

NAME **JENNIFER G. HENSLEY, EdD, CNM, WHNP-BC, FACNM**
 UT Austin, School of Nursing
 Clinical Professor

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LICENSES

- Current RN, CNM, prescriptive authority licenses: TX x 06/2025
- Inactive licenses RN, CNM, WHNP-BC, RXN: CA, CO, MT, OR, TN
- Inactive Prescriptive Authority/Furnishing Number: CA, CO, MT, OR, TN
- DEA license x 10/2025

EDUCATION BACKGROUND

<u>Year</u>	<u>Degree/Certificate</u>	<u>University Name</u>	<u>Major</u>
2011	post-MSN	University of Massachusetts Lowell, MA	Sleep Health & Disorders certificate
2005	post-MSN	University of Colorado Aurora, CO	Women's Health NP certificate
1996	EdD	University of Southern California Los Angeles, CA	Adult, Higher & Post-Secondary Education doctorate
1993	MSN	University of Southern California Los Angeles, CA	Master's of Science in Nursing
1985-2021	childbirth educator	Lamaze International Washington, DC	Childbirth Educator certificate – not renewed
1984	nurse-midwifery	University of Southern California Los Angeles, CA	Nurse-Midwifery certificate
1981	BSN	Biola University La Mirada, CA	Baccalaureate degree in Nursing
1977	ADN	El Camino College Torrance, CA	Associate's degree in Nursing

CERTIFICATIONS

<u>Year</u>	<u>Certification Title</u>	<u>Organization</u>
x2027 expired	Certified Nurse-Midwife	American Midwifery Certification Board
x2024	Lamaze Certified Childbirth Educator	Lamaze International
x2022	Women's Health Nurse Practitioner	National Certification Council
x2022	Advanced Life Support in Obstetrics	American Academy of Family Practice
x2025	Cardiopulmonary Resuscitation	American Heart Association

Additional Certificates

<u>Year</u>	<u>Certificate</u>	<u>University Name</u>
2018	Motivational Interviewing	University of Colorado College of Nursing
2018	Pharmacogenetics	University of Colorado School of Pharmacy

DISSERTATION

Hensley, J.G. (1996). *A comparison of the effectiveness of the use of clinical simulations with standardized patients with that of actual hospital experiences in high-risk maternity nursing in the training of baccalaureate nursing students.* (Unpublished doctoral dissertation). USC.

THESIS Preparation

Hensley, J.G. (1993). *The lived experience of sexual activity for the fifteen-year-old adolescent.* (Unpublished Master's project). USC.

EMPLOYMENT HISTORY - EDUCATION

<u>Year</u>	<u>Institution</u>	<u>Position</u>
6/23-present	UT Austin Scholl of Nursing Austin, TX	Professor of Clinical Nursing Under-and-Graduate Programs
6/19-5/23	Baylor University, School of Nursing Dallas, TX	Professor of Clinical Nursing; Coordinator DNP Nurse-Midwifery Specialty Track
8/17-5/19	UT Austin School of Nursing Austin, TX	Associate Professor of Clinical Nursing Under-and-Graduate Programs
7/15- 8/17	Vanderbilt University School of Nursing, Nashville, TN	Associate Professor; women's health nurse practitioner and nurse-midwifery faculty
8/04-8/15 (emeritus)	University of Colorado College of Nursing, Aurora, CO	Assoc Professor emeritus; director nurse- midwifery & WHNP programs; undergraduate OB; faculty practice CNM
8/98-5/04	Beth-El College of Nursing University of Colorado, Colorado Springs, CO	Asst Professor of Nursing; undergraduate and graduate programs (relocated)
8/94-5/96	Montana State University Bozeman, MT	Asst Professor of Maternal-Child Nursing (relocated)

EMPLOYMENT/VOLUNTEER HISTORY - PRACTICE

<u>Year</u>	<u>Institution</u>	<u>Position</u>
10/19-8/22	The People's Community Clinic Center for Women's Health Austin, TX	FQHC Volunteer; CNM
10/20-present	The Agape Clinic Dallas, TX	FQHC Volunteer; gyn provider
3/18-3/20	Renaissance Women's Group Austin, TX	Certified Nurse-Midwife; AP, GYN, PP, PC (ended with covid 19)
9/17-5/19	University of Texas Austin Family Wellness Clinic	GYN Consultant; CNM (new position)
2/16-8/17	Vanderbit Nurse-Midwives Nashville, TN	Outpatient midwifery OB/GYN (relocate) (relocate)
5/04-7-15	Aurora Nurse-Midwives Aurora, CO	Full scope nurse-midwifery; HealthOne The Medical Center of Aurora (relocate)
2/04-7/04	Dept. Family Medicine Univeristy of Colorado, Aurora, CO	Full scope nurse-midwifery (practice closed)
7/99-8/99	University of Colorado Aurora, CO	Full scope nurse-midwifery (summer relief)
3/99-3/05	Evans Army Community Hospital Ft. Carson Army Post, Ft. Carson, CO	Full-scope nurse-midwifery (relocate)
12/98-5/04	University of Colorado, Colorado Springs, Student Health Center	GYN care & women's health consultant (relocate)
5/95-5/98	Drs. Smith & Rauch Missoula, MT	Private practice, full-scope nurse-midwifery; 1st CNM in Missoula (relocate)
9/94-5/96	Planned Parenthood Missoula, MT	Women's health care provider (relocate)
10/94-5/94	Missoula Health Department Missoula, MT	OB care for underinsured clients (relocate)
3/86-7/94	Kaiser Permanente Harbor City Harbor City, CA	Full-scope nurse midwifery; 1 st CNM (relocate)
8/88-1/88	Roche Pharmaceuticals Nutley, NJ	Pharmaceutical representative (CNM job)
3/86-7/88	Kaiser Permanente Woodland Hills Woodland Hills, CA	Full-scope nurse-midwifery (parents died)

EMPLOYMENT/VOLUNTEER HISTORY - PRACTICE

<u>Year</u>	<u>Institution</u>	<u>Position</u>
7/85-3/86	University of Southern California/ Los Angeles County Medical Center, CA	Full-scope nurse-midwifery (new position)
12/84-1/86	El Camino College Torrance, CA	Assistant Instructor (relocate)
5/83-12/83	Poudre Valley Hospital Ft. Collins, CO	Evening Charge RN (relocate)
10/81-5/83	University of Colorado Health Sciences Center, Denver	Staff and Charge RN (relocate)
6/76-10/81 & 1/85-7/85	Little Company of Mary Hospital Torrance, CA	Nurse's aide; Staff RN L&D (relocate)

SCHOLARSHIP (Refereed*/Data-based+/Invitational#/Accepted!)**PUBLICATIONS**

- *Crouch, S. & **Hensley, J.** (2023). Adolescents and Contraception. Submitted to *JMWH*.
- #Hensley, J. (Summer 2020). Menopause and RLS: Navigating a new chapter. *Nightwalkers*. RLS Foundation.
- *#**Hensley, J.G.** & Beardsley, J. (2019). Insomnia treatment in the primary care setting. *Advances in Family Nurse Practice*.
- *+! Arbour, M.A, Tanner, T., **Hensley, J.**, Beardsley, J., Wika, J., & Garvan, C. (2019). Factors that contribute to excessive sleepiness in midwives practicing in the United States. *Journal of Midwifery and Women's Health*, doi: 10.1111/jmwh.12945
- *+!Walters, A.,.....**Hensley, J.** (Dec., 2018). Correlation between physician administered and self-administered IRLS questionnaire. *Sleep Medicine*.
- *+!DeBoer, T. & **Hensley, J.** (Aug., 2018). Long-acting reversible contraception: Increasing accessibility in a public health setting; a DNP project. *Nursing for Women's Health*.doi: 10.1016/j.nwh.2018.06.004
- *+#!ACNM Sleep and Safety Taskforce & Clinical Practice & Documents Section of the Division of Standards and Practice Position Statement. Fatigue, Sleep Deprivation, and Safety. Approved by the ACNM Board of Directors: March 2017. (Member of the Taskforce)
- *+!Patterson, E., Hastings-Tolsma, M., Dunem, K., Callahan, T.J., Tanner, T., Anderson, J. & **Hensley, J.** (2017). Nurse-midwives on the front lines: Serving the rural and medically underserved. *Journal of Nursing & Patient Care*, 2:2. DOI: 10.4172/2573-4571.1000117
- *!**Hensley, J.**, Collins, M., & Leezer, C. (October, 2017). Pain management in obstetrics. *Critical Care Nursing Clinics of North America*, 29, 471–485. <http://dx.doi.org/10.1016/j.cnc.2017.08.007>
- *!Picchietti, D., **Hensley, J.**, Walters, A., Trenkwalder, C., Bainbridge, J., Manconi, M., Lee, K., McGregor, J., & Silver, R. (2014). An international consensus statement: Treatment of restless legs syndrome/Willis-Ekbom disease during pregnancy and lactation. *Sleep Medicine Reviews*.
- *!**Hensley, J.G.** & Shviraga, B.A. (2014). Metastatic choriocarcinoma in a term pregnancy. *Maternal Child Nursing, the American Journal of Maternal Child Nursing*, 39(1), 8-15. DOI:10.1097/NMC.0b013e3182a8de5b
- *Hensley, J.G. (2014, May/June). Willis-Ekbom Disease: A new face and name for restless legs syndrome. [Letter to the editor]. *Journal of Obstetrics, Gynecology, and Neonatal Nursing*, 43(3), 270-271. DOI: 10.1111/1552-6909.12309
- *!Medical Advisory Board of the Willis-Ekbom Disease Foundation. (2014). Bad Medicine: restless legs syndrome. [Letter to the editor]. *British Medical Journal*, 347, f7615.
- *!Hensley, J.G. (2013, November/December). Common sleep disorders: Management Strategies and pregnancy outcomes [Letter to the editor]. *Journal of Midwifery & Women' Health*, 58(6), 716. DOI:10.1111/jmwh.12141
- *#!**Hensley, J.G.**, Shamim-Uzzaman, Q.A. (2013). Prevalence of Willis-Ekbom disease/Restless legs syndrome during pregnancy: A review. *The Open Sleep Journal*, 6, 54-62. DOI:10.2174/1874620901306010063

PUBLICATIONS

- *!Hastings-Tolsma, M., Bernard, R., Gilbert-Brody, B, **Hensley, J.**, Koschoreck, K., & Patterson, E. (2013). *Chorioamnionitis: Prevention and management. Maternal Child Nursing, the American Journal of Maternal Child Nursing*, 38(4), 206-212. DOI: 10.1097/NMC.0b013e3182836bb7
- *!**Hensley, J.**, Coughlin, K. & Klein, L. (November/December 2009). A curious case of anti-D antibody. *Journal of Midwifery and Women's Health*, 54(6), 497-502.
DOI: 10.1016/j.jmwh.2009.08.006
- *!Hensley, J. (May/June 2009). Leg cramps and restless legs syndrome during pregnancy. *Journal of Midwifery and Women's Health*, 54(3), 211-218. DOI: 10.1016/j.jmwh.2009.01.003

CONTRIBUTOR - Book Chapters

- *#! Hensley, J. (20xx). Chapter 4: Family planning. In Davidson & London (Eds.). *Maternal-newborn nursing & women's health, 12th ed.* Upper Saddle River, NJ: Pearson-Prentice Hall.
- *#! Hensley, J. (20xx). Chapter 17: Pregnancy at risk. In Davidson & London. (Eds.). *Maternal-newborn nursing & women's health, 12th ed.* Upper Saddle River, NJ: Pearson-Prentice Hall.
- #Hensley, J., & Beardsley, J. (202x). Sleep and women. In Hackley and Kriebs (Eds.), *Primary care of women*, 4th ed. Sudbury, MA: Jones and Bartlett.
- *#!Shviraga, B. & **Hensley, J.** (2021). Uncomplicated Antepartum Intrapartum, and Postpartum Care Chapter in *6th Edition of the Core Curriculum for Neonatal Intensive Care Nursing*. WB Saunders.
- *#!Hensley, J. (2019). Chapter 4: Family planning. In London, M., Ladewig, P., Davidson, M. (Eds.), *Maternal-newborn nursing & women's health*, 11th ed. (pp. 51-72). Upper Saddle River, NJ: Pearson-Prentice Hall.
- *#!Hensley, J. (2019). Chapter 18: Pregnancy at risk: Gestational onset. In London, M., Ladewig, P., Davidson, M. (Eds.), *Maternal-newborn nursing & women's health*, 10th ed. (pp. 386-427). Upper Saddle River, NJ: Pearson-Prentice Hall.
- *#!Beardsley, J. & **Hensley, J.** (2017). Sleep and women. In Hackley and Kriebs (Eds.), *Primary care of women*, 3rd ed. Sudbury, MA: Jones and Bartlett.
- *#!**Hensley, J.** & Brucker, MB. (2016). Sexual dysfunction. In Brucker, M.B. & King, T. (Eds.), *Principles and practice of pharmacology in women's health*, 2nd ed. Sudbury, MA: Jones and Bartlett.
- *#!Contributor, submitted. (2015). Women's health: family planning. In London, M., Ladewig, P., Davidson, M. (Eds.), *Maternal-newborn nursing & women's health*, 10th ed. (pp.). Upper Saddle River, NJ: Pearson-Prentice Hall. See letter for Dean Ladewig, Regis University.
- *#!Contributor. (2012). Women's health: family planning. In London, M., Ladewig, P., Davidson, M. (Eds.), *Maternal-newborn nursing & women's health*, 9th ed. (pp.80-98). Upper Saddle River, NJ: Pearson-Prentice Hall.
- *#!Felhder, W. & **Hensley, J.** (2011). Drugs and the central nervous system. In Brucker, M.B. & King, T. (Eds.), *Principles and practice of pharmacology in women's health* (pp. 729-731). Sudbury, MA: Jones and Bartlett.
- *#!**Hensley, J.** & Brucker, MB. (2011). Sexual dysfunction. In Brucker, M.B. & King, T. (Eds.), *Principles and practice of pharmacology in women's health* (pp. 988-1002). Sudbury, MA: Jones & Bartlett.
- *#!(2008). Women's health: family planning. In Davidson, M., London, M., Ladewig, P. (Eds.), *Maternal-newborn nursing & women's health*, 8th ed. (pp. 88-108). Upper Saddle River, NJ: Pearson-Prentice Hall.

Report/s

- *#Yablonsky, A.M., Martin, R.C., Highfill-McRoy, R.M, McAnany, J, Fitzmaurice, S, Lee, I., ... Rychnovsky, J.D. (2017). *Military women's health: A scoping review and gap analysis, 2000-2015* (Report No. N15-015). Silver Spring: Naval Medical Research Center.

DVD Educational Series

- Hensley, J. (2017). Sleep disorders for the new practitioner: RLS. A 10—part series produced by the *American Society for Sleep Medicine*.
- Hensley, J. (2010). Precepting nurse-midwifery and nurse practitioner students. DVD. UC-CON.

Patient Pamphlets

Questions and Answers: *Willis-Ekbom Disease Foundation. (2012-present, quarterly). Ask the expert.

Nightwalkers. www.rls.org

*Willis-Ekbom Disease Foundation. (2012). Pamphlet: *Vital considerations in treating a pregnant woman who has restless legs syndrome* (RLS). Restless legs syndrome foundation.

UNPUBLISHED MONOGRAPHS OR OTHER WRITTEN REPORTS

Hensley, J.G. (Nov, 2022). Mandatory progress report to ACNM ACME for Baylor University. [r/t *interprofessional education*]

Hensley, J.G., Ketham, N., & Feutz, K. (Jan, 2021). Mandatory progress report to ACNM ACME for Baylor University. [r/t *transition from on-campus to distance program from 2018*]

Hensley, J.G. (2019, 2020, 2021, 2022). Annual Monitoring Report to ACNM ACME for Baylor University.

Hensley, J.G. (August, 2011). Substantive change report submitted to ACNM ACME for University of Colorado NURS 6847: Acute and chronic alterations in health for women.

*Contributor. (2008). UCD/CON Self-study report for accreditation of the BS, MS, and DNP programs. Submitted to Commission on Collegiate Nursing Education.

*Hensley, J.G. (January, 2007). Self-evaluation report for the reaccreditation of the MS graduate program nurse-midwifery option. Submitted to American College of Nurse-Midwives Accreditation Commission for Midwifery Education. Granted reaccreditation until 2017.

PRESENTATIONS (L=local; N=national; I=international)

Webinar

I(#Invited). Hensley, J. RLSF. CAMs and Women with RLS. (Aug 2023).

I(#invited). Hensley, J. RLS, Hormones, and Menopause (presented and recorded Aug. 18th, 2022). U.S. RLS Foundation. Most number of attendees ever recorded.

Beardsley, J., representing the ACNM Sleep Task Force. MANA 2018 (Portland, Maine). "Sleep Deprivation, Health and Safety Issues in Midwifery"; 90 minute Breakout Session on Friday, October 12th from 4:30-6:00pm. (N)

Beardsley, J., **Hensley, J.** Arbour, M. & Tanner, T. "Sleep Deprivation, Health and Safety Issues in Midwifery" 90 minute Breakout Session on Friday, October 12th from 4:30-6:00pm. MANA 2018 (Portland, Maine, October 11-14, 2018). (N)

#**Hensley, J.**, and Beasley, J. (10/2016). Sleep, sleep, where art thou my sleep? Treating insomnia. American College of Nurse-Midwives. Invited, withdrawn due to administrative difficulties. (N)

#Hensley, J. (April 2016). Treatment of Willis-Ekbom disease during Pregnancy & Lactation. Restless Legs Syndrome Foundation. (N)

Podium

N Hensley, J. (5/9/2023). RLS Update. 68th ACNM Annual Meeting, Orlando, FL. (attended funeral)

L (#Invited) Hensley, J. (4/8-9/22). Avoiding Teratogenic Medications. North Texas Nurse Practitioners (NTNP) Annual Conference, Navigating the New Era of Healthcare.

N Hensley, J. (2022). RLS Updates during Pregnancy and Aging. 67th ACNM Annual Meeting, Chicago, ILL. (had covid)

Hensley, J. (2021). Insomnia. 66th ACNM Annual Meeting.

Hensley, J. (2020). One-shot CBT-I for Insomnia. 65th ACNM Annual Meeting, Austin, TX.

Hensley, J. (October, 2019). "How to sleep like a baby. Sleep restriction therapy for insomnia." Nurse Practitioners for Women's Health Annual Conference. Savannah, GA.

Team. (October, 2019). "Gyn Skills Half-Day Workshop". NPWH Annual Conference. Savannah, GA.

Hensley, J. (October, 2017). "Sleep, sleep, where are thou my sleep sleep? Treating insomnia. Nurse Practitioners for Women's Health Annual Conference. Seattle Washington.

Hensley, J., Arbour, M., Tanner, T., Beardsley, J., et al. Sleep Task Force Results/Treating Insomnia/Shift Work. 2017 American College of Nurse-Midwives 62nd Conference. (N)

Hensley, J. (Oct. 2016). Surviving Shift Work for the New Grad. Tennessee Nurses' Association. (L)

Hensley, J. (July 2015). Treatment of Willis-Ekbom disease during Pregnancy & Lactation. (N) Round-Table Discussion. National Nurse Practitioner Symposium, Keystone, CO.

Podium

- Anderson, J., Dunemn, K., **Hensley, J.**, Tanner, T., Patterson, E., Purcell, S., & Hastings-Tolsma, M., (June 2015). Building blocks for improving CNM quality care -The Colorado CNM practice survey tool. 60th Annual Meeting of ACNM, Washington, D.C. (N)
- Anderson, J., Koschoreck, K., **Hensley, J.**, & Brown, K. (June 2015). Suture building refresher: For new grads, and midwives returning to active practice. Skills workshop for the 60th Annual Meeting of American College of Nurse-Midwives, Washington, D.C. (N)
- Hensley, J. (June 2015). Treatment of Willis-Ekbom disease/Restless Legs Syndrome during pregnancy and lactation: An international consensus statement. Podium presentation for the 60th Annual Meeting of American College of Nurse-Midwives, Washington, D.C. Reference: 0469-000060. (N)
- Tanner, T., **Hensley, J.**, Anderson, J., Patterson, E., Dunemn, K., Purcell, S., Hastings-Tolsma, M. (June 2015). Contemporary physiologic birth practices and midwifery: Time for a culture change! Podium presentation for the 60th Annual Meeting of American College of Nurse-Midwives, Washington, D.C. Reference: 0469-000181. (N)
- Hastings-Tolsma, M., & Patterson, E. (10-10-14). Colorado CNMs: 2014 survey of practice patterns & perspectives. Podium presentation for the 11th Annual CNM Symposium of the ACNM Colorado Affiliate, Englewood, CO. (also on behalf of **Hensley, J.**, Tanner, T., Anderson, J., & Dunemn, K.)
- Hensley, J. (10-10-2014). Sleep intruders: Willis-Ekbom disease, insomnia, obstructive sleep apnea. 11th Annual CNM Symposium, ACNM Colorado Affiliate, Englewood, CO.
- Anderson, J., Burrelle, E., Koschoreck, K., **Hensley, J.**, & National Institute of First Assisting, Inc. NIFA®. (2014, May). Suture building refresher: For new grads, and midwives returning to active practice. Skills workshop presented at 59th Annual American College of Nurse-Midwives Meeting. Denver, CO. (N)
- Anderson, J., Brown, K., **Hensley, J.** (2014, May). Back in the saddle: Review of essential midwifery skills. Skills workshop presented at the 59th Annual Meeting of American College of Nurse-Midwives. Denver, CO. (N)
- Hensley, J. (2014, May.) Sleep: Yours, hers theirs, and mine. Podium presentation at the 59th Annual Meeting of American College of Nurse-Midwives. Denver, CO. (N)
- Silvestri, S., Manconi, M., **Hensley, J.**, & Castronovo, C. (2014, September) How to assess and treat sleep disorders in pregnant women. Podium presentation workshop at the 5th World Association of Sleep Medicine, Valencia, Spain. (I)
- Picchietti, D., Manconi, M, & **Hensley, J.** (2013, June). Pregnatio inquieta. Podium presentation at Sleep! Baltimore. 22nd Associated Professionals of Sleep Societies Annual Meeting. (N)
- Hensley, J. 6/2/13. Midwifery schedules and night work: New evidence of shift work and sleep disorders, What's a midwife to do? Podium presentation accepted at the 58th Annual Meeting of American College of Nurse-Midwives. Nashville, TN. (N)
- Hensley, J. (2013, June). Diagnosis and Management of Common Sleep Disorders in Women. Podium presentation at the 58th Annual ACNM Meeting. Nashville, TN.(N)
- Hensley, J. (2013, February). My BFF: Insomnia? Oral presentation at the Research Scholarship & Seminar Series. University of Colorado Anschutz Medical Campus/CON. (L)
- Hensley, J. (2012, June). 1/2 day workshop: Diagnosis and midwifery management of sleep disorders in women. Podium presentation accepted at the 57th Annual Meeting of American College of Nurse-Midwives. Long Beach, CA. (N)
- Hensley, J. (2011, October). "Diagnosis and correct treatment of insomniaS." Podium presentation at the 8th Annual Nurse-Midwife Symposium/ACNM Region V- Chapter 3. Denver, Colorado. (N)
- #Hensley, J. (September, 2011). Basic and advanced precepting of NMW & NP students. Podium presentation for UCD AHEC Statewide Meeting. Vail, Colorado. (L) #Dr. Amy Barton.
- #Hensley, J. (June, 2011). Insomnia. Podium presentation at Association of Women's Health, Obstetrics and Neonatal Nursing Armed Forces Section. Denver, CO. (N)
- Hensley, J. (June, 2011). Sleep: The "6th" vital sign? Podium presentation at the Association of Women's Health, Obstetrics and Neonatal Nursing Annual Meeting. Denver, CO. (N)
- Hensley, J. (May, 2011). Common sleep disorders during pregnancy and across the woman's life span: Part I, didactic. Podium presentation at the 56th Annual Meeting of ACNM. San Antonio, TX. (N)

Podium

- Hensley, J. (May, 2011). Diagnosis and midwifery management of common sleep disorders during pregnancy and across the woman's life span: Part II, application. Podium presentation at the 56th Annual Meeting of ACNM. San Antonio, TX. (N)
- #Hensley, J. (January, 2011). Basic and advanced precepting of NMW & NP students. Training presentation to Colorado Area Health Education Center preceptors at Annual Meeting. Vail, CO. Invited by Dr. Amy Barton. (L)
- Hensley, J. (October, 2010). Sleep disorders in women. Podium presentation at the 98th Montana Nurses' Association Conference. Helena, MT. (L)
- Hensley, J. (October, 2010). 10/8/10. RLS in women. Podium presentation at the 98th Montana Nurses' Association Conference. Helena, MT. (L)
- Hensley, J. (September, 2010). OB consequences of decreased sleep. Educational session presented to the University of Colorado Denver Anschutz Campus OB/GYN Residents. Aurora, CO. (L)
- Hensley, J. & Kass-Wolff, J. (July, 2010). The ABCs of contraceptive counseling for FNP's. Podium presentation at the 35th Annual CU Nurse Practitioner Symposium. Copper Mountain, CO. (N)
- #Hensley, J. (June, 2010). Sleep, iron, depression: Does one lead to the other? Dinner presentation for the University of Colorado Certified Nurse-Midwives Journal Club. (L)
- Hensley, J. (June, 2010). Women and restless legs syndrome in primary care. Podium presentation at the 55th Annual Meeting of American College of Nurse-Midwives.
- Hensley, J. (January 2010). Basic and advanced precepting of NMW & NP students. Half-day workshop for UCD College of Nursing new faculty. ACNM CEU: #09-100 3. (L)
- Hensley, J. (October, 2009). Female sexual dysfunction- Hypoactive sexual desire disorder. Podium presentation at the 7th Annual CNM Symposium/ ACNM Region V-Chapter 3. Denver, CO. (L)
- Hensley, J. (July, 2009) Restless legs syndrome: The most common disorder you have never heard of. Care in the general and pregnant populations. #T-3. Podium presentation at the University of Colorado Denver 34th National Primary Care Nurse Practitioner Symposium, Copper Mountain, CO. (N)
- Hensley, J. (May, 2009). Nocturnal leg cramps and restless legs syndrome during pregnancy. #604. Podium presentation ,54th Annual Meeting of ACNM. Seattle, WA. (N)

Paper Review

- Hastings-Tolsma, M., **Hensley, J.**, Koschoreck, K., Patterson, E., Terada, M., & Bernard, R. Presented by MHT. (February, 2013). Nature and frequency of perineal hygiene & chorioamnionitis. Paper presentation at The Society of Midwives of South Africa 10th Annual Congress. Tshwane, South Africa. (I)

Poster

- Hensley, J. NPWH. (October, 2018). Poster ID# 166, On-call and Sleep Habits of U.S. Midwives: Towards a Position Statement on Adequate Sleep. Austin, TX
- ACNM Sleep Task Force & **Hensley, J.** (October, 2017). Midwives and sleep. Safe birth. London, England.
- ACNM Sleep Task Force & **Hensley, J.** (June, 2017). Midwives and sleep. APSS SLEEP BOSTON 2017!
- Hensley, J. (Oct. 2016). Treatment of Restless Legs Syndrome during Pregnancy and Lactation. Lamaze International 2016 Annual Conference.
- Hensley, J. (April, 2015). Treatment of RLS during pregnancy and lactation. 27th Rocky Mountain Interprofessional Research & Evidence-Based Practice Symposium. Denver, CO. (L)
- Hensley, J. (October, 2012). Snoring during pregnancy is not normal. Poster presentation at the 9th Annual CNM Symposium ACNM Region V-3 Symposium. Englewood, CO. (L)
- Hensley, J. (September, 2011). A case study of restless legs syndrome during pregnancy. Poster presentation at the UCD, School of Medicine, Women's Health Research Day.
- Spotanski, A., **Hensley, J.** (May, 2011). Collection practices for GBS screening among CNMs in a Rocky Mountain state. Poster presentation at the 56th Annual American College of Nurse-Midwives Meeting in Washington, D.C. (N)

Poster

- Hastings-Tolsma, M., Clarkson, KJ., **Hensley, J.**, Koschoreck, K., Maize, D., Patterson, E. (April, 2011). Risk factors in the development of chorioamnionitis. Poster presentation at the annual Western Institute of Nursing Conference in Las Vegas, NV. *BEST POSTER AWARD. (N)
- Hensley, J. (October, 2010.) A case study of restless legs syndrome during pregnancy. Poster presentation at the 8th Annual CNM Symposium/ ACNM Region V-Chapter 3, Denver, CO. (L)
- Hensley, J. (September, 2010). A case study of restless legs syndrome during pregnancy. Poster presentation at the Annual Association of Women's Health, Obstetrics and Neonatal Nursing (AWHONN) Convention in Las Vegas, NV. (N)
- Hensley, J. (October, 2009) Restless legs syndrome in women. Poster presentation at the 7th Annual CNM Symposium/ ACNM Region V-Chapter 3, Denver, CO. First place poster award. (L)
- Bennett, P., Tanner, T., Tasaka, Y., Emeis, C., S Goodman, S., Hastings-Tolsma, M., Patterson, E., **Hensley, J.**, Burton, A., Koschoreck, K., Ruyak, S., Vaughn, T., & Williams, A. (October, 2007). Colorado nurse midwifery practice survey. Poster presentation at the 4th Annual CNM Symposium/ACNM Region V-Chapter 3, Denver, CO, Denver, CO.(L)

RESEARCH ACTIVITIES**Funded Research Projects**

- 2016-2019. Research team member. Validation of self-administered International Restless Legs Syndrome Scale. International Restless Legs Syndrome Study Group. Participating institutions: Vanderbilt, Stanford, Emory, Johns Hopkins.
2014. Co-investigator. 2014 Practice Survey of Colorado Nurse-Midwives. PI: Marie Hastings-Tolsma, PhD. Submitted to Accreditation Council for Midwifery Education, Silver Spring, MD. Funded. \$5,300. COMIRB Protocol 13-3194.
- 2008-2009. Co-investigator. Risk Factors in the Development of Chorioamnionitis. PI: Marie Hastings-Tolsma, PhD. Submitted to American College of Nurse-Midwives Region V-Chapter 3 Research Committee. Funded. \$1000. COMIRB Protocol 08-0565.
2007. PI. Certified nurse-midwife awareness of nocturnal leg cramps and restless legs syndrome in pregnancy. Submitted to American College of Nurse-Midwives Region V-Chapter 3 Research Committee. Funded. \$600. COMIRB 07-1050. Results: manuscript published in JMWH; poster.

Other Research/Scholarship Projects

- 2011-2014. Co-investigator/ Co-chair of committee. Treatment of Willis-Ekbom disease/Restless Legs Syndrome during Pregnancy and Lactation. PI: Daniel Picchietti, MD. Submitted to the International Restless Legs Syndrome Study Group. Meetings funded by IRLSSG.
- Data Collection. PI: Hensley, J. (2008). University of Colorado nurse-midwifery students participated in answering questionnaires for data analysis that might allow examination of cost-benefit ratios and rates of return for nurse-midwifery educational programs and ultimately, the construction of a prototypical nurse midwifery educational program that would be cost effective. COMIRB 08-0152.
- Published findings: Fagerlund, K., & Germano, E. (September-October 2009). The costs and benefits of nurse-midwifery education: Model and application. *Journal of Midwifery and women's Health*. 54(5):341-350. DOI: 10.1016/j.jmwh.2009.04.008.

HONORS, FELLOWSHIPS, AND AWARDS

- | | |
|--------|--|
| 2022 | RLS Foundation Celebrates International Women's Month (Bainbridge, Hensley, Paruthi, Richards, Sharon, Trotti) |
| 2/2022 | Baylor LHSO "FAB" Award |
| 2021 | ACNM Foundation "Excellence in Teaching" Award |
| 2020 | Fellow, American College of Nurse-Midwives (FACNM) |
| 2016 | Sara K. Archer Faculty Award, Vanderbilt University, School of Nursing. |
| 2015 | ACNM Foundation "Excellence in Teaching" Award. |
| 2013 | Certificate of Appreciation for Medical Center of Aurora Magnet Document. |
| 2013 | Maternal Child Nursing Clinical Paper of the Year Award. |
| 2012 | Dean's Excellence in Teaching Award. |

HONORS, FELLOWSHIPS, AND AWARDS

2012	Accepted; attended FAES NINR Methodologies summer boot camp: Fatigue & sleep. (2 cr)
2011	Best Poster. Risk factors in the development of chorioamnionitis. Western Institute of Nursing Conference, Las Vegas, NV.
2011	#Certificate of Appreciation from Chair of Armed Forces section of the Association of Women's Health, Obstetrics and Neonatal Nursing for podium presentation on insomnia.
2011	Nightingale Award Nominee.
2010	Nightingale Award Nominee.
2010	American College of Nurse-Midwives Excellence in Teaching Award.
2009	Acceptance as Member, International Restless Legs Syndrome Study Group.
2009	1st place CNM Annual Symposium/ACNM Chapter V-3. RLS in women.
2009	Acknowledgment for testimony provide for prescriptive authority from the Nursing Practice Advisory Board of The Medical Center of Aurora by CNO.
2006	American College of Nurse-Midwives Excellence in Teaching Award.
2005-2015	Graduate School Appointment (Regular).
2002	Distinguished Faculty Award; Beth-El College of Nursing, University of Colorado, Colorado Springs.
1999; 2000; 2002	Commencement speaker; Beth-El College of Nursing, University of Colorado, Colorado Springs.
1996	Phi Kappa Phi To recognize and promote academic excellence in all fields of higher education and to engage the community of scholars in service to others.
1995	Montana State University Alumni/Chamber of Commerce Most Excellent Teacher Award; Montana State University.
1993	Outstanding Graduate Academic Achievement Award. University of Southern California.
1993	Carnation Nutritional Products Scholarship for USC Graduate Academic Achievement; Glendale, CA.
1993	Sigma Theta Tau International Honor Society of Nursing.
1992	Outstanding Graduate Academic Achievement Award. USC.

UNIVERSITY and ACADEMIC UNIT COMMITTEES *University

Year	Committee Name	Position
<u>University of Texas Austin</u>		
2023	Dean's Ad Hoc DNP Committee	Member
<u>Baylor University</u>		
2022	Graduate Curriculum Committee	Member, new committee
2022	Graduate Policy	Member
2022 (ad hoc)	Preceptor Evaluation online	Member
2021-present	*The Libraries/ITS Advisory Committee (LITSAC)	Member
2021-present (ad hoc)	Examination Policy LHSON	Member
2021-present	Faculty Promotions Committee LHSON	Member
2021 (ad hoc)	post-MS DNP N6v76 Syllabus LHSON	Member
2021-2023	DNP Projects Committee	Member
2020-2021 (ad hoc)	DNP Task Force LHSON	Member
2019-present	NM Faculty Monthly Meeting	Chair
2019-present	Graduate Coordinators' Committee LHSON	Member
2019-present	Graduate Programs' Committee LHSON	Member
2019-present	Program Effectiveness Committee LHSON (PEC)	Member
2019-present	DNP Proposal Committee	Member
<u>University of Texas Austin</u>		
2023, summer	DNP Curriculum Task Force	Member
2018-2019	UT Graduate Admissions Committee LeADS	Member

UNIVERSITY and ACADEMIC UNIT COMMITTEES

<u>Year</u>	<u>Committee Name</u>	<u>Position</u>
2018-2019	UT Undergraduate Admissions Committee	Member
2018-2019	UT Center for Health IPE	Affiliate
<u>University of Texas Austin</u>		
2018-2019	UT Emergency Preparedness Committee	Member
2017-2019	UT Texas Disaster Volunteer Registry	Member
2017-2019	UT SON Wellness Center Advisory Committee	Member
<u>Vanderbilt University</u>		
2015-2017	VUSN MS-Student Academic Affairs	Member
<u>University of Colorado Anschutz Medical Center</u>		
2014-2015	CU Graduate Evaluation & Curriculum	Member
2013-2014	CU Undergraduate Evaluation & Curriculum	Member
2009-2013	CU Evaluation Committee (CON)	Chair, member
2013-2015	CU Academic Intensive	Member
2008-2013	CU Women's, Children's Family Health Division	Member
2004-2015	CU General Faculty Committee (CON)	Member
2004-2015	CU Health Care Partners (CON)	Member
2004-2008	CU HOPE Division	Member
2013	Vulnerable Populations AE	Member
2013	MS Specialty Directors Committee	Member
2013	Undergraduate Competency Performance Evaluation Re-Writing Ad Hoc Committee	Member
2011-2015	University Nurse-Midwives	Member
	1. Nurse-Midwifery Applicant Committee	Chair
	2. Best Practices Committee	Member
	3. Search Committee	Member
2009-2012	WH/NMW Steering Committee	Member
2009-2011	Curriculum Development Steering (CDSC)	Member
2005-2010	Graduate School graduation ceremonies	Marshall
2004-2015	MS Steering Committee	Member

PROFESSIONAL ASSOCIATIONS (S=state; N=national; I=International)

<u>Year</u>	<u>Organization Name/Committee</u>	<u>Position</u>
2023	Directors of Midwifery Education (DOME)	Nominating committee
2022 (recruited)	Texas BON APRN Advisory Committee	NM representative
2020-present	ACNM ACME re/accreditation site visitor	Senior site visitor
2020	Western Journal of Nursing	Reviewer (N)
2019-2020	Local and national Planning Committee Annual Meeting ACNM in Austin, Tx	Member
2019	ACNM Foundation	Grant reviewer (N)
2018-present	NCC Job Analysis for Role and Scope of WHNP	Member (N)
2018-present	RLS Foundation Austin Support Group	Member (N, S)
2018-present	Texas Nurse Practitioner	Member (S)
2018-2020	ACNM Texas Affiliate	Secretary (S)
2016-2017	TN Affiliate ACNM listserv	Member, Secy
2013-14	Denver 59 th ACNM Local Planning Committee (S,N)	Member
2013-2015	Colorado Affiliate of the ACNM (N)	Secretary
2012- present	Restless Legs Syndrome Foundation (N)	Member
	Scientific-Medical Advisory Board	
2012-	International Restless Legs Syndrome	Co-Chair
2014	Study Group (IRLSSG) Ad Hoc Committee: "Committee Consensus: Treatment of RLS during Pregnancy" (I)	

PROFESSIONAL ASSOCIATIONS (S=state; N=national; I=International)

<u>Year</u>	<u>Organization Name/Committee</u>	<u>Position</u>
2012	ACNM Region V-Chapter 3, Denver, CO (S) Research Committee	Co-Chair
2011-2012	Restless Legs Syndrome Foundation (N)	Member Board
2010	America Public Health Association Annual Meeting Denver, CO	ACNM Exhibitor
2009-present	International Restless Legs Syndrome	Member
2009	ACNM Re-Entry Task Force (N)	Member
2009	ACNM Mid-year Midwifery Business Network/Directors of Midwifery Education Meeting in Denver, CO (N)	Chapter Coordination; Host
2009	HealthTeam Works: Preconception & Interconception Care Guideline (S)	Member
2008-2017 (3 terms)	ACNM-Accreditation Commission for Midwifery Education (ACME) (N)	Member, Board of Review
2006-2010	ACNM Region V-Chapter 3, Denver, CO (S)	President; member
2004-15	Directors of Midwifery Education (DOME) (N)	Member; Sec'y
2005-2008		
2004-2013	ACNM Region V-Chapter 3, Denver, CO (S)	Member
2001-2008; 2018-present	ACNM-Accreditation Commission for Midwifery Education (ACME)	Site visitor
1999-2003	ACNM Region V- Pike's Peak Chapter , CS, CO	Co-chair

COMMUNITY ORGANIZATIONS

<u>Year</u>	<u>Organization</u>	<u>Position</u>
2022	BeMyEyes	Volunteer - phone app for non-sighted
2022	The People's Clinic, Austin, TX	CNM volunteer
2022	Austin-TruCare Pregnancy Center	applied as women's health volunteer – n/a
2022	Austin-Source Pregnancy Center	applied as women's health volunteer – n/a
2020-2022	The Agape Clinic	CNM volunteer for women's health
2017-2021	UT Austin Disaster Response	Member
2015	Denver Dumb Friends League	Volunteer
2007, 2013	CO 9 News Health Fair	Volunteer provider
2009-present	English Springer Rescue of America	Volunteer
2009-2015	Colorado Beagle Rescue	Home visits before adoption

TEACHING ACTIVITIES

<u>Year</u>	<u>Course</u>	<u>Program</u>	<u>Role</u>
<u>UT Austin</u>			
Fa 23	N395F DNP Theory Foundations	UT Austin	Lead faculty
Fa23	UGS 303 Sleep	UT Austin	Lead faculty
Fa 23	N344 Perinatal Clinical	UT Austin	faculty (clinical)
<u>BAYLOR</u>			
Sp23	N63C1 - DNP 1 (proposal writing)	Baylor University	Chair
Sp21-Sp23	N5370 NM Residency 1	Baylor University	lead faculty
Su20-Sp23	N5242 Women's Health OB	Baylor University	lead & co-faculty
Su20-Sp23	N5243 Women's Health GYN	Baylor University	lead faculty
Su20-sp23	N5v43 Women's Health hours	Baylor University	lead faculty
Sp20	N5351 Advanced Pharm	Baylor University	faculty
Sp20-Sp23	N6v76 NM Residency 2	Baylor University	lead faculty
Fa19-Sp23	N5140 Professional Roles	Baylor University	lead faculty
Fa19-Sp23	Nurse-Midwifery Program	Baylor University	program coord

TEACHING ACTIVITIES

<u>Year</u>	<u>Course</u>	<u>Program</u>	<u>Role</u>
<u>UT AUSTIN</u>			
Sp19	N290J Alternate Entry OB	UT Austin	faculty
Sp19	N290S BSN Capstone Clinical	UT Austin	faculty
Fa18	N381D Nursing Leadership	UT Austin	lead faculty
Su18	N284 AE-MSN	UT Austin	faculty
Sp 18-present	DNP Capstone Project	UT Austin	advisor
Sp18	N273 Quality/Safety	UT Austin	faculty
Fa17;Sp18,19	N250 IPE	UT Austin	faculty
Fa&Sp17-19	N310 HC Communications	UT Austin	lead faculty
Fa17,Fa18	N395 DNP Roles	UT Austin	lead faculty
Fa17,Sp18	N386 QSEN in HC Discussions	UT Austin	group facilitator
Fa17-present	BSN Scholars	UT Austin	advisor
<u>VANDERBILT</u>			
Fa15-Su17	DNP Advisor	Vanderbilt University	advisor
Su16,17	N6060 Integration EBP (3)	Vanderbilt University	faculty
Su16,17	N6070 APN Roles (3)	Vanderbilt University	faculty
Su16,17	N6831 Intrapartum Skills (1)	Vanderbilt University	faculty
Sp,Su 16,17	N7320 WHNP Didactic II (3)	Vanderbilt University	faculty
Sp17	N6545 NMW Primary Care	Vanderbilt University	faculty
Fa16	N6821 NMW Repro Endo	Vanderbilt University	faculty
Sp16	N7315 WHNP Practicum (3)	Vanderbilt University	faculty
Sp16,17	N6060 Sci. Underpinnings (3)	Vanderbilt University	faculty
Sp16,17	N6805 NMW Assessment (1)	Vanderbilt University	faculty
Fa15	N7305 WHNP Assessment (1)	Vanderbilt University	faculty
Fa15,16	N7310: WHNP Didactic I (3)	Vanderbilt University	lead faculty
<u>UNIVERSITY OF COLORADO ANSCHUTZ MEDICAL CENTER</u>			
Sp14,15	Nurs 6477: Well Child: Newborn content	University of Colorado Aurora, CO	lead faculty
Sp14	NURS 6746: CNS Complex Symptom Management	University of Colorado Aurora, CO	guest lecture
Fa13-14	Nurs 6343: Well Woman Gynecology	University of Colorado Aurora, CO	co/lead faculty; mentor
Fa12-14	Nurs 6913: Ob/Gyn Skills Lab	University of Colorado Aurora, CO	co/lead faculty
FaSpSu12-14	N3337: OB Nursing (new BS curriculum)	University of Colorado Aurora, CO	co/lead faculty; mentor
FSpSu11-15	Nurs6755, 6756, 6757, 6758 Women's Health Practicum	University of Colorado Aurora, CO	lead faculty; placements
Fa11-Su15	Women's Health Nurse Practitioner option	University of Colorado Aurora, CO	specialty director
Fa10-12	N6755 C33: Ob/Gyn Skills Lab	University of Colorado Aurora, CO	lead faculty
Fa05-14	N6372: Pregnancy & Birth	University of Colorado Aurora, CO	lead faculty
FaSpSu05-15	Nurse-Midwifery Practicum Nurs 6758 C30: Integration Nurs 6755,56, 57 C14: NMW Nurs 6755, 56, 57 C15: NMW	University of Colorado Aurora, CO	lead faculty; placements
Sp05-13	Nurs 6477: Well Child- Newborn	University of Colorado Aurora, CO	guest lecturer

TEACHING ACTIVITIES

<u>Year</u>	<u>Course</u>	<u>Program</u>	<u>Role</u>
FSpSu 04-12	Nurs 3307: Childbearing Families (course retired 12-12)	University of Colorado Aurora, CO	lead faculty; mentor
Fa04-15	Nurse-Midwifery Option Aurora, CO	University of Colorado	coordinator
Su00	Nursing 220: Fundamentals	University of Colorado Colorado Springs	co-faculty
Fa99-01	Nurs 673: Advanced Health Assessment	University of Colorado Colorado Springs	lead faculty
Su99-00	Nurs 667/679: Primary Care of Aging Families	University of Colorado Colorado Springs	co-faculty
Sp99-01	Nurs 664/678: Primary Care of Childbearing Families	University of Colorado Colorado Springs	lead faculty
Sp99-01	Nurs 210: Health Assessment Colorado Springs	University of Colorado	co-faculty; clinical instructor
F98-Sp04	Nurs 420: Childbearing Families	University of Colorado Colorado Springs	lead faculty clinical instructor
Fall & Spring F98-01	Nurs 674: Advanced Pathophysiology	University of Colorado Colorado Springs	lead faculty
Su98	Nurs 661: OB/GYN (retired)	University of Colorado Colorado Springs	lead faculty
<u>MONTANA STATE UNIVERISITY</u>			
Sp95	Nurs 410: Nursing Research	MT State University	co-faculty
Fa95	Nurs 630: Advanced Pathophysiology	MT State University	co-faculty
Fa94-Sp96	Nurs 342: High-Risk Childbearing	MT State University	lead faculty; clinical instructor
<u>OTHER</u>			
3/89-5/94	Nurse-midwifery practicum AP, IP, PP, NB, GYN	University of Southern California	adjunct SOM; preceptor
Sp89	Obstetrical Nursing	Biola University La Mirada, CA	assist. instructor BSN program
Sp89	Nursing Fundamentals	El Camino College Torrance, CA	assist. instructor ADN program
Sp-Su85	Nursing Skills Lab	El Camino College Torrance, CA	assist. instructor ADN program

DNP ADVISING AND MENTORING**Baylor University 2020-2023**

- SUI Screening and Referral at Postpartum Visit.
- Improving Vitamin K Injections in a Birth Center.
- Screening for DEXA Referral using Modifiable-and-Non-Modifiable Osteoporosis Risk Factors.
- Using Motivational Interviewing to Improve Nexplanon Retention at the University of Johannesburg.
- Implementation of Opt-Out STD Screening in Age-Appropriate Patients at a Family Practice.

Vanderbilt University 2015-2017

(2017). Same-day LARC in rural Georgia. (DNP Capstone). Vanderbilt University, Chair.

(2016). Long-Acting reversible contraception to decrease unintended pregnancy in college women. (DNP Capstone Project). Vanderbilt University. Chair.

University of Colorado College of Nursing Anschutz Medical Campus

(2016). Decreasing primary cesarean birth rates with implementation of physiologic birth parameter on an obstetrical unit. (DNP Capstone Project). Advisor until 2015, retired.

University of Colorado College of Nursing Anschutz Medical Campus

- (2015). Improving contraceptive adherence in women who use subdermal implants. (DNP Capstone Project). Advisor.
- (2014). Decreasing smoking at Planned Parenthood (Unpublished DNP Capstone Project). University of Colorado Denver. Advisor.
- (2014). Increasing rates of Tdap during pregnancy. (Unpublished DNP Capstone Project). University of Colorado Denver. Advisor.
- (2011). GDM testing: Getting everyone on the same page. (Unpublished DNP Capstone Project). University of Colorado Denver. Advisor.
- (2011). Pitocin bundling: Improving unit compliance. University of Colorado Denver. (Unpublished DNP Capstone Project). Advisor.
- (2010). Improving adherence to gestational weight gain guidelines: A quality improvement project. (Unpublished DNP Capstone Project). University of Colorado Denver. Advisor.
- (2006). Compliance with NIH guidelines for antenatal education. (Unpublished DNP Capstone Project). University of Colorado Denver Advisor.
- (2006). Proyecto adelante: Evaluation of midwifery model care in a public health teaching hospital. (Unpublished DNP Capstone Project). University of Colorado Denver. Member.

Master's ThesesMontana State University

- (1996). The role of the advanced practice nurse in facilitating home care for the preterm labor patient. (Unpublished Master's thesis). Montana State University. Bozeman, MT. Chair.

University of Colorado, Colorado Springs

- (2001). A descriptive study of military health care beneficiaries who use a nurse staffed health information telephone system. (Unpublished Master's thesis). University of Colorado, Colorado Springs. Member.
- (2001). Lifestyle practices of advanced practice nurses. Unpublished Master's thesis. University of Colorado, Colorado Springs. Member.
- (2000). An ethnographic study of women with antiphospholipid antibody syndrome during pregnancy. (Unpublished Master's thesis). University of Colorado, Colorado Springs. Member.
- (2000). Concurrent assessments: The hallmark of expertise in rural nurses. (Unpublished Master's thesis). University of Colorado, Colorado Springs. Member.
- (2002). First responders and crime scene preservation: A descriptive study. (Unpublished Master's thesis). University of Colorado, Colorado Springs. Chair.

Master's Comprehensive Oral Examinations University of Colorado Anschutz Medical Campus

Specialty	Year	No. of students	Chair	Member
WHNP/NMW	2005	6	0	6
WHNP/NMW	2006	12	0	12
WHNP/NMW/PMHNP	2007	8	6	2
WHNP/NMW/FNP/ANP	2008	13	8	5
WHNP/NMW	2009	5	4	1
WHNP/NMW	2010	11	8	3
WHNP/NMW	2011	10	8	2
WHNP/NMW/FNP	2012	10	9	1
WHNP/NMW	2013	9	4	5
WHNP/NMW/AGNP/FNP	2014	14	10	4
WHNP/NMW/AGNP/FNP	2015	20	20	2
WHNP	Fa 2015	3	3	

CURRICULUM DEVELOPMENT

<u>Year</u>	<u>Role</u>	<u>Description</u>
<u>Baylor University</u>		
2022-2023	Developer	Interprofessional Education sNNPs-SNMs: Bad News; Substance Abuse
2021	Developer	DNP Nurse-Midwifery N5140 (with Instructional Design)
2020-on	Developer; lead	DNP Nurse-Midwifery N5243 (with Instructional Design)
2020	Developer; lead	N5254 Primary Care for Women
2020	Developer	N5346 High Risk Family and Complex Gynecology
2019-2023	Co-developer	Immersion: 5158, 5v43, 5345, 6v76
<u>The University of Texas Austin</u>		
'18-'21	Member	Baccalaureate of Nursing Science Admissions Committee
2019	Member	Alternate Entry Master's of Science in Nursing Admissions Committee
'17-on	Member	Family and Public Health Nursing Division
'17-19	Developer	NUR 310 Communications in Health Care Settings
<u>Vanderbilt University</u>		
2015	Developer	NURS 7310 and 7320 (WHNP didactic)
<u>University of Colorado</u>		
2015	Writer	Write plans of study & syllabi for BS-DNP for WHNP & NMW.
2014	Reviser	Revised NURS6755-58 Advanced Practicum clinical evaluations for greater objectivity with clinical competency rubric.
2014	Participant	Screening, Brief Intervention, Referral for Therapy (SBIRT); inclusion in undergraduate/graduate programs
2013	Writer	NURS6477 Well-Child; 1 credit of Newborn content developed and taught specifically for NMW students.
2013-15	Co-faculty	NURS6913 (1 cr.) 2 Day Ob-Gyn Skills Lab for NMW, WHNP, & FNP. Course now offered through Professional Development.
2012	Participant	Crucial Conversations.
2011	Co-planner	NURS3307 implemented QSEN project ranked high by students.
2011	Co-planner	Moved NURS6372 (Pregnancy & Birth) and NURS6343 (Well-Woman GYN) to Fall semester so students could be prepared for Ob GYN in the clinic setting as they started advanced practicum.
and		
2011-2012	Facilitator	Assisted all undergraduate faculty to prepare syllabi for new BS curriculum: new Course Specifications, Program and Course Competencies, allocation of didactic and clinical hours.
2010-2012	Co-teacher	NURS6755-C33 (1 cr. + 30 CEU. of clinical); 2 Day Ob-Gyn Skills Lab for NMW, WHNP, & FNP students.
2010	Participant	American Association of Colleges of Nursing Quality and Safety Education in Nursing Consortium Institute; Phoenix, AZ: QSEN.
2010	Co-author	NURS 6847 Primary Care for Women's Health. Written with Dr. Raterink & Dr. Quinn. Course specifically for primary care and women. Substantive change submitted to ACNM ACME and approved.
2009-2011	Member, Sec'y	BS Curriculum Development Steering Committee (CDSC) met year-long for new BS curriculum Essentials with QSEN
2009	Member	Ad-hoc ACNM Committee for CNM Re-Entry to Practice; parameters identified according to years out of practice; adopted nationally.
2008	Member, Co-writer	Steering Committee for Self-Evaluation Report for Accreditation of the Bachelor of Science, Master of Science and Doctor of Nursing Practice Programs submitted to Commission on Collegiate Nursing Education.
2007	Writer	Self-Evaluation Report for Reaccreditation of the Nurse-Midwifery Educational Program submitted to ACNM ACME.
2004-2017; 2020-on	Member	Southwest Area Examination Writers (SWAE); consortium NMW programs in ACNM Region VI meet annually to write and validate mock AMCB certification exam; CU hosted in 2005, 2009, 2012

University of Colorado

04-15	Member	MS-DNP Steering Committee to discuss MS/DNP curricula
04-10	Teacher	2 Day Ob-Gyn Skills Lab for NMW & WHNP students as orientation to NURS6755-6758 Advanced Practicum progression

OTHER TEACHING ACTIVITIES

<u>Year</u>	<u>Role</u>	<u>Description</u>
<u>Baylor University</u>		
2022	Attendee	Pinning and Graduation: Fall, Spring, Summer (N=6)
F22	Volunteer	Baylor Waco Graduation Marshall
F19, 20,21,22	Volunteer	Fall Premiere, Undergraduate nursing students intro to APRNs
F19-Fa20	Volunteer	N5452 Advanced Health Assessment (pregnancy video)
<u>UT Austin</u>		
Fa18	Guest	N396J Advanced Health Assessment for AG-CNS (repro assessment)
<u>UT Austin</u>		
Fa18	Guest	N396J Advanced Health Assessment for FNP (OB assessment video)
Sp18-23	Guest	N396L Primary Care for FNP (1. contraception; 2. prenatal care)
Fa17,Sp18	Facilitator	N386 Quality & Safety in Healthcare –IHI Discussions
Fa17,Sp18	Volunteer	UT Simulations for Hospital and OB scenarios
<u>Vanderbilt University</u>		
Fa15	Guest	N6102 Pregnancy Physiology for ACAGNP
Sp16	Guest	N6032 GYN Disorders for ACAGNP
Fa15	Guest	N60xx Pharmacology: Contraception and Hormone Replacement
<u>University of Colorado</u>		
2014-	Author	“Precepting the Nurse-Midwife and Nurse Practitioner Student.”
2015		Offered to all preceptors for MS Options via DropBox. Live option.
2014	Mentor	NURS6755-58 WHNP Advanced Practicum. Jessica Bunjer, DNP, WHNP; Jennifer Dailey-Vail, MS, WHNP.
2013	Mentor	NURS6343 Well Woman GYN. Jessica Bunjer, DNP, WHNP; Jennifer Dailey-Vail, MS, WHNP.
2013	Author	Metastatic choriocarcinoma in a term pregnancy. <i>Maternal Child Nursing, the American Journal of Maternal Child Nursing.</i> 39(1);8-15.
2013	Co-author	2.1 ANCC Contact Hours. *Best clinical article of the year. Chorioamnionitis: Prevention and management. <i>Maternal Child Nursing, the American Journal of Maternal Child Nursing.</i> 38(4): 206-212. 2.3 ANCC Contact Hours.
2012	Mentor	NURS3337 (formerly 3307) Childbearing Families. Rebecca Berman, MS, CNM; Brenda Owen, MS, CNM.
2010	Mentor	NURS7866 EB Teaching Practicum for DNP student Keri Sykora in NURS3307.
2010	Faculty	Dept. of FM, Stapleton, Ob training for Interns (invited).
2010-	Author	(2009). Leg cramps and restless legs syndrome during pregnancy.
2012		<i>Journal of Midwifery and Women’s Health.</i> 54(3); 211-218.
2010-15	Moderator	“The How Tos of MS Comps”. Every January: 4 hour discussion on MS comprehensive exams.
2009-11	Author	“Precepting the Nurse-Midwife and Nurse Practitioner Student.” AACN CEUs offered to AHEC participants, Vail, CO, invited.
2009-10	Recruiter	CNM faculty contributors to the <i>9th Ed. of Maternal Newborn Nursing Women’s Health Across the Lifespan.</i>
2009	Faculty (invited)	Gyn Procedures: Endometrial & Vulvar Biopsies. 34th National Primary Care Nurse Practitioner Symposium .
2006	Coordinator	Prepared CON faculty for Accreditation Commission of Midwifery Education reaccreditation-brown bag lunches, PowerPoints.

University of Colorado

Fa05-12	Developer/ Faculty	Labor and Delivery Ultrasonography 2 Day Course; first offering. Now offered every Fall through Professional Development.
'07-15'; '15-'17	Volunteer Faculty	Advanced Life Support in Obstetrics Workshop for 2 days offered '15- 2x/year for 3 residency programs and CU SNMs and Vanderbilt.
2004-2015	Guest	NURS 3337: Childbearing Families for other faculty.

PRACTICE DEVELOPMENT

<u>Year</u>	<u>Role</u>	<u>Description</u>
2017-2019	Gyn Consultant	Family Wellness Clinic, UT Austin faculty practice
1/2018	Trainer	Merck Nexplanon trainer at Family Wellness Clinic
12/2017	Trainer	IUD training for NPs at Family Wellness Clinic, Austin, TX
2013-present	Trainer	APN student training for Nexplanon
2012	Teacher	Maternal Postpartum Assessment: "Postpartum Hemorrhage"; The Medical Center of Aurora Women's (TMCA) Careline. Collaboration between RNs and CNMs.
2012	Member	TMCA Team to develop conceptual practice model – "The HEARTS" Model. Interdisciplinary work to guide on Women's Careline.
2012	Teacher	Ob Sonography Hands-On to meet requirements for CNM credentialing at Aurora Nurse-Midwives/TMCA. Guidelines, check-off, set up live patients.
2012-2015	Member	CU University Nurse-Midwives Search Committee.
2010-2015	Chair	CU Nurse-Midwifery Applicant Review/Interview Committee.
2010-2015	Member	CU University Nurse-Midwives Best Practices Committee.
Spring 2011	Student	Applied sleep theory; 100 hours with Sleep Clinic at UCH and National Jewish Health. Preparation for women's sleep clinic.
2010-2015	Author	Sleep Policies/Protocols for Women across the Lifespan. Accepted by consulting OBs and CNMs at ANM for start of RLS/insomnia clinic.
2013	Contributor Editor	Aurora Nurse-Midwives Clinical Resources. (CO)
2010, 2012, 2014	Contributor Editor	Aurora Nurse-Midwives Clinical Practice Guidelines. (CO)

OTHER PRACTICE ACTIVITIES**Professional**

<u>Year</u>	<u>Role</u>	<u>Description</u>
2019-2020	Member	Local Program Planning Committee 65 th ACNM Annual Meeting
	Member	National Program Planning Committee 65 th ACNM Annual Mtg
3/2010	Editor	Assisted staff with posters for 1st Annual Research Symposium
2010, 2012	Editor	HealthOne Clinical Practice Guidelines for all CNMs.
2006	CNM	Staff when CNM Triage opened at UCH
2006	CNM	Wrote guidelines and started GYN UNM Clinic
2004-15	Teacher	Preceptor Workshop for Colorado CNMs who precept CU NMW students in preparation for reaccreditation of specialty option.
2004-15	CNM	CNM credentialed at UCH to evaluate NMW/WHNP students needing assistance in the University environment.
2004-15	CNM	CNM credentialed at UCH. Available for consultations for sleep disorders in women
2004-2010	CNM	Team member of Aurora Nurse-Midwives, off-campus site.
2013	Member	Local Program Planning Committee for 59th ACNM Annual 2014 Meeting in Denver, CO, May, 2014.

Professional

<u>Year</u>	<u>Role</u>	<u>Description</u>
2009	Chapter President	ACNM Denver Chapter - political involvement during sunset of Nurse Practice Act and negotiation of prescriptive authority.
2006-2010	Volunteer	National Nurse Practitioner Symposium Planning Committee.
2009	Volunteer	Planning Committee for ACNM Midwifery Business Network & Directors of Midwifery Education hosted in Denver, CO.
2008	Chapter President	Statewide Colorado road trip to visit CNM practices in person. Goal: gain enthusiasm and monies for lobbyist for sunset of Nurse Practice Act .
2008-15	Member	Annual Colorado Nurse-Midwife Symposium Planning Committee.

CONSULTATION

<u>Year</u>	<u>Role</u>	<u>Organization</u>
2022 invited	NCC	Scope of Practice Committee (declined due to workload)
2018	NCC	Scope of Practice. Chicago, ILL
<u>Year</u>	<u>Role</u>	<u>Organization</u>
2011	Interviewee	Clinical Research Tokyo, Japan; NMW in Japan
2009	Consultant	Nurse Practitioner Advisory Board for MedPro Comm, Miami, FL
2008	Consultant	Bayer HealthCare Pharmaceutical

PROFESSIONAL REVIEW ACTIVITIES

<u>Year</u>	<u>Role</u>	<u>Description</u>
# 2022	Reviewer	Review AWHONN: Core Curriculum Neonatal Intensive Care Nsg. 7e.
2020-present	Reviewer	Western Journal of Nursing
2019-present	Reviewer	Clinical Advisor
2/2018	Reviewer	Elsevier. Kendig: Women's Health in Primary Care, 1e. Chapter 5: Well-Woman Gynecology
2/2018	Reviewer	Elsevier. Kendig: Women's Health in Primary Care, 1e. Chapter 6: Preconception Care
2016-2017	Reviewer, contributor	Naval Health Research Center Military Women's Gap Study Team and Military Women's Health Health Interest Group
2016-present	#Writer	National Certification Council (NCC) test writer
2015-present	Reviewer	<i>J of Gynecology, Obstetrics, & Neonatal Nursing</i>
2015	Reviewer	OB RN Training Modules – Kennedy, B.
2013	#Reviewer	Invited by editor; Behavioral Sleep Medicine
2010	#Contributer	RLS Foundation. RLS during Pregnancy.
2010	Judge	9th Annual CNM Symposium, Denver, CO
2010	#Judge	1st Annual Medical Center of Aurora Research & Evidence Based Practice Symposium
2008-present	Reviewer	<i>Journal of Midwifery and Women's Health</i>
2008	#Reviewer	Chapters 20-32. Lowdermilk, D., Perry, S. <i>Maternity & women's care Ed 8.</i> Mosby.
2005-2015	Chair/member	Graduate School appt.

OTHER SERVICE ACTIVITIES

<u>Year</u>	<u>Role</u>	<u>Description</u>
2022	Volunteer	Center Women's Health/People's Community Clinic, Austin, TX (CNM)
2022	Volunteer	BeMyEyes – app for the blind to ask the sighted for help w/ ADLs
October 2021	Editor	Touching Lives – James Merritt daily devotionals Sept. 2021
Sept. 21, 22	Guest speaker	UTSW Medical Students Integrated Elective – Discuss Nurse-Midwifery
June 2020	BU-LHSON	Medical Mission to colonias McAllen, TX - cancelled - covid
11/7/17	Volunteer	UT Austin SoN Hospital Day Simulations
11/31/17	APRN member	Family Wellness Center for UTA SoN health physicals

OTHER SERVICE ACTIVITIES

<u>Year</u>	<u>Role</u>	<u>Description</u>
12/5/17	Volunteer	UT Austin SoN Vascular Simulations
1/31/12	#Presenter	Willis-Ekbom Disease/Restless Legs Syndrome. Boulder WED/RLS Support Group. Bainbridge, J., & Hensley, J.
3/1/11	#Presenter	Restless Legs Syndrome in Women. Evans Army Community Hospital APN Meeting. Ft. Carson, CO
2009	Poller	CO School of Public Health; assisted with poll of CNMs breastfeeding attitudes
2009-14	Web host	CO CNM statewide listserv - legislative communication
2008-2009	Testifier	Nurse Practice Act Chapters XIV/ XV during sunset year to BON, HHS Senate
2008	Recruiter	Cost/benefit ratio for nurse-midwifery education ACNM study
2006-15	Web host	Maintained CO CNM listserv CO_ACNM@yahoo.com
2004-15	Volunteer	CO 9 News Health Fair: Community Paps and breast exams
2008-present	Volunteer	English Springer Rescue of America (esra.org)

MENTORING New Faculty and Students - Baylor

- Canvas, Box, test construction, course development, scholarship mentoring:
 - Shannon DaSilva, DNP, CNM
 - Jacquelyn Alvarado, DNP, CNM
 - Samantha Crouch, DNP, CNM
 - Amy Giles, DNP, CNM
 - Kimberly Taylor, DNP(c), CNM
 - Lauren Narbey, PhD (c), CNM
 - Jessica Frankfurt, DNP, CNM

MEMBERSHIP PROFESSIONAL ORGANIZATIONS

- American Society for Cervical Pathology (ASCCP)
- American Academy of Sleep Medicine (AASM)
- American College of Nurse-Midwives (ACNM)
- American College of Nurse-Midwives (ACNM), Texas Affiliate
- American College of Obstetrics and Gynecology (ACOG)
- International Restless Legs Syndrome Study Group (IRLSSG)
- North American Menopause Society (NAMS)
- Nurse Practitioners for Women's Health (NPWH)
- Restless Legs Syndrome Foundation (RLSF)
- Society for Maternal Fetal Medicine (SMFM)

CONTINUING EDUCATION (last 5 years)

2023	ACNM 68 th Annual Meeting
2023	NACE Primary Care Update (6 CEU)
2023	PER: The Future of Women's Health (6 CEU)
2022	ACNM 67 th Annual Meeting (10 CEU)
2022	Contraceptive Technology (35 CEU)
2022	NACE Primary Care Update (6 CEU)
2022	PER: The Future of Women's Health (6 CEU)
2021	NACE Primary Care Update (8 CEU)
2021	TTHSC Primary Care Update (8 CEU)
2021	Contraceptive Technology 2021 (42 CEU)
2021	ACNM 66 th Annual Meeting (20 CEUs)
2021	RLSF/IRLSSG (8 CEU)

CONTINUING EDUCATION (last 5 years)

2021 WASM (4 CEU)
2020 Contraceptive Technology 2020 (48 CEU)
2020 ACNM 65th Annual Meeting (17 CEU)
2019 Accreditation Process for ACNM (7 CEU)
2019 How to Fight the Opioid Epidemic, TMLT (2 CEU)
2019 Case Closed: Managing Opioids, TMLT (2 CEU)
2019 Counseling Your Patients with HSDD and Advances in Dx and Tx, OMNIA (1 CEU)
2018 Treatment of Decreased Sexual Desire in Women, NPWH (1 CEU)
2018 Leadership and Management Strategies for Nurses, Western Schools (24 CEU)
2018 ACOG Annual Conference, Austin, TX (8 CEU)
2018 Texas Campaign Symposium (prevention teen pregnancy), Austin, TX (8 CEU)
2018 Motivation Interviewing for Healthcare Professionals, UC Denver (13 CEU)
2018 OB/Neonatal Care Coordination-Infectious Diseases in Pregnancy, TCHMB (14.75 CEU)