

## CAROLYN S. PHILLIPS, PhD, RN, ACNP, AOCNP

Assistant Professor, School of Nursing  
The University of Texas at Austin  
1710 Red River, Austin, TX 78712  
*Carolyn.Phillips@nursing.utexas.edu*

### EDUCATION/TRAINING

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Post-Doctoral Research Fellow	2019-2021	Dana Farber Cancer Institute/Harvard Medical School, Boston, MA
PhD	2016-2019	The University of Texas at Austin, School of Nursing, Austin, TX Robert Wood Johnson Foundation Future of Nursing Scholar
MSN	2009-2011	University of New Mexico, College of Nursing, Albuquerque, NM Concentration: Acute Care Nurse Practitioner
BSN	2001-2002	The Johns Hopkins University, School of Nursing, Baltimore, MD
BS	1996-2000	Doane University, Crete, NE Majors: Biology, Religious Studies; Minor: Philosophy
Internship	Spring 2000	Vanderbilt University, Nashville, TN Medical Ethics Department
International Study	Fall 1997	Tantur Ecumenical Institute, Jerusalem, Israel Religious Studies

### PROFESSIONAL EXPERIENCE

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#### **RESEARCH:**

- 2021-present **Assistant Professor, Tenure-Track**  
The University of Texas at Austin, School of Nursing  
Holistic Adult Health Division
- 2019-2021 **Post-Doctoral Research Fellow**  
Dana-Farber Cancer Institute/Harvard Medical School, Boston, MA  
Integrative Medicine Fellow
- 2016-2019 **Graduate Research Assistant**  
The University of Texas at Austin, School of Nursing, Austin, TX
- **R01NR014362** "A Multisite Trial of a Cognitive Rehabilitation Intervention for Persons with MS." Co-PI: Dean Alexa Stuijbergen, PhD, RN, FAAN, Heather Becker, PhD. GRA Role: Data collection, data management, data analyses, manuscript writing.
  - **P30NR015335**: Center for Transdisciplinary Collaborative Research in Self-Management Science. PI: Miyong Kim, PhD, RN, FAAN, FAHA. GRA Role: Literature reviews and data collection.
  - **F31NR015707-01A**: Biobehavioral Contributors to Cognition in Breast Cancer Survivors – PI: Ashley Henneghan, PhD, RN. Role: Secondary data analysis, manuscript writing.

2013-2014 **Research Assistant**  
University of New Mexico, College of Nursing, Albuquerque, NM  
Research Assistant for Dr. Barbara Damron (PI), "Assessing Native American Policy for Biospecimen Collection," Robert Wood Johnson Foundation Health Policy Fellowship.  
University of New Mexico, College of Nursing, Albuquerque, NM. RA Role: Literature review, data collection, and data management.

**CLINICAL PRACTICE:**

2012-2016 **New Mexico Cancer Care Associates**, Santa Fe, NM  
Founder and Director, Community Nursing Research Center Pilot Program (1-year grant)  
Advanced Oncology Certified Nurse Practitioner

2008-2012 **University of New Mexico Cancer Research and Treatment Center**, Albuquerque, NM  
Oncology Certified Registered Nurse

2004-2008 **New Mexico Cancer Care Associates**, Santa Fe, NM  
Oncology Certified Registered Nurse; Nurse Manager

2005-2011 **University of New Mexico Gynecology Oncology Outreach Clinic**, Santa Fe, NM  
Clinical Nurse Coordinator, Oncology Certified Registered Nurse

2004-2005 **University of New Mexico Hospital**, Albuquerque, NM  
Oncology Certified Registered Nurse

2003-2004 **American Mobile Healthcare Travel Nursing**  
Oncology Registered Nurse

2002-2003 **Oregon Health and Science University**, Portland, OR  
Oncology Registered Nurse

**TEACHING:**

2023 **BDP Mentor:** Chardelene Reyes, Anjana Ganesh

2022-2023 **CNS: Polymathic Scholar Mentor;** Ruth Simpson

2022 **BDP Mentor:** Ryan Su; Chandana Chic...

2022 **Invited Educational Lecture.** The University of Houston, Department of Arts Leadership, "Arts in Health Programming for Self-Care." Houston, TX.

2021 **Invited Educational Lecture.** CHPR Colloquim Series; The University of Texas at Austin, School of Nursing, "Storytelling Through Music: Exploring the Effects, Challenges, and Future Directions of Implementing a Multi-Dimensional Intervention with Professional Caregivers." Austin, TX.

2021-present **N310: Communication in Health Care Settings.** Undergraduate course at The University of Texas at Austin, School of Nursing.

2021 **Graduate Nurse Practitioner Mentor.** Northeastern University, School of Nursing, Boston, MA.

2021 **Invited Educational Lecture.** The University of Houston, Department of Arts Leadership, "Arts in Health Programming for Self-Care." Houston, TX.

- 2019 **Invited Educational Lecture.** Guest Lecture for Undergraduate Research Course. The University of Texas at Austin, School of Nursing, “A Pilot Study to Evaluate the Feasibility of Storytelling Through Music to Improve Well-being in Oncology Nurses.” Austin, TX.
- 2018-2020 **Undergraduate BSN Mentor.** Intellectual Entrepreneurship Pre-Graduate School Internship Program, Mentor, The University of Texas at Austin, Moody College of Communication.
- 2017 **Invited Educational Lecture.** The University of Texas at Austin, Dell Medical School, “Humanities, Heart and the Art of Medicine” – Guest Lecture on the Integration of Music into a Wellness Program for Healthcare Professionals, Austin, TX
- 2016 **Teaching Assistant.** The University of Texas at Austin, School of Nursing, Austin, TX “Ethics in Healthcare,” Undergraduate Writing Intensive Course
- 2013-2014 **Invited Educational Lecture.** Santa Fe Community College Department of Nursing Education, “Pain Management.” Santa Fe, NM.
- 2011 **Invited Educational Lecture.** University of New Mexico Cancer Center, “Blood Transfusions and Reaction Management.” Albuquerque, NM
- 2010 **Invited Educational Lecture;** University of New Mexico Cancer Center, “Pandemic Influenza: As it Relates to Cancer Care,” “Management of Chemotherapy Infusion Reactions,” “SCPs for Women with Ovarian Cancer.”

**COMMUNITY EDUCATION:**

- 2014 “Cancer Prevention and Screening,” Oncology Lunch and Learn, Community Outreach Program, Santa Fe, NM
- 2013 “Aerodigestive Cancer Chemotherapy and Radiation Pilot Program: Navigating a Comprehensive Approach to Cancer Care and Survivorship,” CHRISTUS St. Vincent’s Regional Hospital, Santa Fe, NM

**CURRICULUM EVALUATION:**

- 2017-2019 Advisor: Dr. Heather Becker, Role: assisted the coordinator of institutional evaluation activities for the School of Nursing. Identified themes from open-ended responses to curriculum surveys, helped interpret findings, and drafted sections of reports.

**RESEARCH EXPERIENCE/GRANTS**

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**ACTIVE PROJECTS:**

- 2023-current Principal Investigator. *Feasibility Study of the Storytelling Through Music Intervention with Bereaved Parents.*  
Co-Investigator: Erin Rodriguez, PhD and Barbara Jones, PhD, MSW  
Funded by: Center for Health Promotion Research (CHPR)
- 2023-current Principal Investigator. A Randomized Controlled Trial of Ukulele Playing Compared to Music Listening to Improve Cognition in People with Multiple Sclerosis: A Feasibility Study  
Co-Investigator: Shelli Kesler, PhD, Dean Alexa Stuiifbergan, Heather Becker, PhD  
Funded by: The University of Texas at Austin, School of Nursing
- 2021-current Co-Principal Investigator. *A Dual Role: Nurses as Family Caregivers*  
Co-Investigator: Megan Hebdon, PhD, DNP, RN, NP-c  
Funded by: Sigma/Hospice and Palliative Nurses Foundation; Hornraiser

- 2020-current Principal Investigator. *An Arts-based Intervention with Healthcare Workers: Storytelling Through Music to Address Work-Related Emotions (AWARENESS Trial)*  
Co-Investigators: Marilyn Hammer, PhD, DC, RN, FAAN; Jennifer Ligibel, MD; Sue Morris, PsyD; Emanuele Mazzola, PhD  
Funded by: Mittelman Foundation, Dana-Farber Cancer Institute, Boston, MA.
- 2020-2022 Co-Investigator. *Qualitative Exploration of Adolescent and Young Adult Cancer Survivors Experience of Participating in a Mindfulness-Music Intervention during the COVID-19 Pandemic.* Robert Knoerl, PhD, RN, Principal Investigator.
- 2020-2021 External Collaborator. *A Mixed Methods Investigation Assessing Changes in Post-Traumatic Growth Following a Contemplative Intervention: A Pilot Study.* Tim Cunningham, RN, DrPH, FAAN, Principal Investigator, Emory Healthcare. Funded by American Nurses Association/American Nursing Foundation.
- 2019-2022 Principal Investigator. *Narrative Analysis of Stories and Songs from Oncology Nurses to Understand Emotions Experienced in the Workplace.*
- 2019-2021 Co-Investigator. *Exploring the Feasibility of a Mindfulness-Music Intervention to Reduce Anxiety in Adolescents and Young Adults Receiving Cancer Treatment.* Robert Knoerl, PhD, RN, Principal Investigator.
- 2020 Co-Investigator. *Knowledge Synthesis Rapid Review of Interventions to Address Psychosocial Well-being in Healthcare Workers.* Canadian Institute of Health Research. PI: Mandy Archibald, PhD, RN, University of Manitoba.

**COMPLETED PROJECTS:**

- 2018-2019 Principal Investigator. *A Pilot Study to Evaluate the Feasibility of Storytelling Through Music to Improve Well-being in Oncology Nurses.* Co-Investigators: Heather Becker, PhD; Deborah L. Volker, PhD, RN, FAAN  
Funded by: Cain Excellence Dissertation Award, The University of Texas at Austin, School of Nursing; Hogg Foundation for Mental Health: Frances Fowler Wallace Memorial for Mental Health Dissertation Award; Mary E. Walker Dissertation Award; Central Texas Oncology Nursing Society Dissertation Award; American Cancer Society Doctoral Scholarship.
- 2017-2019 Co-Principal Investigator. *A Qualitative Evaluation of the Oncology Nurses' Professional Grief Experience.* Co-Principal Investigators: Drs. Heather Becker and Deborah Volker  
Funded by: Sigma Theta Tau, Epsilon Theta Chapter.
- 2013-2016 Co-Principal Investigator. *The Evaluation of Survivorship Care Plans for Cancer Survivors.* Co-PI: Karen LoRusso, MD (internal funding)
- 2010-2011 Co-Principal Investigator. *The Early Implementation of an Ovarian Cancer Survivorship Care Plan.* Co-PI: Barbara Damron, PhD, RN, FAAN. Masters Degree Thesis, University of New Mexico College of Nursing, Albuquerque, NM.  
Funded by: Office of Graduate Studies Research Grant, University of New Mexico, Albuquerque, NM.

## PUBLICATIONS

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### PEER-REVIEWED MANUSCRIPTS

*Published or In Press (\*next to data-based publications):*

1. \***Phillips, C.S.**, Knoerl, R., Bockhoff, J., Berry, D., Buchbinder, E., Frazier, L., LaCasce, A., Luskin, M.R., Thornton, K., Woods, H., Ligibel, J. (accepted). Exploring Adolescent and Young Adults Perspectives of Participation in Mindfulness-Based Music Therapy Intervention: Online vs In-Person Delivery. *Journal of Adolescent and Young Adult Oncology*.
2. \*Knoerl, R., Mazzola, E., Woods, H., Buchbinder, E., Frazier, L., LaCasce, A., Luskin, M.R., **Phillips, C.S.**, Thornton, K., Berry, D., Ligibel, J. (accepted). Exploring the Impact of Moderators and Intervention Delivery Format on Changes in Anxiety and Stress Among Adolescents and Young Adults Participating in a Music Therapy Intervention During Cancer Treatment. *Journal of Music Therapy*.
3. \***Phillips, C.S.**, Volker, D.L., and Jones, B. (2022). The Use of Reflective Writing and Song to Facilitate Meaning Reconstruction to Address Psychosocial Stress in Oncology Nurses. *Music and Medicine*, 14(3), 139-151.
4. Thomas Hebdon, M. C., Phan, C. T., **Phillips, C.**, Wan, S., Doyon, K., Gray, T., Johnson, L., & Fischer, S. M. (2022). Financial Interventions in Family Caregivers of Individuals With Chronic Illness: A Scoping Review Protocol. *BMJ Open*, 12(8):e061667. doi: 10.1136/bmjopen-2022-061667. PubMed PMID: 35948374.
5. Thomas Hebdon, M. C., Phan, C. T., **Phillips, C.**, Wan, S., Doyon, K., Gray, T., Johnson, L., & Fischer, S. M. (2022). Ethical and Policy Implications of Financial Burden in Family Caregivers. *Journal of hospice and palliative nursing : JHPN : the official journal of the Hospice and Palliative Nurses Association*, 10.1097/NJH.0000000000000887. Advance online publication. <https://doi.org/10.1097/NJH.0000000000000887>
6. \*Eche, I.J., **Phillips, C.S.**, Alcindor, N., & Mazzola, E. (2022). A Systematic Review and Meta-analytic Evaluation of Moral Distress in Oncology Nursing. *Cancer nursing*, 10.1097/NCC.0000000000001075. Advance online publication. <https://doi.org/10.1097/NCC.0000000000001075>
7. \*Knoerl, R., Mazzola, E., Woods, H., Buchbinder, E., Frazier, L., LaCasce, A., Li, B. T., Luskin, M. R., **Phillips, C.S.**, Thornton, K., Berry, D. L., & Ligibel, J. A. (2022). Exploring the Feasibility of a Mindfulness-Music Therapy Intervention to Improve Anxiety and Stress in Adolescents and Young Adults with Cancer. *Journal of pain and symptom management*, 63(4), e357–e363. <https://doi.org/10.1016/j.jpainsymman.2021.11.013>
8. \***Phillips, C.S.**, Becker, H., Gonzalez, E. (2021). Psychosocial Wellbeing: A Cross-sectional Evaluation of Psychosocial Health Outcomes and Professional Quality of Life in Oncology Nurses. *Clinical Journal of Oncology Nursing*, 25(5), 1-5.
9. \*Hennegahn, A.M., Becker, H., **Phillips, C.S.**, and Kesler, S. (2021). Sustained Effects of Mantra Meditation Compared to Music Listening on Neurocognitive Outcomes of Breast Cancer Survivors: A Brief Report of a randomized control trial. *Journal of Psychometric Research*, 150, 110628. <https://doi.org/10.1016/j.jpsychores.2021.110628>

10. Knoerl, R., **Phillips, C.S.**, Berfield, J., Woods, H., Acosta, M., Tanasijevic, M., Ligibel, J. (2021). Lessons Learned from the Delivery of Virtual Integrative Oncology Interventions in Clinical Practice and Research During the COVID-19 Pandemic. *Supportive Care Cancer*. [epub ahead of print]. <https://doi.org/10.1007/s00520-021-06174-0>
11. **Phillips, C.S.** and Wood, H.L. (2021, April 1). A Musical Approach to Cope with Psychosocial Stress. *American Nurse Today*. <https://www.myamericannurse.com/a-musical-approach-to-coping-with-psychosocial-stress/>
12. \***Phillips C.S.**, Volker, D. L., Becker, H., & Davidson, K. L. (2021). Storytelling Through Music to Improve Well-being in Oncology Nurses: A Feasibility Study. *Cancer nursing*, 44(6), 473–481. <https://doi.org/10.1097/NCC.0000000000000836>
13. \*Becker, H., Andrews, E., Walker, L., **Phillips, C.S.** (2020). Health and Well-Being Among Women with Physical Disabilities After Childbirth: An Exploratory Study. *Women's Health Issues*. [epub ahead of print]
14. \*Walker, L., Becker, H., Andrews, E., **Phillips, C.S.** (2020). Adapting Behavioral Change and Psychosocial Tools to the Context of Physical Disabilities: Lessons Learned from Disabled Women with Young Children. *Disability and Health Journal*, DOI: 10.1016/j.dhjo.2020.100977
15. \*Stuifbergen, A., Becker, H., **Phillips, C.**, Horton, S., Morrison, J., Perez, F. (2020). The Experience of African-American Women with Multiple Sclerosis. *International Journal of MS Care*, 00(00), [epub ahead of print]. <https://doi.org/10.7224/1537-2073.2019-068>
16. \***Phillips, C.S.**, Volker, D., Davidson, K., and Becker, H. (2020). Storytelling Through Music: A Multidimensional Expressive Arts Intervention to Improve Emotional Well-being of Oncology Nurses. *JCO Oncology Practice*, 16(4), e405-e414. <https://doi.org/10.1200/JOP.19.00748>
17. \***Phillips, C.S.**, Ko, J., Porter, J., and Becker, H. (2020). Does Receipt of a Survivorship Care Plan Enhance Survivors Knowledge of Cancer History: A Retrospective Study. *Journal of Oncology Navigation and Survivorship*, 11(3), [epub ahead of print].
18. \***Phillips, C.S.** and Volker, D. (2020). Riding the Roller Coaster: A Qualitative Study of Oncology Nurses' Emotional Experience in Caring for Patients and Their Families. *Cancer Nursing*, 43(5), E283-E290. Doi: 10.1097/NCC.0000000000000734
19. \***Phillips, C.S.** and Becker, H. (2019). Systematic Review: Expressive Arts Interventions to Address Psychosocial Stress in Healthcare Workers. *Journal of Advanced Nursing*, 75, 2285-2298. <https://doi.org/10.1111/jan.14043>
20. \*Henneghan, A.M., **Phillips, C.**, and Courtney, A. (2018). We are different: Young adult survivors experience with breast cancer. *The Breast Journal*, 24(6), 1126-1128.
21. **Phillips, C.** (2018). Songs for the Soul: The Use of Storytelling Through Music to Address Burnout. *Advanced Practitioner Society of Hematology Oncology Advance*, 5-8.
22. **Phillips, C.** and Welcer, B. (2017). Songs for the Soul: A Program to Address a Nurses' Grief. *Clinical Journal of Oncology Nursing*, 21(2), 145-147.

## PUBLISHED ABSTRACTS

1. Ravandi, D., Cleary, C., Pottepalli, V., Siddiqi, Z., Hebdon, M, Phillips, C. (pending). "Exploring the Use of Expressive Arts to Promote Psychosocial Well-being in Caregivers of People with Cancer: A Systematic Review." Oncology Nursing Society, [Poster Abstract]. *Proceedings of the Oncology Nursing Society Congress, Oncology Nursing Forum.*
2. **Phillips, C.S.**, Becker, H., Volker, D.L. (2020). Collective Suffering in Isolation: Use of Storytelling Through Music Intervention to Decrease Loneliness Among Oncology Nurses. [Podium Abstract]. *Proceedings of the Oncology Nursing Society Congress, Oncology Nursing Forum, 47(2)*, E56 DOI: 10.1188/20.ONF.E56.
3. Walker, L., Becker, H., Andrews, E., **Phillips, C.S.** (2020). Lessons Learned in Modifying a Health Promotion Behavioral Change Tool for Mothers with Disabilities. [Poster Abstract] *Annals of Behavioral Medicine, 54(Suppl 1): S1-S827.*
4. **Phillips, C.S.** (2018). Expressive Arts Interventions Used to Address Psychosocial Stress Among Healthcare Professionals: A Systematic Review. [Podium Abstract]. *Virginia Henderson Respository*, Identification number: INRC18P03.
5. **Phillips, C.** (2017). Songs for the Soul: A Program to Address Nurses' Grief. [Podium Abstract]. *Proceedings of the Oncology Nursing Society Congress, Oncology Nursing Forum, 44(2)*, 24.
6. Haroz, E., Madrid, M., **Phillips, C.**, Haozous, E. (2017). A Systematic Review of Oral Care Protocols and Recommendations to Prevent Oral Mucositis in Patients Undergoing Cancer Treatment. [Poster Abstract]. *Proceedings of the Oncology Nursing Society Congress, Oncology Nursing Forum, 44(2)*, 181.

## OTHER PUBLICATIONS

### **Editorial:**

1. Wright, M., Morse, B., **Phillips, C.S.**, Muir, J., Manges, K., Bernstein, S., and White, A. (2020). "Concerned Nurses Ask: Are We Heroes or Expendable?" *Ms. Magazine*, editorial. <https://msmagazine.com/2020/12/19/nurses-coronavirus-pandemic-strike/>

### **Book Chapters:**

2. Damron, B.I. and **Phillips, C.** (2015). Current and Emerging Legislative Topics in Cancer Research and Practice. In B.I. Damron & J. Phillips, (Eds.), *Cancer and Health Policy: Advancements and Opportunities* (pp. 395-450), Pittsburgh, PA: Oncology Nursing Society.
3. Judson, P. and **Phillips, C.** (2008). Renal Cell Carcinoma. In: R. Gates & R. Finks (Eds.), *Oncology Nursing Secrets* (pp. 336-339). St. Louis, MO: Mosby Elsevier.

## PRESENTATIONS

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### **INTERNATIONAL:**

Pottapelli, V, Ravandi, D, Siddiqi, Z., George, S., Vishnoi, A., **Phillips, C.**, Kwak J. and Hebdon, M. "Balancing Dual Role Caregiving: The Experiences of Being a Nurse and Family Caregiver." International Council of Nurses. Montreal, Canada, 2023.

**Phillips, C.S.** and Hebdon, M. (2023). "Well-Being of Nurses Who are Family Caregivers: The Impact of Dual Role Caregiving." SIGMA : Creating Healthy Work Environments. Rapid Results Presentation. Austin, TX, 2023.

Pozzar, R., Dunnack Yackel, H., Hammer, M.; Eche, I, **Phillips, C.**, Cooley, M.E., Tsai, R., Eicher, M., Witt, C.M., Canella, C., Colomer-Lahiguera, S., Ribi, K., Giacomini, S., Lê Van, K. "Multinational and multilingual codebook thematic analysis: Methodological challenges and mitigation strategies." Multinational Association of Supportive Care in Cancer. Poster presentation. Toronto, Canada, 2022.

Pfeiffer, K., Cunningham, T., and **Phillips, C.** "Supporting Organizations Supporting Nurses: Pandemic Post-traumatic Growth. International Council of Nurses. Virtual Conference, 2021.

**Phillips, C.** "Storytelling Through Music: Finding Meaning Through Writing and Song to Address Grief in Oncology Nurses." Podium presentation at the International Association of Music & Medicine, Boston, MA, 2020.

**Phillips, C.** "A Pilot Study to Evaluate the Impact of Storytelling Through Music on Well-being in Oncology Nurses." Podium presentation at the 16<sup>th</sup> Annual International Conference, Society of Integrative Oncology, New York, NY, 2019.

**Phillips, C.** "Expressive Arts Interventions Used to Address Psychosocial Stress Among Healthcare Professionals: A Systematic Review." Podium presentation at the 29th International Nursing Research Congress, Sigma Theta Tau International, the Honor Society of Nursing, Melbourne, Australia (*abstract accepted but not presented*), 2018.

**Phillips, C.** "A Holistic Nursing Approach to the Implementation of a Survivorship Care Plan in Women with Ovarian Cancer." Podium presentation at the International Integrative Nursing Symposium, Reykjavik, Iceland, 2015.

**Phillips, C.** "No More Sticky Notes: The Early Implementation of an Ovarian Cancer Survivorship Care Plan." Podium presentation at the International Society of Nurses in Cancer Care Conference, Prague, Czech Republic, 2012.

#### **NATIONAL:**

Ravandi, D., Cleary, C., Pottapalli, V., Siddiqi, Z., Hebdon, M, **Phillips, C.** "Exploring the Use of Expressive Arts to Promote Psychosocial Well-being in Caregivers of People with Cancer: A Systematic Review." Poster Presentation, Oncology Nursing Society, San Antonio, TX, 2023.

Young, C., **Phillips, C.**, and Divin, C. "Growing a Culture of Wellness at The University of Texas at Austin School of Nursing. Poster Presentation, The 3<sup>rd</sup> Biennial National Summit on Promoting Well-Being and Resilience in Healthcare Professionals, Columbus, OH, 2022.

Parekh De Campos, A., Rosa, B, Levoy, K., and **Phillips, C.** "Emerging Insights in Palliative Care Practice and Policy." RWJF Future of Nursing Final Convening. Bonita Springs, FL, 2022.

Walker, L., Becker, H., Andrews, E., and **Phillips, C.** "Lessons Learned in Modifying a Health Promotion Behavioral Change Tool for Mothers with Disabilities." Poster presentation at the Society of Behavioral Medicine Annual Conference, San Francisco, CA, 2020 [*conference canceled due to COVID-19*].

**Phillips, C.**, Becker, H., and Volker, D. "Collective Suffering in Isolation: Use of Storytelling Through Music Intervention to Decrease Loneliness Among Oncology Nurses." Podium presentation at the ONS 45<sup>th</sup> Annual Congress, San Antonio, TX, 2020. [top scoring abstract]

**Phillips, C.** and O'Brien, C. "Songs for the Soul Goes to Maine: Use of Storytelling Through Music to Address Professional Grief Among an Interdisciplinary Gynecology Oncology Team." Paula Major Award Lectureship at the Society of Gynecology Nurse Oncologists, Nashville, TN, 2020 [*conference canceled due to COVID-19*].



**Phillips, C.** “Relationship Between Workplace Factors, Self-Compassion, and Burnout in Oncology Nurses.” Poster presentation at The Schwartz Center Compassion in Action Healthcare Conference, Boston, MA, 2019.

**Phillips, C.** “Song for My Soul,” Co-written by Kristin Davidson and **Carolyn Phillips**, featured at the National Academy of Medicine Action Collaborative on Clinician Well-being and Resilience, Expressions of Clinician Well-being Art Gallery, Washington, D.C., 2018.

**Phillips, C.** “Songs for the Soul: A Program to Address Nurses’ Grief.” Podium presentation at the Oncology Nursing Society 42nd Annual Congress, Denver, CO, 2017.

**Phillips, C.** and Henneghan, A. “Finding Their Place: The Experience of Young Adults with Breast Cancer.” Poster Presentation at Oncology Nursing Society 42nd Annual Congress, Denver, CO, 2017.

Haroz, E., Madrid, M., **Phillips, C.**, Haozous, E. “A Systematic Review of Oral Care Protocols and Recommendations to Prevent Oral Mucositis in Patients Undergoing Cancer Treatment.” Poster Presentation at Oncology Nursing Society 42nd Annual Congress, Denver, CO, 2017.

**Phillips, C.**, Ko, J., and Kim, M. “The Evaluation of Survivorship Care Plans Following Cancer Treatment.” Poster Presentation at the Southern Nursing Research Society Conference 31st Annual Research Conference, Dallas, TX, 2017.

**Phillips, C.** “Songs for the Soul: Use of Storytelling to Address Compassion Fatigue in Nursing.” Poster Presentation at the American Holistic Nursing Association, Bonita Springs, FL, 2016.

#### **REGIONAL/LOCAL:**

**Phillips, C.** “Songs for the Soul: Use of Storytelling Through Music to Address Compassion Fatigue”, Poster Presentation at St. David’s Center for Health Promotion and Disease Prevention Research in Underserved Populations Conference, Austin, TX, 2017.

#### **INVITED CONFERENCE LECTURES:**

**Phillips, C.** “Storytelling Through Music: A Celebration of Compassion and Reconnection to Meaning and Purpose,” 26th Annual Nurse Leaders & Managers Conference. Saint Anselm College, Manchester, NH, 2022.

**Phillips, C.** “Storytelling Through Music: A Renewal of Our Healing Spirits by Transforming Stories Into Song,” 11<sup>th</sup> Annual Holistic Nursing Conference. Saint Anselm College, Manchester, NH, 2022.

**Phillips, C.** and Marcotte, C. Keynote Speaker. “Songs for the Soul Goes to Maine: Use of Storytelling Through Music to Address Professional Grief Among an Interdisciplinary Gynecology Oncology Team.” Paula Major Award Lectureship at the Society of Gynecology Nurse Oncologists, virtual conference, 2022.

**Phillips, C.** Keynote speaker: “Tuning in to Emotions: The Use of Storytelling Through Music to Improve Well-being in Oncology Nurses,” Southern Maine Oncology Nursing Society, Portland, ME, 2021.

**Phillips, C.** Invited Speaker: “Tuning in to Emotions: The Use of Storytelling Through Music to Improve Well-being in Oncology Nurses,” Southeast Institute for Innovation in Palliative and Supportive Care at the University of Alabama at Birmingham, Birmingham, AL, 2020.

**Phillips, C.** Featured Speaker: "From Cowgirl's Lament to Campfire Song." 9<sup>th</sup> Annual Cowtown Oncology Symposium, Fort Worth, TX, 2019.

**Phillips, C.** Invited Speaker: "A Pilot Study to Evaluate Storytelling Through Music to Improve Well-being in Oncology Nurses, The University of Texas at Austin, School of Nursing, Advisory Council Meeting, Austin, TX, 2018.

**Phillips, C.** Keynote Speaker: "Songs for the Soul: Celebrating Compassion Through Storytelling and Music." Society of Gynecology Nurse Oncologists, 35<sup>th</sup> Annual Symposium, Albuquerque, NM, 2018.

**Phillips, C.** and Rowden, M. Invited Speaker: "Songs for the Soul: Arts in Medicine Breakout Session", 11th Annual Bioethics Conference, Santa Fe, NM, 2017.

## **FELLOWSHIPS, SCHOLARSHIPS, AND AWARDS**

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### **Fellowships:**

2019-2021 Mittelman Integrative Health Fellowship, Dana-Farber Cancer Institute, Boston, MA  
2016-2019 Robert Wood Johnson Foundation, Future of Nursing Scholar Award Recipient, Austin, TX  
2017-2019 Graduate School Fellowship, The University of Texas at Austin, Austin, TX  
2016-2017 Lee Hage Jamail Endowed Excellence Fund in Nursing Fellowship, The University of Texas at Austin, School of Nursing, Austin, TX

### **Scholarships:**

2018 American Cancer Society Doctoral Scholarship  
2017 Oncology Nursing Society Foundation Research Doctoral Scholarship  
2017 Central Texas Oncology Nursing Society Scholarship  
2010 P.E.O. Continuing Education Scholarship  
2010 Sue Daulton General Nursing Scholarship, UNM College of Nursing, Albuquerque, NM

### **Awards:**

2020 Excellence in Communication Award, The University of Texas at Austin (Collaboration between Songs for the Soul, Inc. and School of Nursing. Project title, "Songs for the Soul: A Call and Response During COVID-19 for Graduating Nurses)  
2020 Community Outreach Award, Central Texas Oncology Nursing Society  
2020 Outstanding Dissertation of the Year, The University of Texas at Austin, School of Nursing  
2020 Paula Major Lectureship Award, Society of Gynecologic Nurse Oncologists  
2019 Publisher of the Year, Central Texas Oncology Nursing Society  
2018 Professional Development Award  
2017 Professional Development Award  
2017 Oncology Nurse of the Year, Central Texas Oncology Nursing Society  
2015 SVH Support Grant for Innovative Ideas in Healthcare Award Winner  
*Pilot Program: Community Nursing Research Center/Songs for the Soul, Santa Fe, NM*  
2011 Department Honors, Passed with Distinction, UNM College of Nursing, Albuquerque, NM  
2011 Graduate Academic Achievement Award, UNM College of Nursing, Albuquerque, NM

## **CLINICAL PROJECTS**

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2014-2016 Clinical Quality Assurance Committee, New Mexico Cancer Care Associates, Santa Fe, NM  
2013-2014 Aerodigestive Cancer Chemotherapy and Radiation Pilot Program: Navigating a Comprehensive Approach to Cancer Care and Survivorship, New Mexico Cancer Care Associates, Santa Fe, NM  
2012-2013 Implementation of Treatment Summaries for Cancer Survivors After Completion of Adjuvant Chemotherapy, New Mexico Cancer Care Associates, Santa Fe, NM

## LEADERSHIP AND SERVICE

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2016-present	Songs for the Soul, 501(c)(3) Non-profit Organization, Founder and President, TX.
2017-2019	Epsilon Theta Chapter, Leadership Team-Governance Chair.
2016-2019	Healwell, 501(c)(3) Non-profit Organization, Advisory Board Member, VA.
2016-2019	Wellness Committee, University of Texas at Austin, School of Nursing, TX.
2016-2018	Central Texas Oncology Nursing Society, Board Secretary, TX.

### Manuscript Reviewer:

2022-present	Annals of Palliative Medicine
2022-present	Canadian Journal of Nursing Research
2022-present	Journal of Supportive Care in Cancer
2021-present	Journal of Palliative Medicine
2020-present	Cancer Care Research Online
2019-present	Journal of Advanced Nursing
2019-present	CANCER NURSING: An International Journal for Cancer Care

## MEDIA

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2020	<b>Sun Radio 100.1, Austin, TX</b> – “Songs for the Soul” featured by Kevin Connor on “The Regional Report.” <a href="http://sunradio.com/songs-for-the-soul-musical-support-for-everyday-heroes/?fbclid=IwAR1MbVSTOAYY2WlZBHP3ZKdlBX4ezWlzn4q2KGQGRmFqh-4-RZRi2B2rhJ4">http://sunradio.com/songs-for-the-soul-musical-support-for-everyday-heroes/?fbclid=IwAR1MbVSTOAYY2WlZBHP3ZKdlBX4ezWlzn4q2KGQGRmFqh-4-RZRi2B2rhJ4</a>
2020	<b>Longhorn Nursing Magazine</b> – “Holding Space for Someone Else.” Interview About the joint collaboration between Songs for the Soul and The University of Texas at Austin, School of Nursing. Together we created the program “Songs for the Soul: A Call and Response During COVID-19 for Graduating Nurses” and captured the “call” of the graduating nursing students as they entered the workforce during the COVID-19 pandemic, and the “response” of their faculty and experienced nurses who shared their advice and words of wisdom. The song was played as part of the School of Nursing’s online commencement ceremonies in May and December, 2020. Song can be heard here: <a href="https://youtu.be/klekmrPgnDU">https://youtu.be/klekmrPgnDU</a>
2019	<b>KXAN News Coverage</b> - Featured as an American Cancer Society-funded researcher. <a href="https://www.kxan.com/news/local/austin/cancer-group-recruits-women-to-raise-money-for-women-researchers/1982295174">https://www.kxan.com/news/local/austin/cancer-group-recruits-women-to-raise-money-for-women-researchers/1982295174</a>
2019	<b>OncoPT Podcast</b> - Episode 30 – Coping Through Storytelling & Music <a href="https://theoncopt.com/2019/06/12/ep-30-coping-through-storytelling-music-carolyn-phillips-phd-msn-bsn/">https://theoncopt.com/2019/06/12/ep-30-coping-through-storytelling-music-carolyn-phillips-phd-msn-bsn/</a>
2019	<b>Hogg Foundation for Mental Health Blog</b> - Featured as a Hogg Foundation for Mental Health, Frances Fowler Wallace Memorial for Mental Health Scholar. “Caring for Our Caregivers: A Musical Approach” by Josephine Gurch. <a href="http://hogg.utexas.edu/caring-caregivers-musical-approach?fbclid=IwAR0r4Hh_pq0WN33opzd2MdBwidPLJYRTSPxIkNsdjsfoNDTSDpgImVGfM0Q">http://hogg.utexas.edu/caring-caregivers-musical-approach?fbclid=IwAR0r4Hh_pq0WN33opzd2MdBwidPLJYRTSPxIkNsdjsfoNDTSDpgImVGfM0Q</a>
2019	<b>Nurse.com Blog</b> – “Songs for the Soul Helps Address Compassion Fatigue in Nursing” by Lisette Hilton <a href="https://www.nurse.com/blog/2019/08/08/songs-soul-helps-address-compassion-fatigue-in-nursing">https://www.nurse.com/blog/2019/08/08/songs-soul-helps-address-compassion-fatigue-in-nursing</a>

- 2017 **Oncology Nursing News** – “Songwriting as Emotional Healing for Nurses”  
<https://www.oncnursingnews.com/oncnurse-tv/carolyn-phillips-on-songwriting-as-emotional-healing-for-nurses>

## MUSICAL EXPERIENCE

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### **SESSION VOCALIST:**

- 2020 “Who Else But You,” written by Kristin L. Davidson and Carolyn S. Philips, produced by Lloyd Maines.
- 2019 “Heart Rubbed Raw,” written by Kristin L. Davidson and Jennifer Montano-Hernandez, produced by Lloyd Maines.
- 2019 “Song for My Soul,” written by Kristin L. Davidson and Carolyn S. Philips, produced by Lloyd Maines.
- 2019 “How I Care for You,” written by Kristin L. Davidson, Candace LeClair, Jessica Moore, Kelly Holland, Melody Doughty, Leslie Henderson, and Cyndi O'Brien. Produced by Lloyd Maines.
- 2019 “Look Away,” written by Charlie Sanders, produced by Jane Gillman.
- 2019 “Coming Home,” written by Jane Gillman and Kristin Davidson, produced by Jane Gillman.
- 2018 Theater Workshop Pre-Production Session Vocalist; “Blueridge Nightingale,” written by David and Sherry Lutken and Jane Gillman.

### **DISCOGRAPHY:**

- 2021 Full Album: “Hold the Line” by Hardened and Tempered. Produced by Lloyd Maines, Austin, TX. Role: Vocalist, Instrumentalist.
- 2019 Single: “Plane Wreck at Los Gatos (Deportee)” words by Woody Guthrie and music by Martin Hoffman. Recorded by Hardened and Tempered and produced by Jane Gillman, Austin, TX. Role: Vocalist, Instrumentalist.
- 2017 Full Album: “The Trailer Sessions” by Hardened and Tempered. Produced by Lloyd Maines, Austin, TX, 2017. Role: Vocalist.
- 2017 Single: “Straight Up Towards the Sky,” written by Cass Brostad and Carolyn Phillips, Recorded by Madisons on “No Man’s Land” album. Produced by Madisons & Matt Smith, Austin, TX.

## MEMBERSHIPS

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- 2019-present Eastern Nursing Research Society
- 2019-present Society of Integrative Oncology
- 2017-present International Association of Music and Medicine
- 2015-2019 American Holistic Nursing Association
- 2011-present Sigma Theta Tau International (STTI) Nursing Society
- 2002-present Oncology Nursing Society
- 2016-2017 Southern Nursing Research Society
- 2012-2016 International Society of Nurses in Cancer Care
- 2008-2010 Society of Gynecologic Nurse Oncologists