

VIVIAN OSEMENE  
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## **PROFESSIONAL SUMMARY**

A Board Certified Psychiatric Mental Health Nurse Practitioner (ANCC) with a good professional-client relationship and team-oriented. Also, professionally driven to support the mental health community and families to overcome obstacles that patients encounter daily.

## **SKILLS:**

- Knowledgeable in Psychopharmacology and psychotherapy
- Proficient in Psychiatric Assessment and DSM-5 DX. criteria
- Suicide risk assessment
- Excellent communication skills
- Great teaching skills
- Skilled emergency response

## **WORK EXPERIENCE:**

**Valen Mental Health San Antonio, TX. PMHNP: January 3, 2025-till date**

- Perform new intake assessment/evaluation and documentation
- Perform patient follow-up assessment and evaluation
- Psychiatric Medication Management
- Long-acting Injection administration

**Austin State Supported Living Center (TX Health and Human Services Austin, TX). RN**

**111, RNCM: October 2020 to date:**

- Perform comprehensive assessments, including admission assessments, annual, and quarterly assessments.
- Advocates and supports patients effectively for optimal patient care
- Participate in psychiatric clinics and medical consultations.
- Guide and collaborate effectively with the Interdisciplinary Team (IDT), including PCP, Psychiatrist, Therapists, Patients, and family members
- Ensures up-to-date immunization records and vaccine administration and documentation
- Appropriate documentation of the patient's treatment and discharge plan

**Austin State Supported Living Center (TX Health and Human Services Austin, TX): RN**

**11 -Floor nurse -October 2015- October 2020**

- Performed comprehensive admission assessments
- Medication administration including oral, subcutaneous, Intramuscular medication, and topical treatment to adults and older adults
- Vaccine administration and appropriate documentation of interventions

**Austin State Supported Living Center Austin, TX. LVN 111: February 2009- Jan 2015**

- Performed focus assessments, administered medications and treatments and documented appropriately

### **Austin State Supported Living Center, Austin TX. Service Assistant 1: 2003-2009**

- Performed direct care service to clients with mental health disability.
- Managed clients with aggressive behavior with good communication skills and documentation of daily activities and behaviors.

### **EDUCATION**

- **Walden University Minneapolis, MN**- January 2021 – February 2024  
Master of Science in Nursing: February 2024
- **Grand Canyon University Phoenix, Arizona**: Bachelor of Science in Nursing (BSN)  
Date of Graduation: July 2020
- **Austin Community College, Austin, TX**. Associate degree in nursing,  
Date of Graduation: August 13, 2015
- **Austin Community College Austin TX**. Certificate Vocational Nursing  
Date of Graduation: December 2008
- **Edo State University, Ekpoma Edo State, Nigeria. West Africa**.  
Bachelor of Arts, Languages and Literature  
Date of Graduation: Jun 30, 1995

### **SIGNIFICANT CLINICAL ROTATIONS**

#### **PYOU'RE Life Behavioral Health and Wellness, LLC (Winter 2023): PRAC 6675**

- Provided Telepsychiatry assessment, Medication management, evaluation and treatment to patient with mental health and behavioral concerns.
- Medication management included children, teens, and adults with mental health issues.
- Also provided psychotherapy services to reduce symptoms of mental illness

**The Travis County Correctional facility, Delle Valle/integral care (Winter 2023): PRAC**

6675

- Provided Psychiatric assessment and diagnosis of inmates adults and older adult awaiting trial or sentencing.
- Provided psychotherapy services to adults and older adults to reduce symptoms of mental illness. Services also include providing intensive and supportive services, and medication-assisted treatment. Also made recommendations for referrals as needed.

**Austin State Hospital (Fall 2023): PRAC 6665**

- Provided Psychiatric Assessment and diagnosis of children, adolescents, adults, and older adults with acute and chronic psychiatric and substance use disorders and made appropriate referrals under the supervision of my preceptor.

**Austin State Hospital (Summer 2023). PRAC 6645 Psychotherapy Course.**

- Provided Individual and Group therapy to children, adolescents, adults, and older adults with acute and chronic psychiatric and substance use disorders.

**Austin State Hospital (Spring 2023). PRAC 6635**

- Provided Psychiatric Assessment and diagnosis of children, adolescents, adults, and older adults with acute and chronic psychiatric and substance use disorders under the supervision of my preceptor

**CERTIFICATIONS:**

Psychiatric Mental Health Nurse Practitioner (PMHNP-BC)--August 2024

Licensed Registered Nurse (RN)- October 2015

Licensed Vocational Nurse (LVN) --2009

CPR. American Heart Association.

Adult Mental Health First Aid USA-March, 2025

**REFERENCES:**

Emma Perry PMHNP-BC  
bluebird psychiatry  
512-2996683

Dr. Shirlet Fowler Oriakhi DNP RN  
Associate Professor  
Austin Community College, Austin Tx  
512-4005137

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