1097/NCC.0000000000001075>
19. ***Phillips, C. S.**, Volker, D. L., & Jones, B. L. (2022). Storytelling through music to facilitate meaning reconstruction and address psychosocial stress in oncology nurses. *Music and Medicine*, 14(3), 139–151. <https://doi.org/10.47513/mmd.v14i3.866>
18. §Thomas Hebdon, M. C., Phan, C. T. T., **Phillips, C.**, Wan, S., Doyon, K., Gray, T., Johnson, L. A., Pottepal, V., & Fischer, S. M. (2022). Financial interventions for family caregivers of individuals with chronic illness: A scoping review protocol. *BMJ Open*, 12(8), e061667. <https://doi.org/10.1136/bmjopen-2022-061667>

17. §Thomas Hebbon, M. C., Phan, C. T., **Phillips, C.**, Wan, S., Doyon, K., Gray, T., Johnson, L., & Fischer, S. M. (2022). Ethical and policy implications of financial burden in family caregivers. *Journal of Hospice & Palliative Nursing*, 24(5), E226–E232. <https://doi.org/10.1097/NJH.0000000000000887>
16. *§Knoerl, R., Mazzola, E., Woods, H., Buchbinder, E., Frazier, L., LaCasce, A., Li, B. T., Luskin, M. R., **Phillips, C. S.**, Thornton, K., Berry, D. L., & Ligibel, J. A. (2022). Exploring the feasibility of a mindfulness-music therapy intervention to improve anxiety and stress in adolescents and young adults with cancer. *Journal of Pain and Symptom Management*, 63(4), e357–e363. <https://doi.org/10.1016/j.jpainsymman.2021.11.013>
15. *§**Phillips, C. S.**, Becker, H., & Gonzalez, E. (2021). Psychosocial well-being: An exploratory cross-sectional evaluation of loneliness, anxiety, depression, self-compassion, and professional quality of life in oncology nurses. *Clinical Journal of Oncology Nursing*, 25(5), 530–538. <https://doi.org/10.1188/21.CJON.530-538>
14. *Henneghan, A. M., Becker, H., **Phillips, C.**, & Kesler, S. R. (2021). Sustained effects of mantra meditation compared to music listening on neurocognitive outcomes of breast cancer survivors: A brief report of a randomized controlled trial. *Journal of Psychosomatic Research*, 150, 110628. <https://doi.org/10.1016/j.jpsychores.2021.110628>
13. Knoerl, R., **Phillips, C. S.**, Berfield, J., Woods, H., Acosta, M., Tanasijevic, A., & Ligibel, J. (2021). Lessons learned from the delivery of virtual integrative oncology interventions in clinical practice and research during the COVID-19 pandemic. *Supportive Care in Cancer*, 29(8), 4191–4194. <https://doi.org/10.1007/s00520-021-06174-0>
12. **Phillips, C. S.**, & Wood, H. L. (2021, April 1). A musical approach to cope with psychosocial stress. *American Nurse Today*. <https://www.myamericannurse.com/a-musical-approach-to-cope-with-psychosocial-stress/>
11. ***Phillips, C. S.**, Volker, D. L., Becker, H., & Davidson, K. L. (2021). Storytelling Through Music to improve well-being in oncology nurses: A feasibility study. *Cancer Nursing*, 44(6), 473–481. <https://doi.org/10.1097/NCC.0000000000000836>
10. *Becker, H., Andrews, E. E., Walker, L. O., & **Phillips, C. S.** (2021). Health and well-being among women with physical disabilities after childbirth: An exploratory study. *Women's Health Issues*, 31(2), 140–147. <https://doi.org/10.1016/j.whi.2020.10.007>
9. *Walker, L. O., Becker, H., Andrews, E. E., & **Phillips, C. S.** (2021). Adapting a health behavioral change and psychosocial toolkit to the context of physical disabilities: Lessons learned from disabled women with young children. *Disability and Health Journal*, 14(1), 100977. <https://doi.org/10.1016/j.dhjo.2020.100977>
8. *Stuifbergen, A., Becker, H., **Phillips, C.**, Horton, S., Morrison, J., & Perez, F. (2021). Experiences of African American women with multiple sclerosis. *International Journal of MS Care*, 23(2), 59–65. <https://doi.org/10.7224/1537-2073.2019-068>
7. ***Phillips, C. S.**, Volker, D. L., Davidson, K. L., & Becker, H. (2020). Storytelling Through Music: A multidimensional expressive arts intervention to improve emotional well-being of oncology nurses. *JCO Oncology Practice*, 16(4), e405–e414. <https://doi.org/10.1200/JOP.19.00748>
6. ***Phillips, C. S.**, Ko, J., Porter, J., & Becker, H. (2020). Does receipt of a survivorship care plan enhance survivors' knowledge of cancer history? A retrospective study. *Journal of Oncology Navigation & Survivorship*, 11(3).
5. ***Phillips, C. S.**, & Volker, D. L. (2020). Riding the roller coaster: A qualitative study of oncology nurses' emotional experience in caring for patients and their families. *Cancer Nursing*, 43(5), E283–E290. <https://doi.org/10.1097/NCC.0000000000000734>
4. ***Phillips, C. S.**, & Becker, H. (2019). Systematic review: Expressive arts interventions to address psychosocial stress in healthcare workers. *Journal of Advanced Nursing*, 75(11), 2285–2298. <https://doi.org/10.1111/jan.14043>
3. *Henneghan, A. M., **Phillips, C. S.**, & Courtney, A. (2018). We are different: Young adult survivors' experience of breast cancer. *The Breast Journal*, 24(6), 1126–1128. <https://doi.org/10.1111/tbj.13128>

2. **Phillips, C. S.** (2018). Songs for the soul: The use of storytelling through music to address burnout. *Advanced Practitioner Society for Hematology and Oncology Advance*, 5–8.
1. **Phillips, C. S., & Welcer, B.** (2017). Songs for the soul: A program to address a nurse's grief. *Clinical Journal of Oncology Nursing*, 21(2), 145–146. <https://doi.org/10.1188/17.CJON.145-146>

Manuscripts under review (N=10)

- *§Thomas Hebdon, M.C., Patten, A., Moorjani, D., Alshahwan, S., Phillips, C.S. Financial Well-Being in Family Caregivers: A Grounded Theory Analysis. *Global Qualitative Nursing Research*
- *§**Phillips, C.S.**, Orusa, P., Lippe, M., Davis, A., Ferrell, B. When Faculty Carry Grief: An Arts-Informed Approach to Palliative and End-of-Life Nursing Education. *Nurse Educator*.
- *§**Phillips, C.S.**, Young, C.C., Crawford, M., Lewis, K., Kesler, S.R. Emotional and Organizational Factors in Nurse Well-Being: A Cross-sectional Study. *Journal of Nursing Management*.
- *§Patten, A.B., Thurman, W., Johnson, K.E., **Phillips, C.S.**, Seales, E.M., Adeteye, D. Exploring Food Insecurity in the Context of Adults Experiencing Homelessness or Insecure Housing in the U.S. and Canada: A Scoping Review.
- *§**Phillips, C.S.**, Wallingford, G., Jorgensen, T., Maharaj-Riddell, S., Krause, J., Rochlen, A. Live Music for Reflection, Connection, and Well-Being in Academic Nursing: Feasibility Study. *Nursing Education Perspectives*.
- Kwak, J., Oppong, K.D., Handique, S., Garcia, A., **Phillips, C.S.**, Stayer, S., Kvale, E.A. Surrogate Decision-Making During Hospital Care Transitions for Persons with Dementia: Role of Palliative Care. *BMC Geriatrics*.
- *§**Phillips, C.S.**, Becker, H., Schroder, A., Scott, L., Bolstroff, K., Ha, R., Kesler, S.R., Freeman, L., Stuitbergen, A.M. Optimizing a Home-Based Music Learning Intervention for People with Multiple Sclerosis: Findings from a User-Centered Qualitative Study. *Journal of Medical Internet Research*.
- *§Thurman, W., **Phillips, C.S.**, Eggert, S., Brown, M., Patten, A.B. The Sustained Impacts of a Storytelling Through Music Intervention on Emotional Regulation and Professional Well-Being: A Qualitative Study. *Arts & Health*.
- *§**Phillips, CS**, Eggert, S., Murray, N., Young, CC. Training for the Emotional Demands of Nursing: A Systematic Review of Interventions to Teach Emotion Regulation Strategies. *Journal of Professional Nursing*.
- *§Thomas Hebdon, M., Patten, A., Alshahwan, S., **Phillips, C.S.** Financial Status, Burden, and Family Caregiver Flourishing: A Cross-Sectional Analysis. *Journal of Hospice and Palliative Nursing*.

Published Abstracts

11. *§**Phillips CS**, Kesler SR, Becker H, Freeman L, Kim J, Ha R, Schroder A, Stuitbergen AM. Music-4-MS: A Randomized Controlled Feasibility Study to Enhance Psychosocial Well-Being and Cognition in Individuals with Multiple Sclerosis. (2025). *International Journal of MS Care*; 27(1_suppl): 77.
10. *§Franco-Rocha OY, Wheldon CW, **Phillips CS**, Patel M, Whittaker T, Kesler SR, Henneghan AM. Psychosocial Mediators of Discrimination's Impact on Health-related Quality of Life Among Sexual and Gender Minority Cancer Survivors. (2025). *Supportive Care in Cancer*.
9. ***Phillips CS**, Morris SE. Storytelling Through Music: A novel intervention for parents of children who have died from cancer. (2025). *Psycho-oncology*. 2025;34(S1):e70088. <https://doi.org/10.1002/pon.70088>
8. *Mikan, S., Becker, H., **Phillips, C.S.** (2024). Oncology nurses' assessment of providing equitable care for patients with developmental disabilities. *JCO Oncology Practice*; 20(10_suppl): 164. Doi: 10.1200/OP.2024.20.10_suppl.164

7. *§**Phillips, C.S.**, Morris, S., Rodriguez, E., Woods, H., Hebdon, M., Choi, E., Morris, J., Morgan, B., Jorgensen, T., Ravandi, D., Moorjani, D., Kesler, S., Jones, B., and Umberson, D. (2024). Feasibility Study Examining Storytelling Through Music with Bereaved Parents of Children with Cancer (RP212). *Journal of Pain and Symptom Management*, 67(5): e761. doi:<https://doi.org/10.1016/j.jpainsymman.2024.02.423>
6. *§**Ravandi, D.**, Cleary, C., Pottepal, V., Siddiqi, Z., Hebdon, M, **Phillips, C.S.** (2023). Exploring the Use of Expressive Arts to Promote Psychosocial Well-being in Caregivers of People with Cancer: A Systematic Review. *Oncology Nursing Forum*, 50(2), P358. doi:10.1188/23.ONF.E2
5. ***Phillips, C.S.**, Becker, H., Volker, D.L. (2020). Collective Suffering in Isolation: Use of Storytelling Through Music Intervention to Decrease Loneliness Among Oncology Nurses. [Podium Abstract]. *Proceedings of the Oncology Nursing Society Congress, Oncology Nursing Forum*, 47(2), E56 DOI: 10.1188/20.ONF.E56.
4. *Walker, L., Becker, H., Andrews, E., **Phillips, C.S.** (2020). Lessons Learned in Modifying a Health Promotion Behavioral Change Tool for Mothers with Disabilities. [Poster Abstract] *Annals of Behavioral Medicine*, 54(Suppl 1): S1-S827.
3. ***Phillips, C.S.** (2018). Expressive Arts Interventions Used to Address Psychosocial Stress Among Healthcare Professionals: A Systematic Review. [Podium Abstract]. *Virginia Henderson Repository*, Identification number: INRC18P03.
2. **Phillips, C.** (2017). Songs for the Soul: A Program to Address Nurses' Grief. [Podium Abstract]. *Proceedings of the Oncology Nursing Society Congress, Oncology Nursing Forum*, 44(2), 24.
1. *Haroz, E., Madrid, M., **Phillips, C.**, Haozous, E. (2017). A Systematic Review of Oral Care Protocols and Recommendations to Prevent Oral Mucositis in Patients Undergoing Cancer Treatment. [Poster Abstract]. *Proceedings of the Oncology Nursing Society Congress, Oncology Nursing Forum*, 44(2), 181.

Editorials

1. Wright, M., Morse, B., **Phillips, C.S.**, Muir, J., Manges, K., Bernstein, S., and White, A. (2020). "Concerned Nurses Ask: Are We Heroes or Expendable?" *Ms. Magazine*, editorial. <https://msmagazine.com/2020/12/19/nurses-coronavirus-pandemic-strike/>

Book Chapters

2. Damron, B.I. and **Phillips, C.** (2015). Current and Emerging Legislative Topics in Cancer Research and Practice. In B.I. Damron & J. Phillips, (Eds.), *Cancer and Health Policy: Advancements and Opportunities* (pp. 395-450), Pittsburgh, PA: Oncology Nursing Society.
1. Judson, P. and **Phillips, C.** (2008). Renal Cell Carcinoma. In: R. Gates & R. Finks (Eds.), *Oncology Nursing Secrets* (pp. 336-339). St. Louis, MO: Mosby Elsevier.

PRESENTATIONS

Invited Presentations

16. **Phillips, C.S.** Music as Medicine: The Healing Brain and the Space Between. Own Your Own Universe, non-profit foundation, Women's Retreat, Martindale, TX, 2026.
15. **Phillips, C.S.** Palliative Care Nursing Faculty Burnout & Fulfillment: The Role of Storytelling Through Music in Promoting Emotional Insight. End-of-Life Nursing Education Consortium, National Webinar, 2025.
14. **Phillips, C.S.** New York Pediatric Palliative Care. Monthly educational series. New York, 2025.
13. **Phillips, C.S.** "Tuning in to Emotions: The Use of Storytelling Through Music to Process Grief and Loss." Faculty Development and Leadership in Palliative Care Workshop: For Undergraduate and Graduate Faculty, Portland, OR, 2025.

12. **Phillips, C.S.** “Storytelling Through Music: A Legacy Project for Grieving Families.” COPE Foundation/Pinelawn Memorial Park, Farmingdale, NY, 2024. [Virtual Grief Workshop].
11. **Phillips, C.** and Fink, C. “Therapeutic Applications of the Ukulele.” Strathmore UkeFest, Bethesda, MD, 2023.
10. **Phillips, C.** “Storytelling Through Music: A Celebration of Compassion and Reconnection to Meaning and Purpose,” 26th Annual Nurse Leaders & Managers Conference. Saint Anselm College, Manchester, NH, 2022.
9. **Phillips, C.** “Storytelling Through Music: A Renewal of Our Healing Spirits by Transforming Stories into Song,” 11th Annual Holistic Nursing Conference. Saint Anselm College, Manchester, NH, 2022.
8. **Phillips, C.** and Marcotte, C. Keynote Speaker. “Songs for the Soul Goes to Maine: Use of Storytelling Through Music to Address Professional Grief Among an Interdisciplinary Gynecology Oncology Team.” Paula Major Award Lectureship at the Society of Gynecology Nurse Oncologists, virtual conference, 2022.
7. **Phillips, C.** Keynote speaker: “Tuning in to Emotions: The Use of Storytelling Through Music to Improve Well-being in Oncology Nurses,” Southern Maine Oncology Nursing Society, Portland, ME, 2021.
6. **Phillips, C.** Invited speaker. “Exploring the Effects, Challenges, and Future Directions of Implementing a Multi-Dimensional Intervention with Professional Caregivers.” CHPR Colloquium Series, Austin, TX, 2021.
5. **Phillips, C.** Invited Speaker: “Tuning in to Emotions: The Use of Storytelling Through Music to Improve Well-being in Oncology Nurses,” Southeast Institute for Innovation in Palliative and Supportive Care at the University of Alabama at Birmingham, Birmingham, AL, 2020.
4. **Phillips, C.** Featured Speaker: “From Cowgirl’s Lament to Campfire Song.” 9th Annual Cowtown Oncology Symposium, Fort Worth, TX, 2019.
3. **Phillips, C.** Invited Speaker: “A Pilot Study to Evaluate Storytelling Through Music to Improve Well-being in Oncology Nurses, The University of Texas at Austin, School of Nursing, Advisory Council Meeting, Austin, TX, 2018.
2. **Phillips, C.** Keynote Speaker: “Songs for the Soul: Celebrating Compassion Through Storytelling and Music.” Society of Gynecology Nurse Oncologists, 35th Annual Symposium, Albuquerque, NM, 2018.
1. **Phillips, C.** and Rowden, M. Invited Speaker: “Songs for the Soul: Arts in Medicine Breakout Session”, 11th Annual Bioethics Conference, Santa Fe, NM, 2017.

International Presentations

*Data-Based; §Denotes student co-author

11. Lin, L., Ayers, K. ... **Phillips, C.S.**, Young, C.C. From Self-Care to Shared Culture: A Scalable Model to Promote Wellness and Belonging in Nursing. Oral Presentation. Creating Health Work Environments 2026. Washington, D.C.
12. *§Franco-Rocha OY, Wheldon CW, **Phillips CS**, Patel M, Whittaker T, Kesler SR, Henneghan AM. Psychosocial Mediators of Discrimination’s Impact on Health-related Quality of Life Among Sexual and Gender Minority Cancer Survivors. MASCC/ISOO 2025 Annual Meeting. Seattle, WA.
10. *§Wellesley, J.P., McGuire, A., Asaria, A., **Phillips, C.S.**, Jorgensen, T. “The Power of Storytelling: A Novel Curriculum Strategy to Re-engage Physician Interns, Residents, and Fellows in the Art of Medicine.” Everything That Makes Us Human: The Potentials of the Medical Humanities. Virtual Podium Presentation. May 2024. Cairo, Egypt.
9. *Thomas Hebdon, M. C., Cuevas, H., Hernandez, J., Thurman, W., Zuniga, J., & **Phillips, C.** Financial well-being among diverse populations: Measurement, related factors, and lived experiences. ICN Congress. Poster Presentation. July 2023. Montreal, CA.

8. *§Pottapelli, V, Ravandi, D, Siddiqi, Z., George, S., Vishnoi, A., **Phillips, C.S.**, Kwak J. and Hebdon, M. “Balancing Dual Role Caregiving: The Experiences of Being a Nurse and Family Caregiver.” ICN Congress. Podium Presentation. July 2023. Montreal, CA.
7. Pozzar, R., Dunnack Yackel, H., Hammer, M., Eche, I, **Phillips, C.S.**, Cooley, M.E., Tsai, R., Eicher, M., Witt, C.M., Canella, C., Colomer-Lahiguera, S., Ribi, K., Giacomini, S., Lê Van, K. “Multinational and multilingual codebook thematic analysis: Methodological challenges and mitigation strategies.” Multinational Association of Supportive Care in Cancer. Poster presentation. Toronto, Canada, 2022.
6. *§Pfeiffer, K., Cunningham, T., and **Phillips, C.S.** “Supporting Organizations Supporting Nurses: Pandemic Post-traumatic Growth. ICN Congress. Virtual Conference, 2021.
5. ***Phillips, C.S.** “Storytelling Through Music: Finding Meaning Through Writing and Song to Address Grief in Oncology Nurses.” Podium presentation at the International Association of Music & Medicine, Boston, MA, 2020.
4. ***Phillips, C.S.** “A Pilot Study to Evaluate the Impact of Storytelling Through Music on Well-being in Oncology Nurses.” Podium presentation at the 16th Annual International Conference, Society of Integrative Oncology, New York, NY, 2019.
3. ***Phillips, C.** “Expressive Arts Interventions Used to Address Psychosocial Stress Among Healthcare Professionals: A Systematic Review.” Podium presentation at the 29th International Nursing Research Congress, Sigma Theta Tau International, the Honor Society of Nursing, Melbourne, Australia (*abstract accepted but not presented*), 2018.
2. ***Phillips, C.** “A Holistic Nursing Approach to the Implementation of a Survivorship Care Plan in Women with Ovarian Cancer.” Podium presentation at the International Integrative Nursing Symposium, Reykjavik, Iceland, 2015.
1. ***Phillips, C.** “No More Sticky Notes: The Early Implementation of an Ovarian Cancer Survivorship Care Plan.” Podium presentation at the International Society of Nurses in Cancer Care Conference, Prague, Czech Republic, 2012.

National presentations

26. *§**Phillips, C.**, Gay, C., Spell, S. When Fathers Grieve: A Case Series Exploring a Music-Based Intervention after the Death of a Child to Cancer. American Psychosocial Oncology Symposium, New Orleans, Louisiana, 2026.
25. *§Nelson, C. and **Phillips, C.** The Sounds of Burnout and Growth: A Qualitative Analysis of Songs Created by Oncology Nurses and Community Songwriters. American Psychosocial Oncology Symposium, New Orleans, Louisiana, 2026.
24. *§Thomas-Hebdon, M., Patten, A., Alshahway, S., **Phillips, C.S.** The Psychosocial Experience of Financial Well-Being for Family Caregivers: A Grounded Theory Analysis. Poster Presentation. Annual Assembly of Hospice and Palliative Care. San Diego, California, 2026.
23. *§**Phillips, C.S.**, Schroder, A., Scott, L., Bolstorff, K., Ha, R., Becker, H., Kesler, S.R., Freeman, L., Stuijbergen, A. Optimizing a Music-Based Cognitive Intervention for Individuals With Multiple Sclerosis. Oral Presentation. Southern Nursing Research Symposium. Austin, Texas, 2026.
22. *§Thomas-Hebdon, M., Patten, A., Alshahway, S., **Phillips, C.S.** Financial Status, Burden, and Family Caregiver Well-Being: A Cross-Sectional Analysis. Gerontology Society of America. Boston, MA, 2025.
21. *§**Phillips CS**, Kesler SR, Becker H, Freeman L, Kim J, Ha R, Schroder A, Stuijbergen AM. Music-4-MS: A Randomized Controlled Feasibility Study to Enhance Psychosocial Well-Being and Cognition in Individuals with Multiple Sclerosis. Consortiums of Multiple Sclerosis Centers. Phoenix, AZ, 2025.

20. **Phillips, C.S.**, Morris, S.E. “Storytelling Through Music: A novel intervention for parents of children who have died from cancer” as part of the “Expanding Views of Pediatric Legacy” symposium presentation. American Psychosocial Oncology Symposium, Pittsburgh, PA, 2025.
19. Thomas-Hebdon, M.C., **Phillips, C.S.**, Doyon, K., Gray, T., Wan, S., Johnson, L., Patten, A., Phan, C.T., Pottepal, V., Ravandi, D., Fischer, S.M. Financial Interventions for Family Caregivers: A Scoping Review. Family Caregiving Conference. Pittsburgh, PA, 2024.
18. Divin, C., Young, C., **Phillips, C.S.** “Respect for Self, Others, and Place: A Comprehensive Framework to Guide Burnout Prevention and Promote a Thriving Workforce in Healthcare.” The 4th Biennial National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus, OH, 2024.
17. Mikan, S., Becker, H., **Phillips, C.S.** “Oncology nurses’ assessment of providing equitable care for patients with developmental disabilities.” Poster Presentation, ASCO Quality Care Symposium, San Francisco, CA, 2024.
16. *§**Phillips, C.S.**, Morris, S., Rodriguez, E., Woods, H., Hebdon, M., Choi, E., Morris, J., Morgan, B., Jorgensen, T., Ravandi, D., Moorjani, D., Kesler, S., Jones, B., and Umberson, D. “Feasibility Study Examining Storytelling Through Music with Bereaved Parents of Children with Cancer.” American Academy of Hospice and Palliative Care Medicine, State of the Science Conference, Phoenix, AZ, 2024.
15. *§Cheongin, I., Clifford, N.E., Hebdon, M., **Phillips, C.S.** "Mobile Health (mHealth) Interventions for Colorectal Cancer (CRC) Survivors: A Systematic Review." National Comprehensive Cancer Network (NCCN) Annual Conference, Poster Presentation, Orlando, FL, 2024.
14. *§Ravandi, D., Cleary, C., Pottepal, V., Siddiqi, Z., Hebdon, M., **Phillips, C.S.** “Exploring the Use of Expressive Arts to Promote Psychosocial Well-being in Caregivers of People with Cancer: A Systematic Review.” Oncology Nursing Society, Poster Presentation, San Antonio, TX, 2023.
13. ***Phillips, C.S.** and Hebdon, M. (2023). “Well-Being of Nurses Who are Family Caregivers: The Impact of Dual Role Caregiving.” SIGMA : Creating Healthy Work Environments. Rapid Results Podium Presentation. Austin, TX, 2023.
12. *Young, C., **Phillips, C.S.**, and Divin, C. “Growing a Culture of Wellness at The University of Texas at Austin School of Nursing.” Poster Presentation, The 3rd Biennial National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus, OH, 2022.
11. Parekh De Campos, A., Rosa, B., Levoy, K., and **Phillips, C.S.** “Emerging Insights in Palliative Care Practice and Policy.” RWJF Future of Nursing Final Convening. Bonita Springs, FL, 2022.
10. *Walker, L., Becker, H., Andrews, E., and **Phillips, C.S.** “Lessons Learned in Modifying a Health Promotion Behavioral Change Tool for Mothers with Disabilities.” Poster presentation at the Society of Behavioral Medicine Annual Conference, San Francisco, CA, 2020 [*conference canceled due to COVID-19*].
9. ***Phillips, C.S.**, Becker, H., and Volker, D. “Collective Suffering in Isolation: Use of Storytelling Through Music Intervention to Decrease Loneliness Among Oncology Nurses.” Podium presentation at the ONS 45th Annual Congress, San Antonio, TX, 2020. [top-scoring abstract]
8. **Phillips, C.** and O’Brien, C. “Songs for the Soul Goes to Maine: Use of Storytelling Through Music to Address Professional Grief Among an Interdisciplinary Gynecology Oncology Team.” Paula Major Award Lectureship at the Society of Gynecology Nurse Oncologists, Nashville, TN, 2020 [*conference canceled due to COVID-19*].
7. ***Phillips, C.** “Relationship Between Workplace Factors, Self-Compassion, and Burnout in Oncology Nurses.” Poster presentation at The Schwartz Center Compassion in Action Healthcare Conference, Boston, MA, 2019.
6. **Phillips, C.** “Song for My Soul,” Co-written by Kristin Davidson and **Carolyn Phillips**, featured at the National Academy of Medicine Action Collaborative on Clinician Well-being and Resilience, Expressions of Clinician Well-being Art Gallery, Washington, D.C., 2018.

5. **Phillips, C.** “Songs for the Soul: A Program to Address Nurses’ Grief.” Podium presentation at the Oncology Nursing Society 42nd Annual Congress, Denver, CO, 2017.
4. ***Phillips, C.** and Henneghan, A. “Finding Their Place: The Experience of Young Adults with Breast Cancer.” Poster Presentation at Oncology Nursing Society 42nd Annual Congress, Denver, CO, 2017.
3. Haroz, E., Madrid, M., **Phillips, C.**, Haozous, E. “A Systematic Review of Oral Care Protocols and Recommendations to Prevent Oral Mucositis in Patients Undergoing Cancer Treatment.” Poster Presentation at Oncology Nursing Society 42nd Annual Congress, Denver, CO, 2017.
2. ***Phillips, C.**, Ko, J., and Kim, M. “The Evaluation of Survivorship Care Plans Following Cancer Treatment.” Poster Presentation at the Southern Nursing Research Society Conference 31st Annual Research Conference, Dallas, TX. 2017.
1. **Phillips, C.** “Songs for the Soul: Use of Storytelling to Address Compassion Fatigue in Nursing.” Poster Presentation at the American Holistic Nursing Association, Bonita Springs, FL, 2016.

Regional/Local

12. Patton, A. Exploring Food Insecurity Among Adults Experiencing Homelessness or Housing Insecurity in the U.S. and Canada: A Scoping Review, 11th Annual Healthcare Institute, San Antonio, TX; 2026.
11. Dhakshinamoorthy, S., Phillips, C.S., Roclen, A., Krause, J., Wallingford, G., Jorgenson, T., Maharaj-Riddell, S., Duali, S., & Abdi, H. Assessing the Feasibility and Early Effects of a Live-Music Intervention on Health Care Professionals' Well-Being and Burnout. Interprofessional Health Showcase. Austin, TX; 2026.
12. Maharaj-Riddell, S., Phillips, C.S., Roclen, A., Krause, J., Wallingford, G., Jorgenson, T., Dhakshinamoorthy, S., Duali, S., & Abdi, H. Live Music & Guided Discussions to Address Well-being and Reduce Burnout in Healthcare Professionals. Interprofessional Health Showcase. Austin, TX; 2026.
10. Schroeder, A. and Phillips, C.S. Integrating Music Production into a Collaborative eHealth Ukulele Program for Individuals with MS. Southwestern Region of the American Music Therapy Association. Houston, TX; 2026.
9. Hotchkiss, E., **Phillips, C.**, & Young, C. C. “Emotional labor and well-being in undergraduate nursing students: A descriptive study.” Poster presented at The University of Texas at Austin, Health Interprofessional Education Conference, Austin, Texas, April 18, 2025.
8. Becker H, **Phillips CS**, Mikan S. What Texas Nurses Told us about Care of Adult Oncology Patients with Developmental Disabilities. Cowtown Oncology Nursing Symposium, Fort Worth, Texas, 2025.
7. Jorgensen, T, Diep, S, Cooremans, V, Wellesley, J, **Phillips, C.S.** “ATX-VINyL—A Unique Music Intervention for the Seriously Ill.” Poster. Texas New Mexico Hospice & Palliative Care Organization Conference. Austin, Texas, 2024.
6. Jorgensen, T, Scott, R, Chandupatla, N, Wellesly, J, **Phillips, C.S.** “Sharing Music at the Bedside with Patients: An ENDEARing Approach.” Poster. Texas New Mexico Hospice & Palliative Care Organization Conference. Austin, Texas, 2024.
5. *§Wellesley, J.P., McGuire, A. Asaria, A. **Phillips, C.S.**, Jorgensen, T. “The Power of Storytelling: A Novel Curriculum Strategy to Re-engage Physician Interns, Residents, and Fellows in the Art of Medicine.” Poster Presentation at Kenneth I. Shine MD Academy of Health Science Education 2024 Innovations in Health Science Education, Austin, TX, 2024. *Top Student Poster Award.*
4. *§Ravandi, D., Cleary, C., Pottapalli, V., Siddiqi, Z., Hebdon, M, **Phillips, C.** “Exploring the Use of Expressive Arts to Promote Psychosocial Well-being in Caregivers of People with Cancer: A Systematic Review.” Poster Presentation at St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations Conference, Austin, TX, 2023.

3. **Phillips, C.** “Songs for the Soul: Use of Storytelling Through Music to Address Compassion Fatigue”, Poster Presentation at St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations Conference, Austin, TX, 2017.
2. ***Phillips, C.** and Henneghan, A. “Finding Their Place: The Experience of Young Adults with Breast Cancer.” Poster Presentation at St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations Conference, Austin, TX, 2017.
1. ***Phillips, C.S.,** Ko, J., Porter, J., and Becker, H. “Does Receipt of a Survivorship Care Plan Enhance Survivors Knowledge of Cancer History: A Retrospective Study.” Poster Presentation at St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations Conference, Austin, TX, 2017.

Professional Forums and Media

NPR Morning Edition — UT professor studies how playing ukulele could improve cognition for people with multiple sclerosis | **2026**

Daily Texan – Q&A: Nursing professor on personal diagnosis, creation of Music-4-MS | **2026**

KXAN News Coverage – UT Austin professor creates new ukulele therapy | **2026**

Cancer Nursing Today – New Program Promotes Oncology Nurses’ Wellbeing Through Music and Storytelling by Teresa Hagan Thomas, PhD, RN | **2026**

My Medical Mixtape Podcast – Transcendence Through Twin Guitars | **2024**

Dr. Tyler Jorgensen, palliative care physician, tells stories and interviews people about music and medicine, grief and joy, life and death, and everything in between. It’s about staying human in healthcare.

Sun Radio 100.1, Austin, TX – Songs for the Soul featured on “The Regional Report.” | **2020**
By Kevin Connor

Longhorn Nursing Magazine – Holding Space for Someone Else | **2020**

Interview about the joint collaboration between Songs for the Soul and The University of Texas at Austin, School of Nursing. Together we created the program “Songs for the Soul: A Call and Response During COVID-19 for Graduating Nurses” and captured the “call” of the graduating nursing students as they entered the workforce during the COVID-19 pandemic, and the “response” of their faculty and experienced nurses who shared their advice and words of wisdom.

The song was played as part of the School of Nursing’s online commencement ceremonies in May and December 2020.

The song can be heard [here](#).

KXAN News Coverage - Featured as an American Cancer Society-funded researcher | **2019**

OncoPT Podcast - Episode 30 – Coping Through Storytelling & Music | **2019**

Hogg Foundation for Mental Health Blog - Caring for Our Caregivers: A Musical Approach | **2019**
by Josephine Gurch.

Nurse.com Blog – Songs for the Soul Helps Address Compassion Fatigue in Nursing | 2019
by Lisette Hilton

Oncology Nursing News – Songwriting as Emotional Healing for Nurses | 2019

TEACHING EXPERIENCE

Course/Seminar Number, Title	Year (# of students)	Role
<i>The University of Texas at Austin</i>		
Leadership class	Fall 2026	Guest Lecture
N381: Nursing Science: Domains of Inquiry and Interdisciplinary Perspectives	Spring 2026 (3)	Co-Instructor
N197C: Doctoral Seminar	Fall 2025 (4)	Instructor
T32 Precision Health Course	Fall 2025	Guest Lecture
N310: Communication in Healthcare Settings (3 credit, undergraduate)	Spring 2026 (51) Fall 2025 (58) Spring 2025 (98) Fall 2024 (50) Spring 2024 (50) Fall 2023 (104) Spring 2023 (37) Fall 2022 (50) Spring 2022 (52) Fall 2021 (52)	Course Facilitator, Instructor, TA oversight Course Facilitator, Co-Instructor, TA oversight Instructor, TA oversight Course Facilitator, Instructor, TA oversight Course Facilitator, Instructor, TA oversight Instructor Instructor Instructor Instructor Instructor
N264: Introduction to Nursing Research (2 credits; undergraduate)	Spring 2019	Guest Lecturer
Humanities, Heart and the Art of Medicine; The University of Texas at Austin, Dell Medical School	Fall 2017	Guest Lecturer
N321: Ethics in Healthcare (3 credit, undergraduate)	Fall 2016	Teaching Assistant
<i>Guest Lectures and Other University/College Course/Seminars</i>		
Northeastern University Undergraduate & Graduate Boston, MA	Spring 2026	Guest Lecturer
California State University Undergraduate Students California	Spring 2026 Fall 2025	Guest Lecturer
“Arts in Health Programming for Self-Care;” The University of Houston, Department of Arts Leadership, Houston, TX.	2024 2023 2022 2021	Guest Lecturer
“Pain Management;” Santa Fe Community College Department of Nursing Education, Santa Fe, NM	2013; 2014	Guest Lecturer
“Blood Transfusions and Reaction Management;” University of New	2011	Guest Lecturer

Mexico Cancer Center, Albuquerque, NM		
“Pandemic Influenza: As it Relates to Cancer Care,” University of New Mexico Cancer Center, Albuquerque, NM	2011	Guest Lecturer
“Management of Chemotherapy Infusion Reactions,” “SCPs for Women with Ovarian Cancer,” University of New Mexico Cancer Center, Albuquerque, NM	2010	Guest Lecturer
Community Education Programs/Presentations		
“Cancer Prevention and Screening,” Oncology Lunch and Learn, Community Outreach Program, Santa Fe, NM	2014	Guest Speaker
“Aerodigestive Cancer Chemotherapy and Radiation Pilot Program: Navigating a Comprehensive Approach to Cancer Care and Survivorship,” CHRISTUS St. Vincent’s Regional Hospital, Santa Fe, NM	2013	Guest Speaker

STUDENT ADVISING, MENTORING, AND RESEARCH SUPERVISION

PhD Advisees/Mentees

Yeeun Kim, School of Nursing (Fall 2026-present, Advisor)
 Sirja Eggert, School of Nursing (Fall 2024-present, Advisor, Chair)
 Alfonzo Robinson, School of Nursing (Fall 2024-Spring 2026, Adviser, Chair)
 Darla Grimes, School of Nursing (Fall 2023-2024, Adviser)

PhD Dissertation Chairs

Alfonzo Robinson, School of Nursing (Fall 2024-Spring 2026)
 Sirja Eggert, School of Nursing (Spring 2025-present)

PhD Dissertation Committee Member

Seulgi Ryu (Spring 2026-present)
 Amy Patton (Fall 2025-present)
 KD Oophing (Spring 2025)
Title: Hospital-to-Home Care Transition for Dementia Patients and Family Caregivers: Discharge Planning and Decision-Making Experience of Family Caregivers
 Oscar Franco Rocha (Spring 2024-Spring 2025)
Title: Health Promotion of Sexual and Gender Minority Populations with Cancer: Theoretical Formulation and Empirical Testing
 Jeeyeon Kim (July 2022-May 2024)
Title: The Influence of Music on Cognitive Function in People with Type 2 Diabetes
 Rodolfo Aguilar (Summer 2022-Spring 2023)
Title: A Study of Sexual and Mental Health Among Baby Boomers in the United States

Dissertation Proposal Committee Member

Amy Patton (Fall 2025)
 Jeeyeon Kim (Spring 2023)
 Oscar Franco Rocha (Fall 2024)

DNP Scholarly Project Supervisor

Jenny Williams (Summer 2026-present)
 Caroline Turnball (Spring 2023-Spring 2024)

Graduate Nurse Practitioner Mentor

Kelsey Lipiner, Northeastern University, School of Nursing, Boston, MA (Fall 2020-Spring 2021)

Undergraduate Student Mentoring

Mentoring capacity	Students	Scope
Research mentorship	25 8 (Y25-26)	2021–present; nursing, pre-health, and honors students
Honors thesis and honors program mentorship	4 2 (Y25-26)	2025–present; CNS Honors thesis and Undergraduate Nursing Honors Program; CNS Polymathic Scholars
Structured interdisciplinary and pre-graduate program mentorship	10 3 (Y25-26)	2018–2025; Bridging Disciplines and IPE Pre-Graduate School Internship programs
Letters of Recommendation	41 9 (Y25-26)	Summer Internships, Scholarships, Medical School, Graduate School

Independent Study Supervisor

Minyoung Kim (Spring 2026)
 Alfonzo Robinson, PhD Student, Dissertation Proposal (Fall 2025)
 Sirja Eggert, PhD Student (Summer 2025, Summer 2026)
 Julia Eder, Undergraduate Communication in Healthcare (Fall 2023)

PROFESSIONAL AND COMMUNITY LEADERSHIP/SERVICE/AFFILIATIONS

International/National

International Association of Multiple Sclerosis Nurses	2024-present
<i>Educational Committee</i>	2026-present
International Association of Music and Medicine	2019-present
Sigma Theta Tau International (STTI) Nursing Society	2011-present
Oncology Nursing Society	2002-present
Eastern Nursing Research Society	2019-2021
Society of Integrative Oncology	2019-2021
Songs for the Soul, 501(c)(3) Non-profit Organization, TX	2016-present
<i>Founder and President</i>	
Epsilon Theta Chapter	2017-2019
<i>Leadership Team-Governance Chair</i>	
Healwell, 501(c)(3) Non-profit Organization, VA	2016-2019
<i>Advisory Board Member</i>	
Southern Nursing Research Society	2016-2017
American Holistic Nursing Association	2015-2019
Central Texas Oncology Nursing Society, TX	2016-2018
<i>Board Secretary</i>	
International Society of Nurses in Cancer Care	2012-2016
Society of Gynecologic Nurse Oncologists	2008-2010

State/Regional/Community

Community Arts Advisor , The Bugle Boy Foundation, La Grange, TX	2026–present
Support data-informed evaluation of community arts programming to document reach, outcomes, and public value.	
Central Texas Oncology Nursing Society	2016-2019
Secretary	2018-2019

University/Institutional

Parking and Traffic Appeals Panel Committee	2023-2025
The University of Texas at Austin	

School/Department

Graduate Studies Committee, Voting Member	2021-present
School of Nursing The University of Texas at Austin	
Preliminary Exam Committee	2025-present
School of Nursing The University of Texas at Austin	
Wellness Committee	2021-present
School of Nursing The University of Texas at Austin	
Undergraduate Admissions Committee	2024-2025
School of Nursing The University of Texas at Austin	
St. David's CHPR Annual Conference, Abstract Reviewer	2022, 2024, 2026
School of Nursing The University of Texas at Austin	

Research Affiliates

Center for Aging Populations, The University of Texas at Austin	2023-present
Research Affiliate	

Journal Reviewer

Annals of Palliative Medicine
 Canadian Journal of Nursing Research
 Journal of Palliative Medicine
 Cancer Care Research Online
 Journal of Advanced Nursing
 CANCER NURSING: An International Journal for Cancer Care
 Music and Medicine
 BMC Nursing
 Seminars in Oncology Nursing
 Supportive Care in Cancer

LICENSURE AND CERTIFICATION

Licenses

Registered Nurse	2002-present
Active: Texas (909998) Inactive: New Mexico (R52537); Georgia (RN166481); Oregon (200242528RN)	
Acute Care Nurse Practitioner, Board Certified	2012-2021
Inactive: New Mexico (CNP-01936); Texas (AP135694)	

Certifications

Advanced Oncology Certified Nurse Practitioner	2014-2022
Oncology Certified Nurse	2004-2012
Chemotherapy/Biotherapy Certified Nurse	2002-2012
American Heart Association BLS/CPR Certification	2000-2015

MUSICAL EXPERIENCE

SESSION VOCALIST:

7. "Who Else But You," written by Kristin L. Davidson and Carolyn S. Phillips, produced by Lloyd Maines.	2020
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6. "Heart Rubbed Raw," written by Kristin L. Davidson and Jennifer Montano-Hernandez;2019
produced by Lloyd Maines.
5. "Song for My Soul," written by Kristin L. Davidson and Carolyn S. Phillips; 2019
produced by Lloyd Maines.
4. "How I Care for You," written by Kristin L. Davidson, Candace LeClair, 2019
Jessica Moore, Kelly Holland, Melody Doughty, Leslie Henderson, and Cyndi O'Brien;
produced by Lloyd Maines.
3. "Look Away," written by Charlie Sanders, produced by Jane Gillman. 2019
2. "Coming Home," written by Jane Gillman and Kristin Davidson, 2019
produced by Jane Gillman.
1. Theater Workshop Pre-Production Session Vocalist: "Blueridge Nightingale," 2018
written by David and Sherry Lutken and Jane Gillman.

DISCOGRAPHY:

4. Full Album: "Hold the Line" by Hardened and Tempered. Produced by Lloyd Maines, 2021
Austin, TX.
Role: Vocalist, Instrumentalist.
3. Single: "Plane Wreck at Los Gatos (Deportee)" words by Woody Guthrie and music 2019
by Martin Hoffman. Recorded by Hardened and Tempered and produced by Jane
Gillman, Austin, TX.
Role: Vocalist, Instrumentalist.
2. Full Album: "The Trailer Sessions" by Hardened and Tempered. Produced by Lloyd 2017
Maines, Austin, TX, 2017.
Role: Vocalist.
1. Single: "Straight Up Towards the Sky," written by Cass Brostad and Carolyn Phillips, 2017
Recorded by Madisons on "No Man's Land" album. Produced by Madisons & Matt Smith,
Austin, TX.